

January 04 - 10, 2026

YOUR FOCUS :

WEEK 2

JANUARY 04
SUNDAY

JANUARY 05
MONDAY

JANUARY 06
TUESDAY

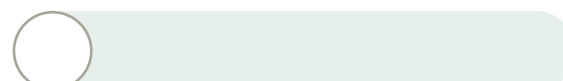
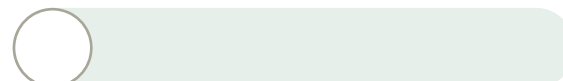
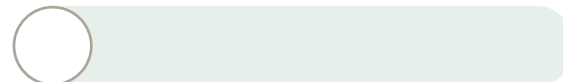
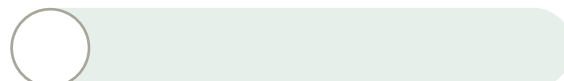
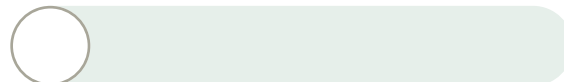
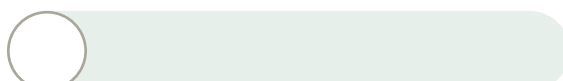
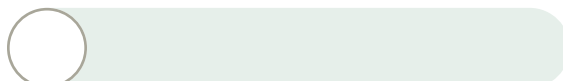
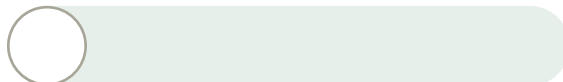
JANUARY 07
WEDNESDAY

JANUARY 08
THURSDAY

JANUARY 09
FRIDAY

JANUARY 10
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

January 11 - 17, 2026

YOUR FOCUS :

WEEK 3

JANUARY 11
SUNDAY

JANUARY 12
MONDAY

JANUARY 13
TUESDAY

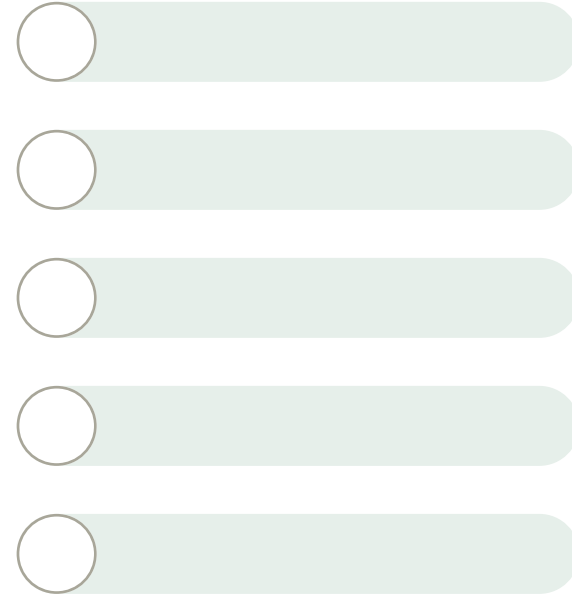
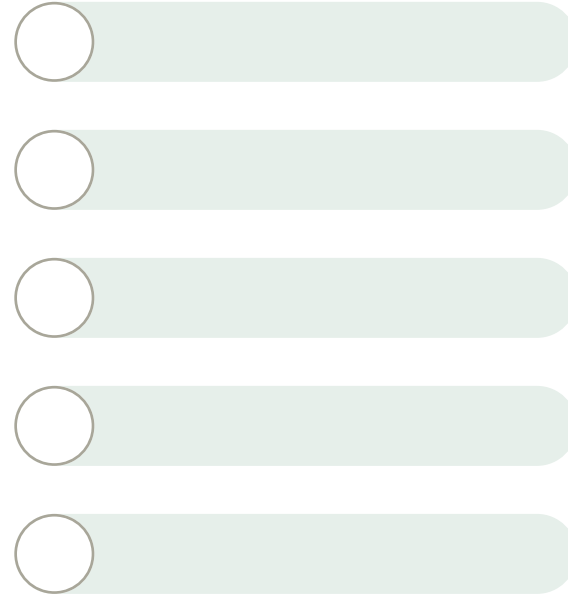
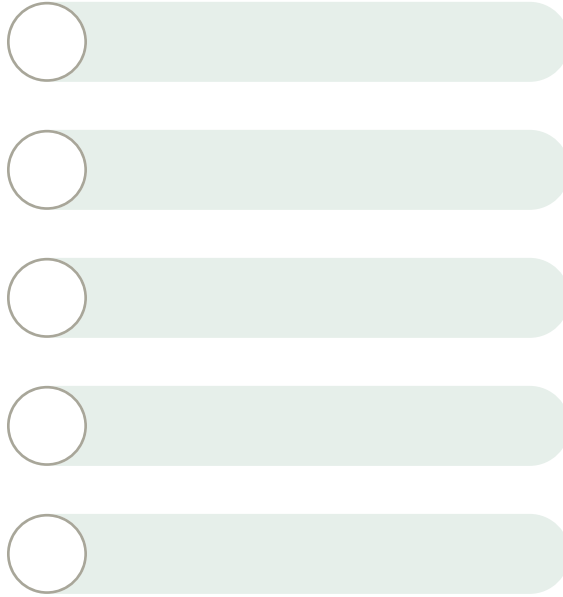
JANUARY 14
WEDNESDAY

JANUARY 15
THURSDAY

JANUARY 16
FRIDAY

JANUARY 17
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

A 20x20 grid of dots, consisting of 20 rows and 20 columns, totaling 400 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

January 18 - 24, 2026

YOUR FOCUS :

WEEK 4

JANUARY 18
SUNDAY

JANUARY 19
MONDAY

JANUARY 20
TUESDAY

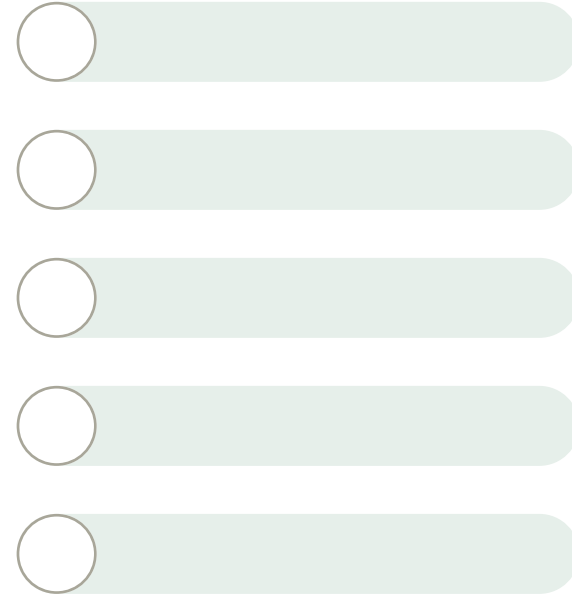
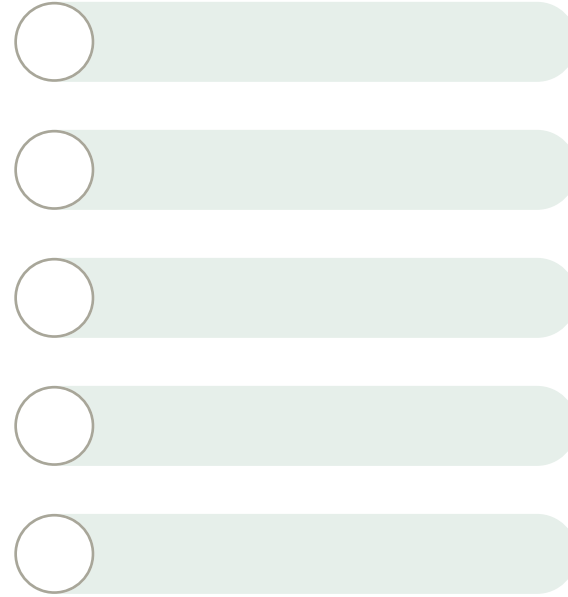
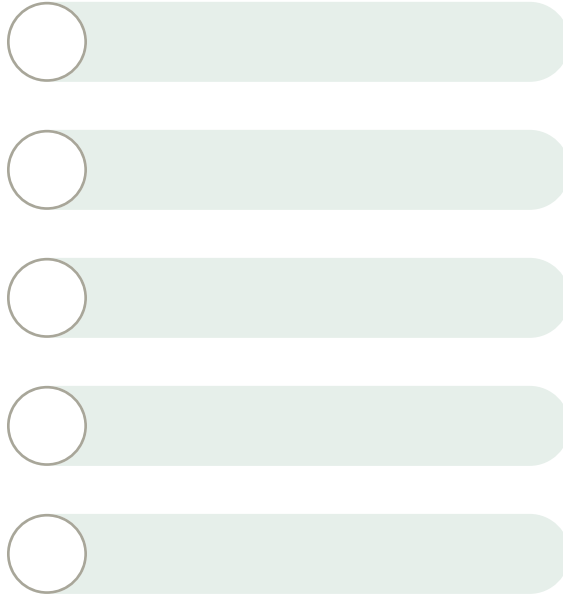
JANUARY 21
WEDNESDAY

JANUARY 22
THURSDAY

JANUARY 23
FRIDAY

JANUARY 24
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

January 25 - 31, 2026

YOUR FOCUS :

WEEK 5

JANUARY 25
SUNDAY

JANUARY 26
MONDAY

JANUARY 27
TUESDAY

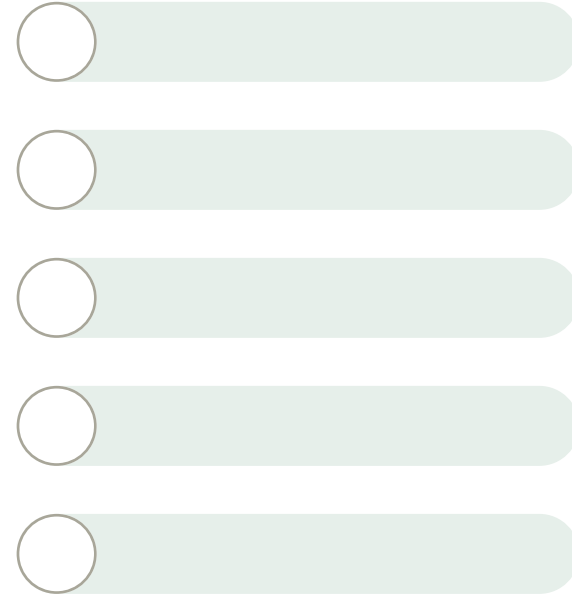
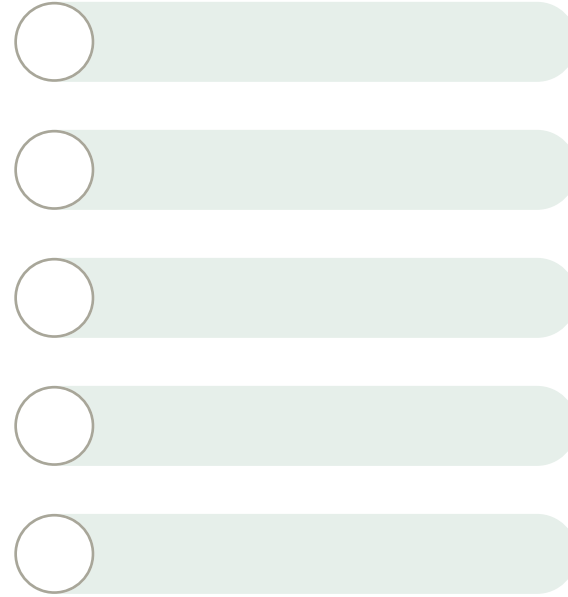
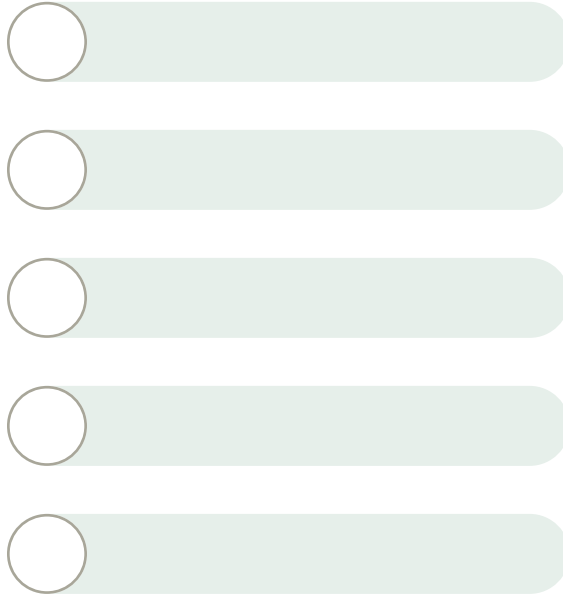
JANUARY 28
WEDNESDAY

JANUARY 29
THURSDAY

JANUARY 30
FRIDAY

JANUARY 31
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

February 01 - 07, 2026

YOUR FOCUS :

WEEK 6

FEBRUARY 0

FEBRUARY 6

FEBRUARY 6

FEBRUARY

FEBRUARY

FEBRUARY

FEBRUARY 0

TO-DO

Your Goals

Priorities

Today's Focus

Note



February 08 - 14, 2026

YOUR FOCUS :

WEEK 7

FEBRUARY 08
SUNDAY

FEBRUARY 09
MONDAY

FEBRUARY 10
TUESDAY

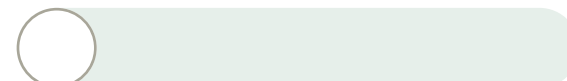
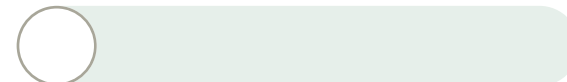
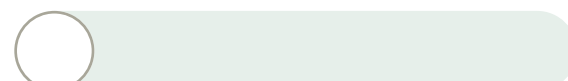
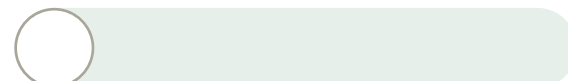
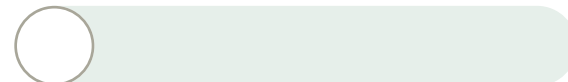
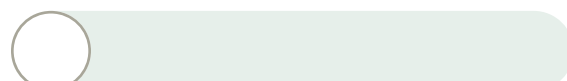
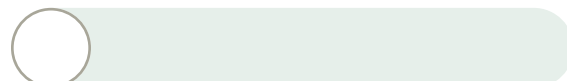
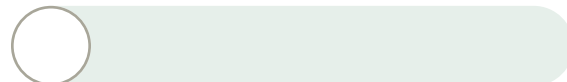
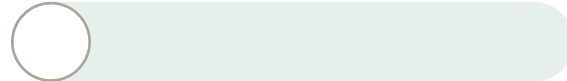
FEBRUARY 11
WEDNESDAY

FEBRUARY 12
THURSDAY

FEBRUARY 13
FRIDAY

FEBRUARY 14
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

February 15 - 21, 2026

YOUR FOCUS :

WEEK 8

FEBRUARY 15
SUNDAY

FEBRUARY 16
MONDAY

FEBRUARY 17
TUESDAY

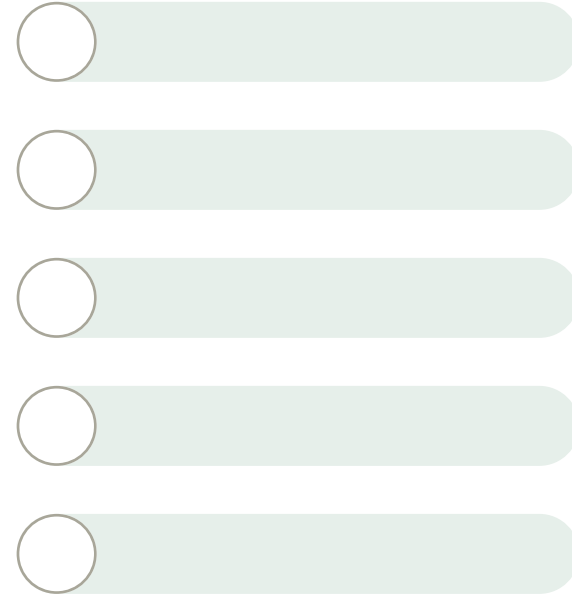
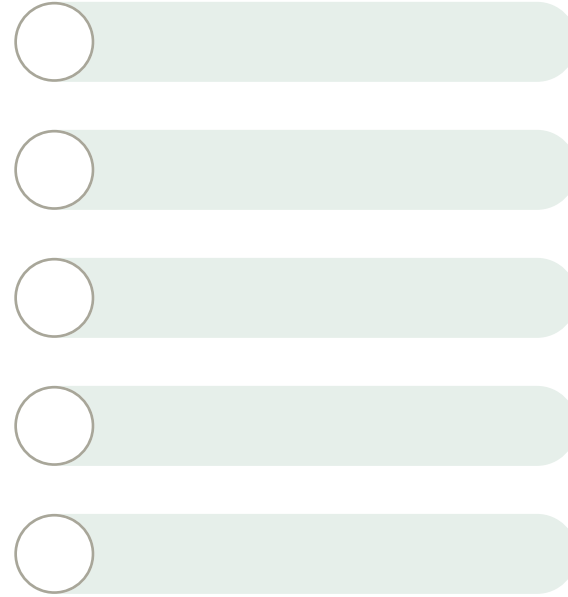
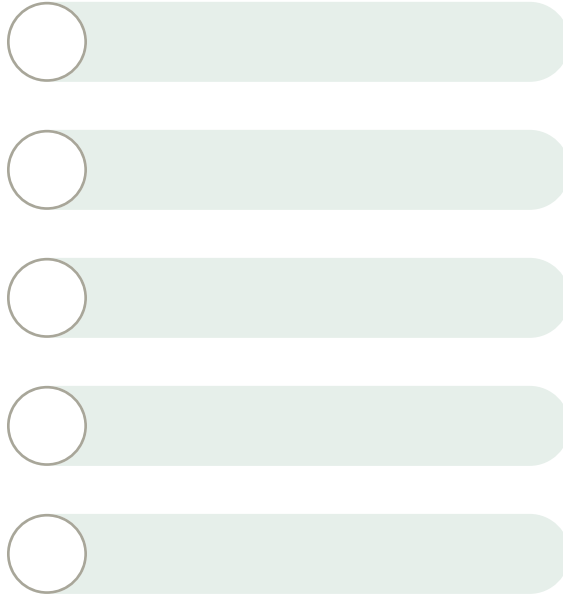
FEBRUARY 18
WEDNESDAY

FEBRUARY 19
THURSDAY

FEBRUARY 20
FRIDAY

FEBRUARY 21
SATURDAY

TO-DO



Your Goals

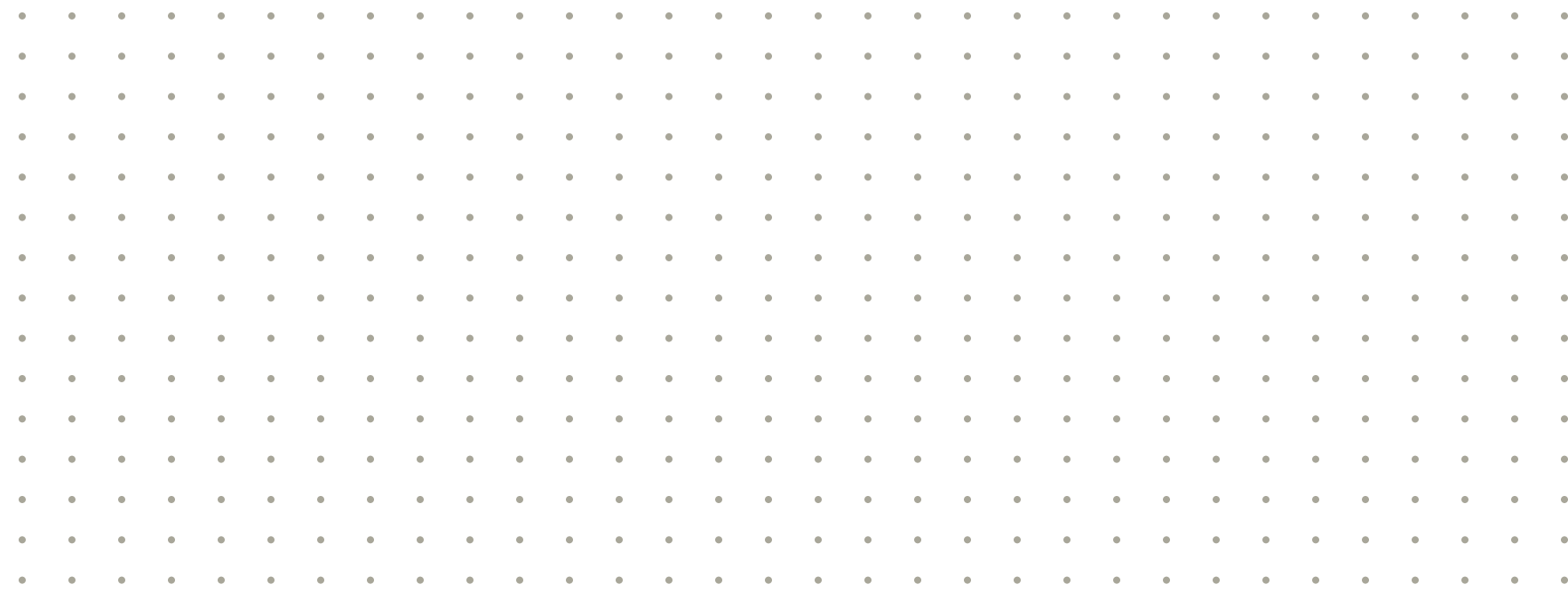


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

February 22 - 28, 2026

YOUR FOCUS :

WEEK 9

FEBRUARY 22
SUNDAY

FEBRUARY 23
MONDAY

FEBRUARY 24
TUESDAY

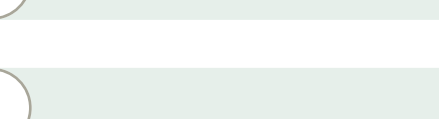
FEBRUARY 25
WEDNESDAY

FEBRUARY 26
THURSDAY

FEBRUARY 27
FRIDAY

FEBRUARY 28
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

[illegible]

Notes

A large grid of dots forming a rectangular shape, with a vertical line on the left side. The dots are arranged in a grid that is 15 rows high and 30 columns wide. The vertical line is positioned to the left of the first column of dots.

♥ I am grateful for : _____

March 01 - 07, 2026

YOUR FOCUS :

WEEK 10

MARCH 01
SUNDAY

MARCH 02
MONDAY

MARCH 03
TUESDAY

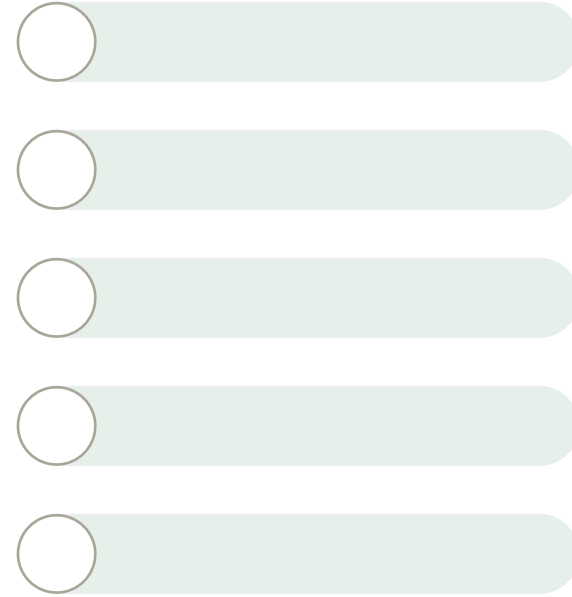
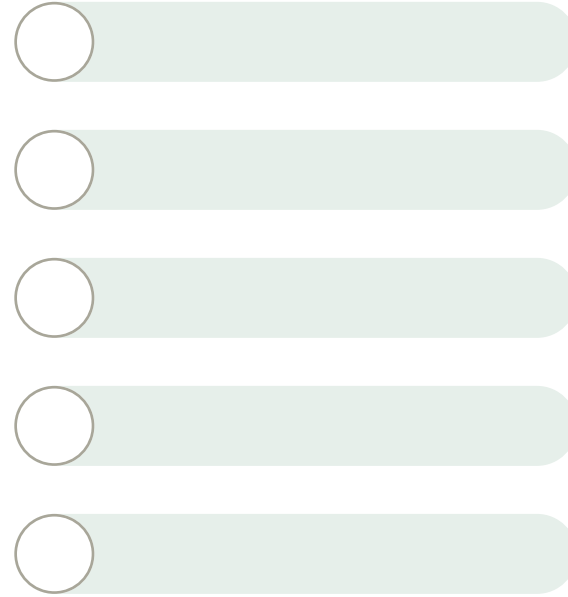
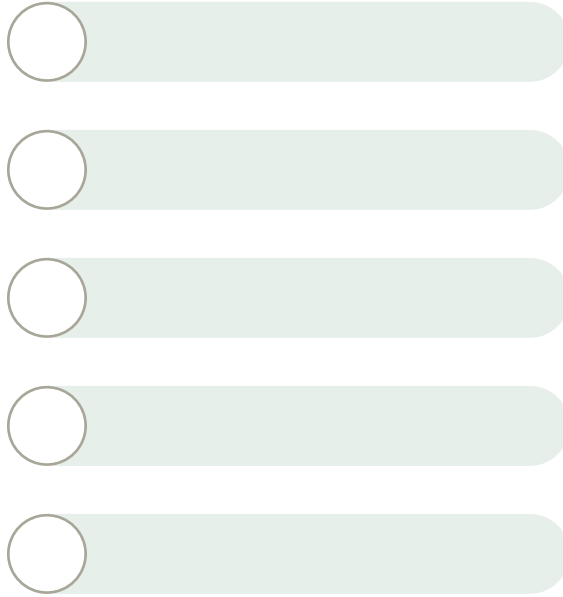
MARCH 04
WEDNESDAY

MARCH 05
THURSDAY

MARCH 06
FRIDAY

MARCH 07
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 10x10 grid of dots, consisting of 10 rows and 10 columns, totaling 100 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

March 08 - 14, 2026

YOUR FOCUS :

WEEK 11

MARCH 08
SUNDAY

MARCH 09
MONDAY

MARCH 10
TUESDAY

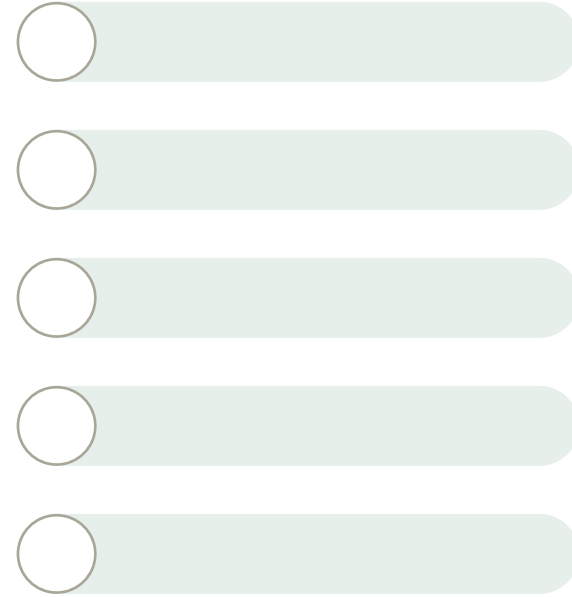
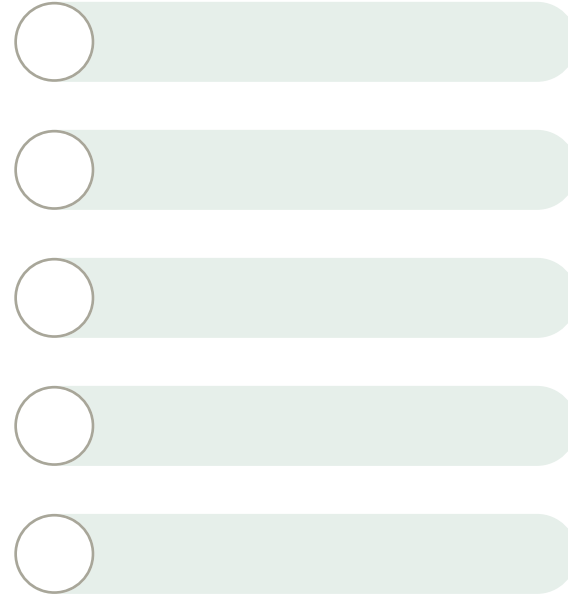
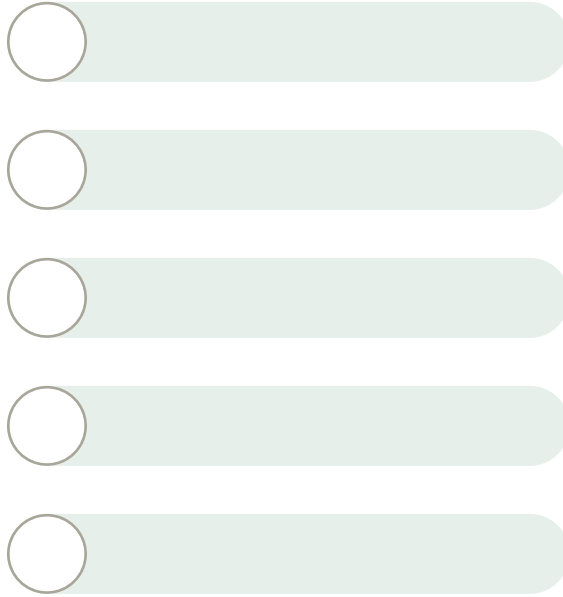
MARCH 11
WEDNESDAY

MARCH 12
THURSDAY

MARCH 13
FRIDAY

MARCH 14
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

March 15 - 21, 2026

YOUR FOCUS :

WEEK 12

MARCH 15
SUNDAY

MARCH 16
MONDAY

MARCH 17
TUESDAY

MARCH 18
WEDNESDAY

MARCH 19
THURSDAY

MARCH 20
FRIDAY

MARCH 21
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

[illegible]

Notes

A large rectangular area filled with a uniform grid of small dots, intended for drawing a picture.

♥ I am grateful for : _____

March 22 - 28, 2026

YOUR FOCUS :

WEEK 13

MARCH 22
SUNDAY

MARCH 23
MONDAY

MARCH 24
TUESDAY

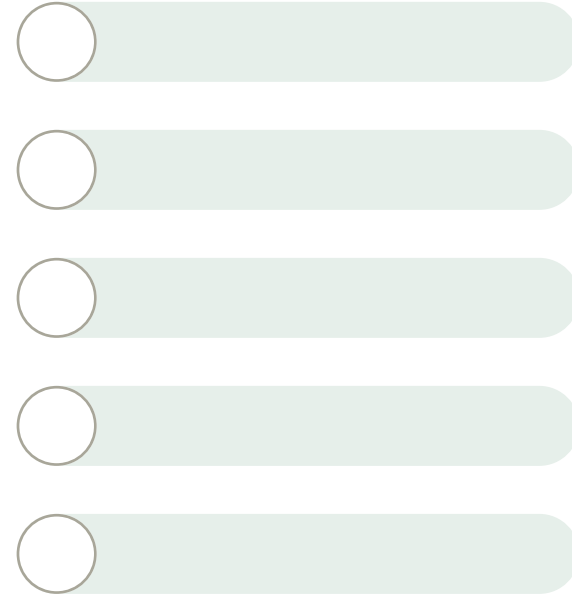
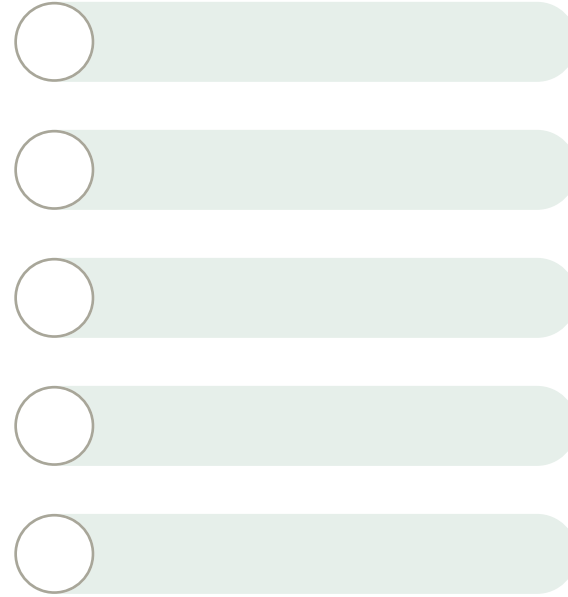
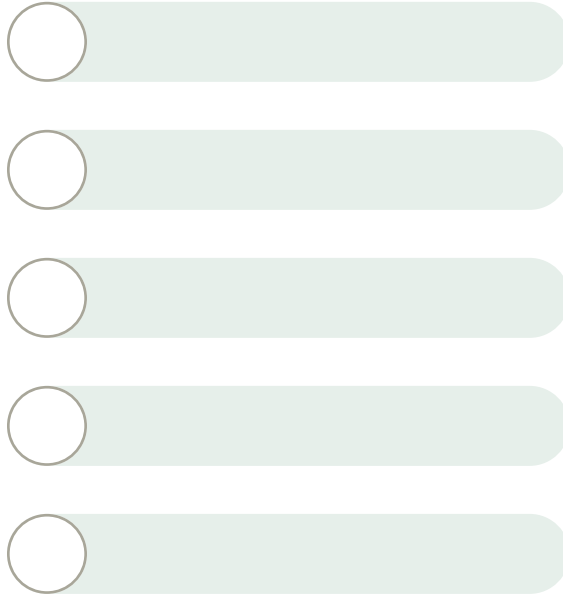
MARCH 25
WEDNESDAY

MARCH 26
THURSDAY

MARCH 27
FRIDAY

MARCH 28
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 10x10 grid of dots, consisting of 10 rows and 10 columns, totaling 100 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

March 29 - 04 April, 2026

YOUR FOCUS :

WEEK 14

MARCH 2
SUNDAY

MARCH 30
MONDAY

MARCH 3
TUESDAY

APRIL 01
WEDNESDAY

APRIL 02
THURSDAY

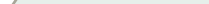
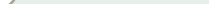
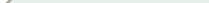
APRIL 6
FRIDAY

APRIL 04
SATURDAY

TO-DC

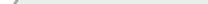
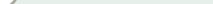


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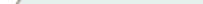
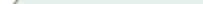
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Your Goals



Priorities



Today's Focus

Notes

I am grateful for : _____

April 05 - 11, 2026

YOUR FOCUS :

WEEK 15

APRIL 05
SUNDAY

APRIL 06
MONDAY

APRIL 07
TUESDAY

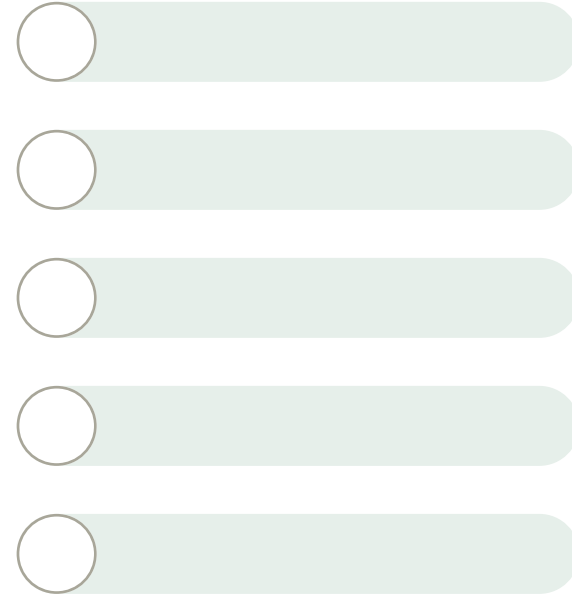
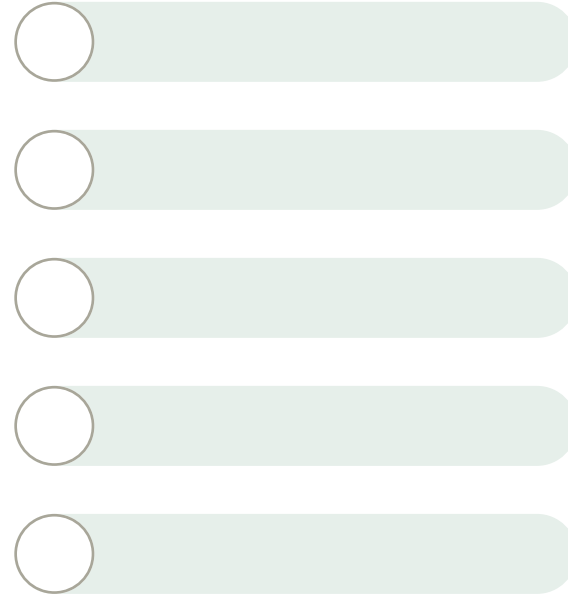
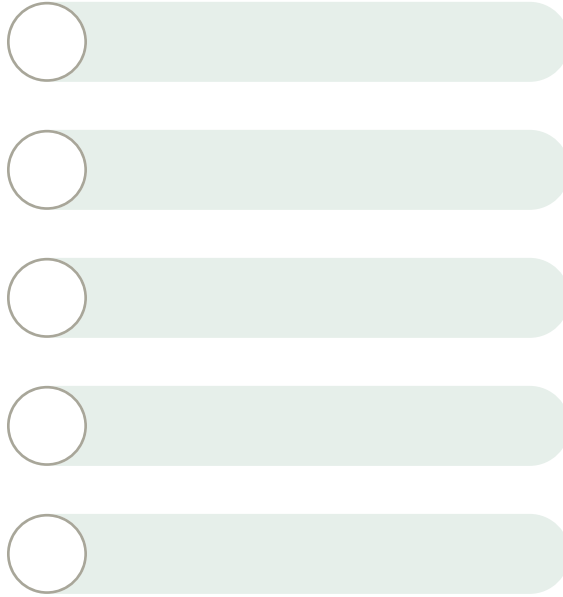
APRIL 08
WEDNESDAY

APRIL 09
THURSDAY

APRIL 10
FRIDAY

APRIL 11
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 15x15 grid of small gray dots, totaling 225 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

April 12 - 18, 2026

YOUR FOCUS :

WEEK 16

APRIL 12
SUNDAY

APRIL 13
MONDAY

APRIL 14
TUESDAY

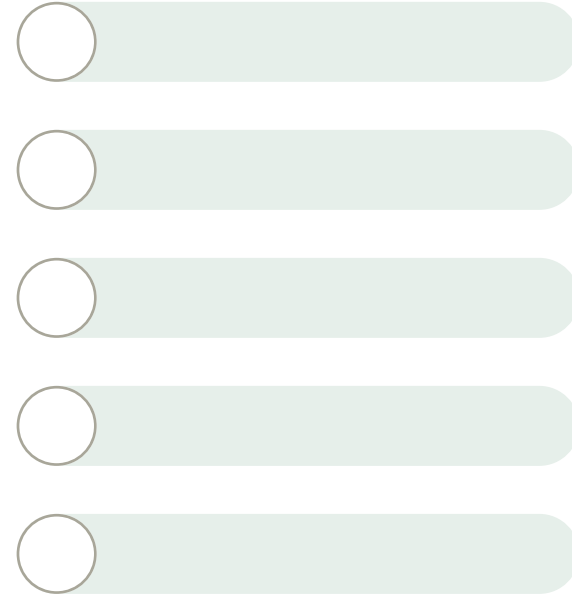
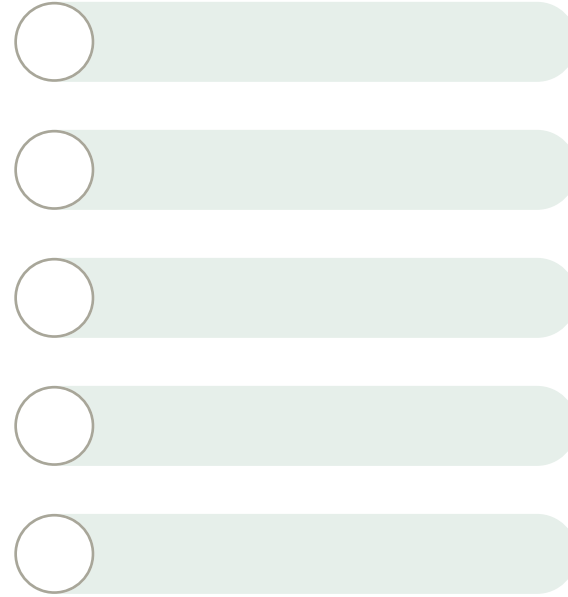
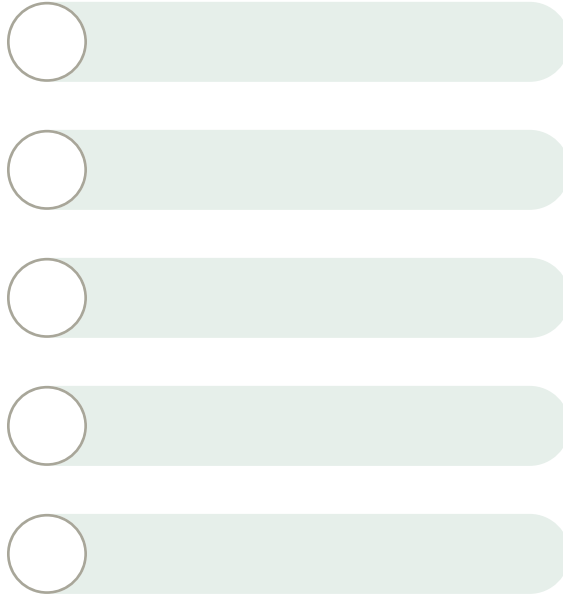
APRIL 15
WEDNESDAY

APRIL 16
THURSDAY

APRIL 17
FRIDAY

APRIL 18
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes



♥ I am grateful for: _____

April 19 - 25, 2026

YOUR FOCUS :

WEEK 17

APRIL 19
SUNDAY

APRIL 20
MONDAY

APRIL 21
TUESDAY

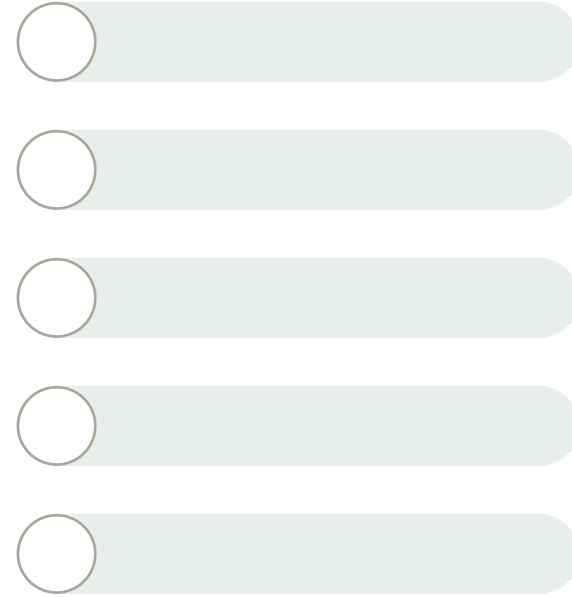
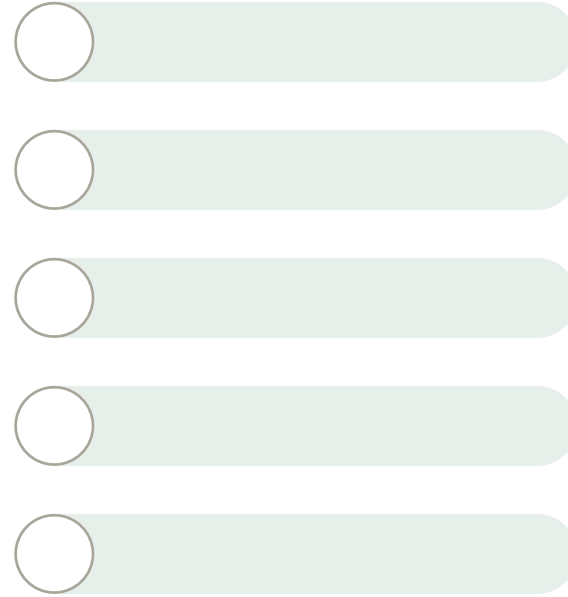
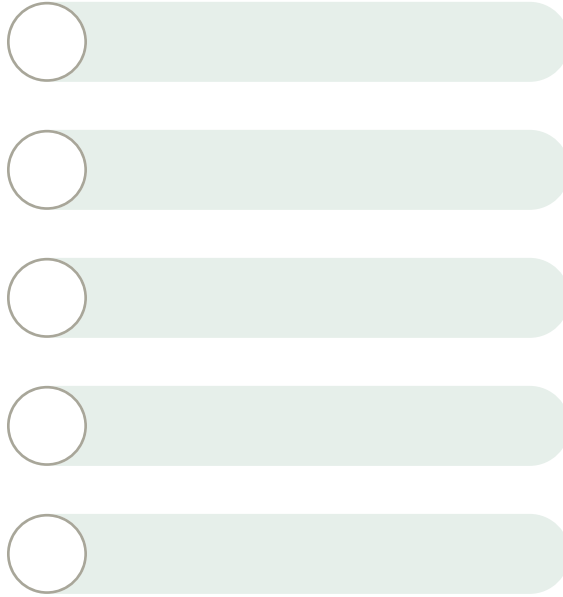
APRIL 22
WEDNESDAY

APRIL 23
THURSDAY

APRIL 24
FRIDAY

APRIL 25
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

April 26 - 02 May, 2026

YOUR FOCUS :

WEEK 18

APRIL 26

APRIL 27

APRIL 28

APRIL 2

APRIL 3

MAY 01

MAY 02

TO-DO

Your Goals

Priorities

Today's Focus

Notes

I am grateful for :

May 03 - 09, 2026

YOUR FOCUS :

WEEK 19

MAY 03
SUNDAY

MAY 04
MONDAY

MAY 05
TUESDAY

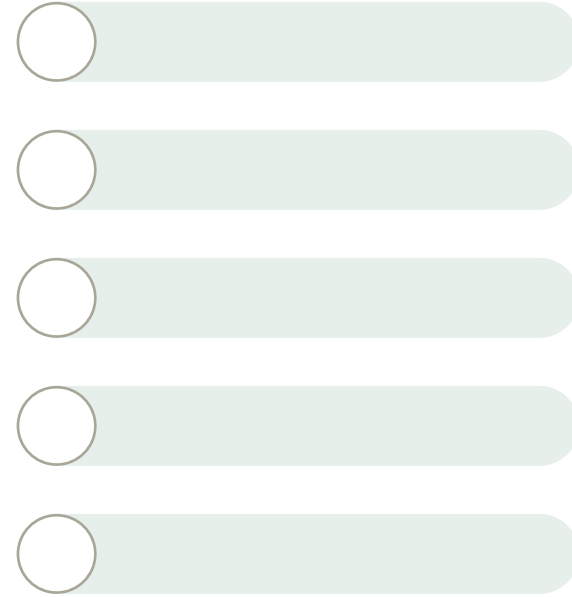
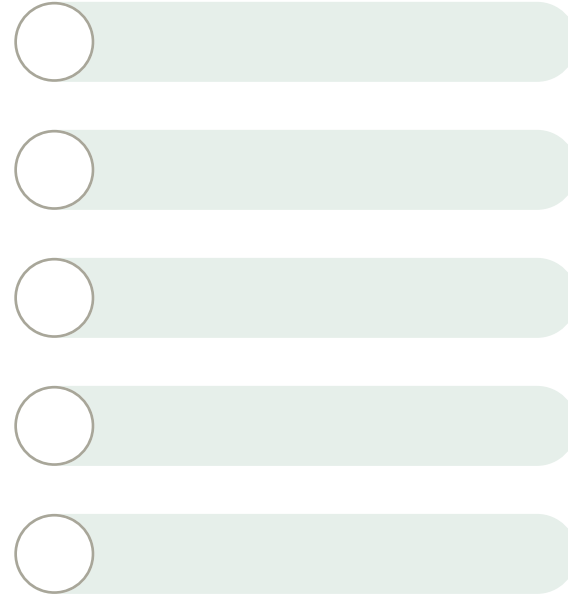
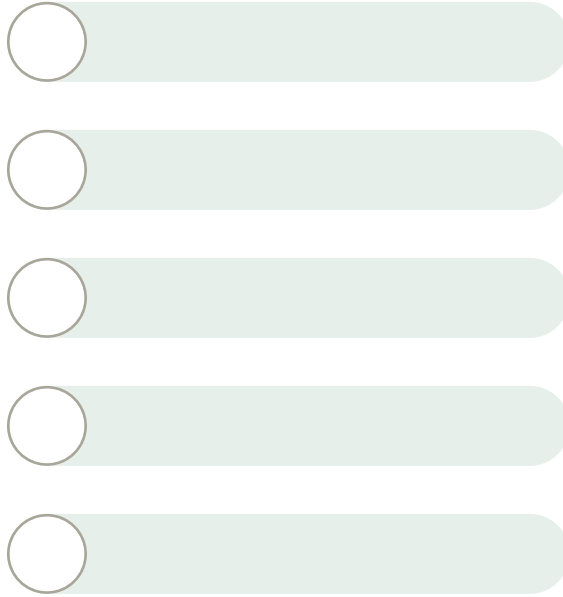
MAY 06
WEDNESDAY

MAY 07
THURSDAY

MAY 08
FRIDAY

MAY 09
SATURDAY

TO-DO



Your Goals

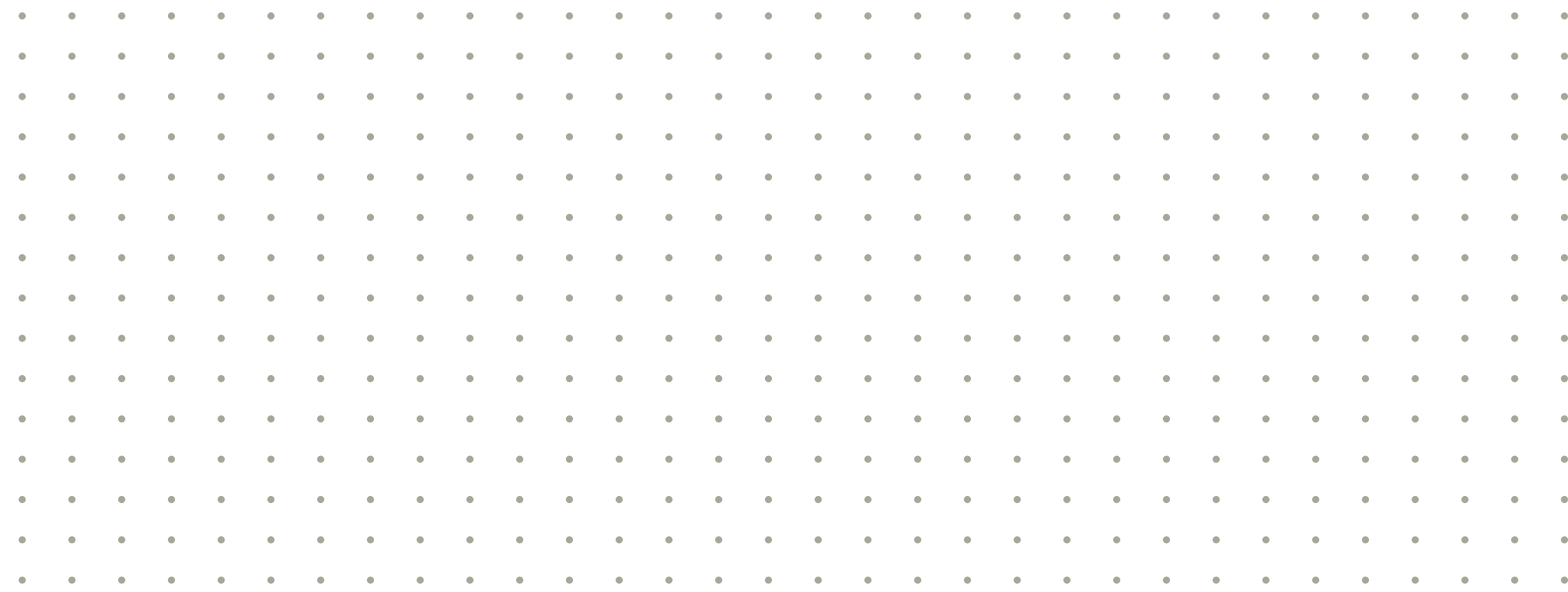


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

May 10 - 16, 2026

YOUR FOCUS :

WEEK 20

MAY 10
SUNDAY

MAY 11
MONDAY

MAY 12
TUESDAY

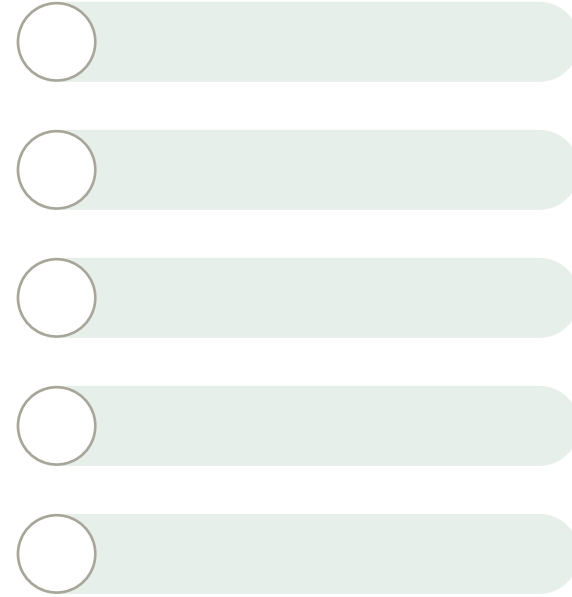
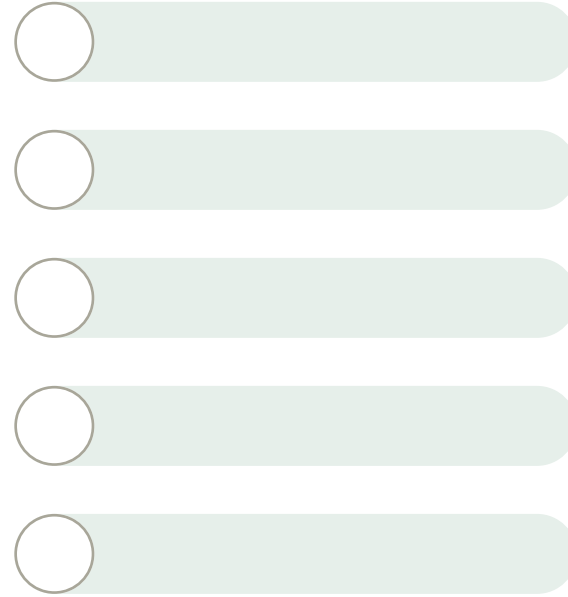
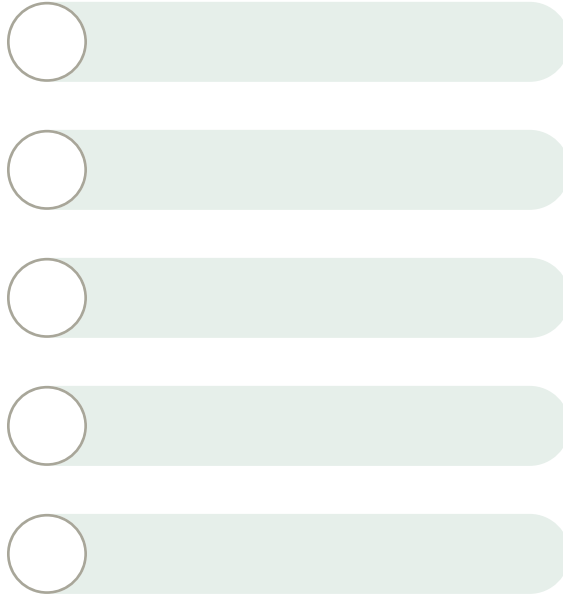
MAY 13
WEDNESDAY

MAY 14
THURSDAY

MAY 15
FRIDAY

MAY 16
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 15x15 grid of small gray dots, totaling 225 dots. The dots are arranged in a regular, repeating pattern across the entire page.

♥ I am grateful for : _____

May 17 - 23, 2026

YOUR FOCUS :

WEEK 21

MAY 17
SUNDAY

MAY 18
MONDAY

MAY 19
TUESDAY

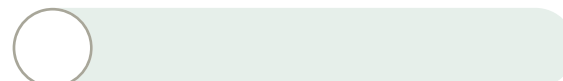
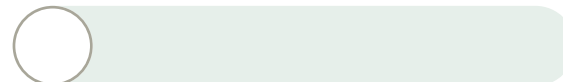
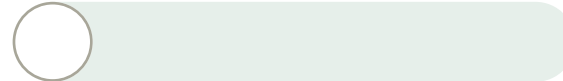
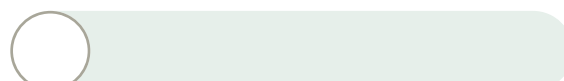
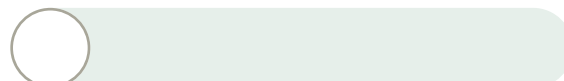
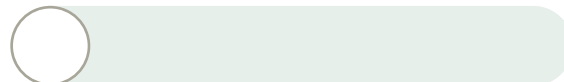
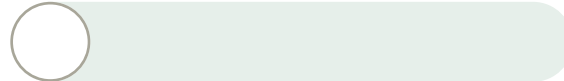
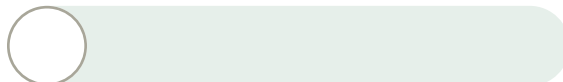
MAY 20
WEDNESDAY

MAY 21
THURSDAY

MAY 22
FRIDAY

MAY 23
SATURDAY

TO-DO



Your Goals

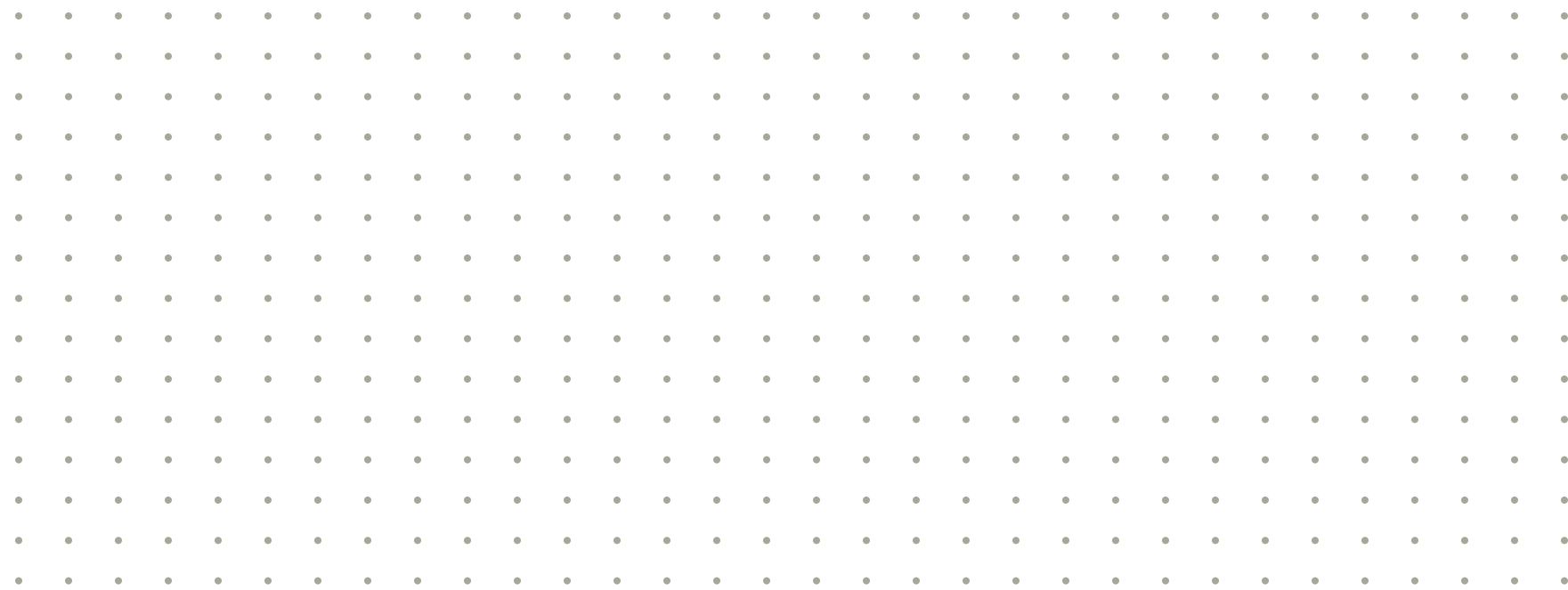


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

May 24 - 30, 2026

YOUR FOCUS :

WEEK 22

MAY 24
SUNDAYMAY 25
MONDAY

MAY 26
TUESDAY

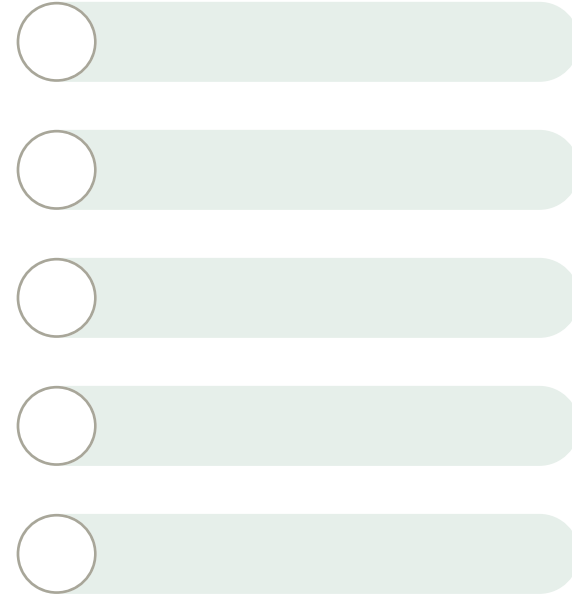
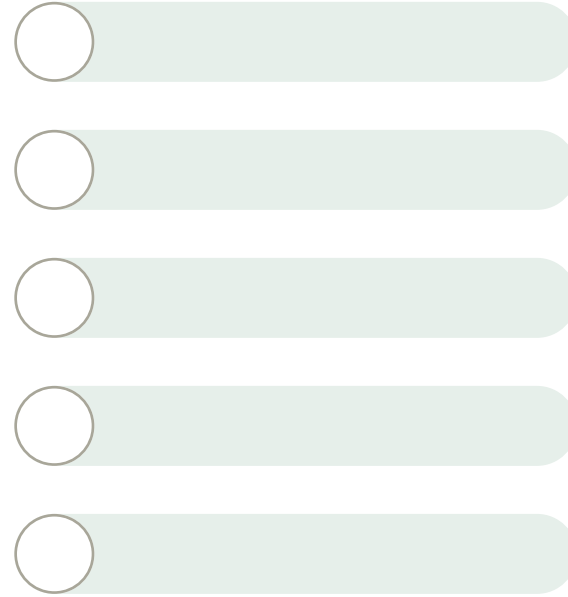
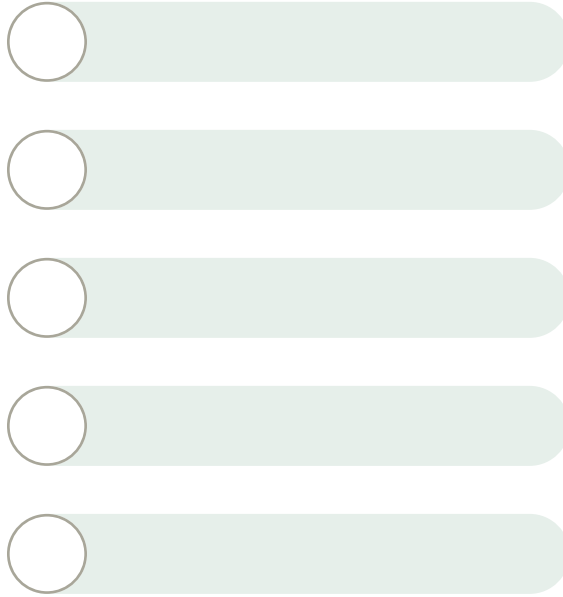
MAY 27
WEDNESDAY

MAY 28
THURSDAY

MAY 29
FRIDAY

MAY 30
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 15x15 grid of small dots, representing a 15x15 matrix.

♥ I am grateful for : _____

May 31 - 06 June, 2026

YOUR FOCUS :

WEEK 23

MAY 31
SUNDAY

JUNE 01
MONDAY

**JUNE 02
TUESDAY**

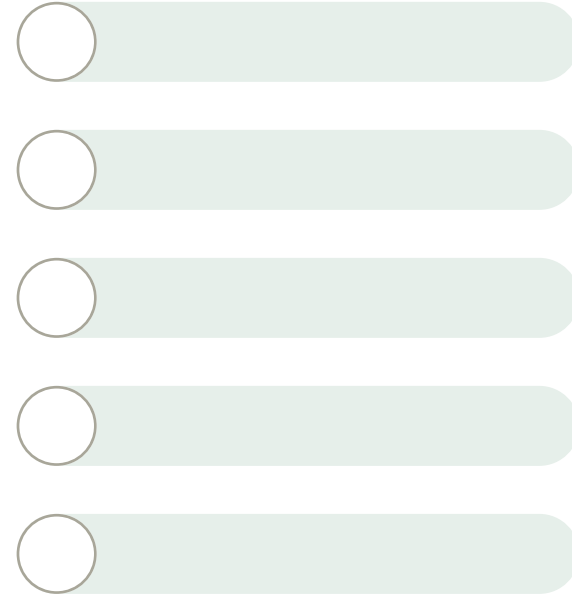
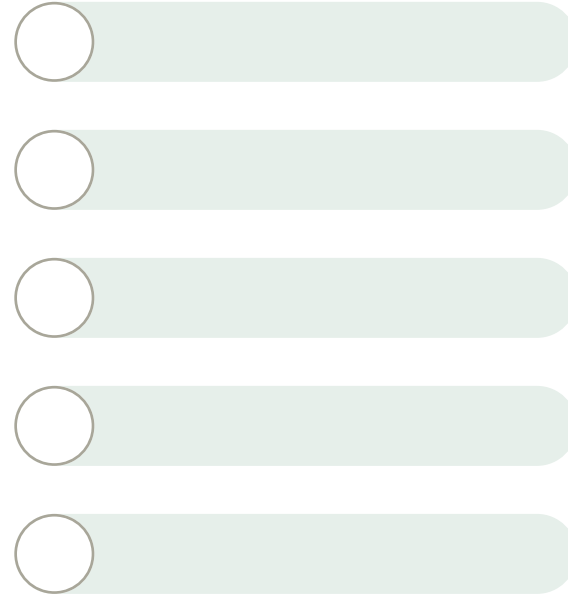
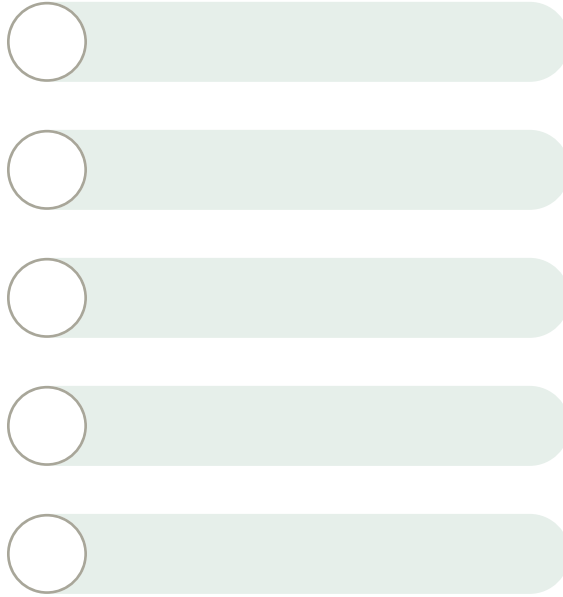
JUNE 03
WEDNESDAY

JUNE 04
THURSDAY

JUNE 05
FRIDAY

JUNE 06
SATURDAY

TO-DO



Your Goals

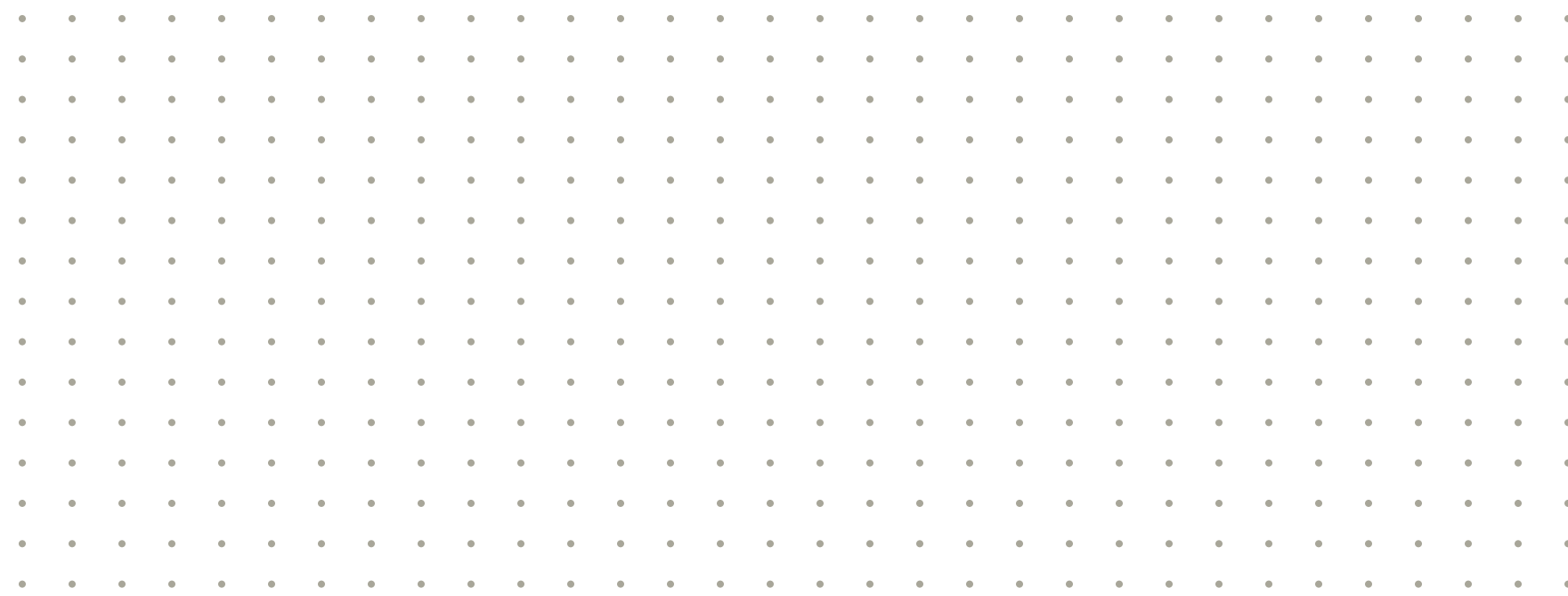


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

June 07 - 13, 2026

YOUR FOCUS :

WEEK 24

JUNE 07
SUNDAY

JUNE 08
MONDAY

JUNE 09
TUESDAY

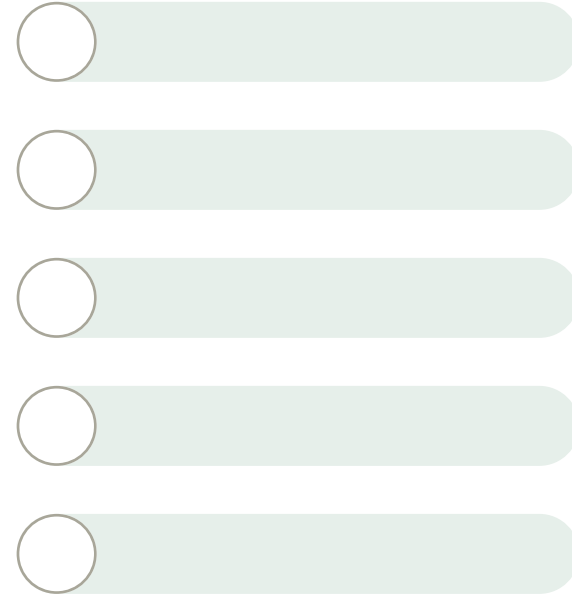
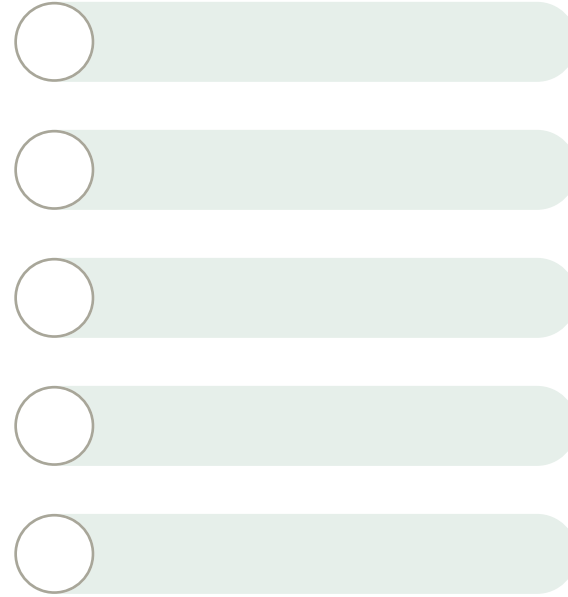
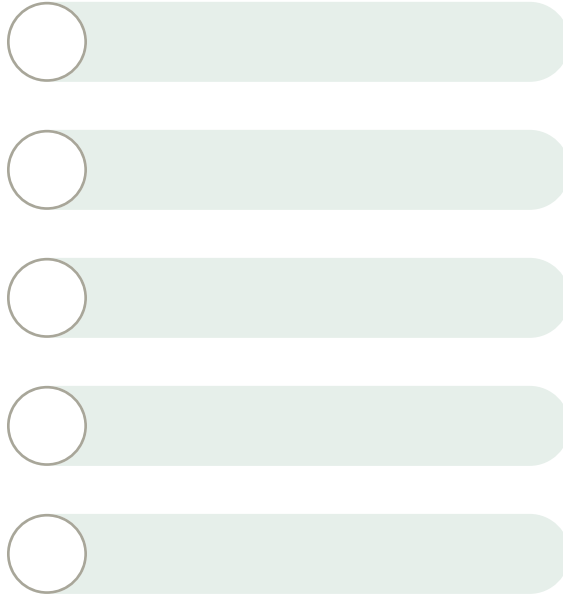
**JUNE 10
WEDNESDAY**

**JUNE 11
THURSDAY**

JUNE 12
FRIDAY

JUNE 13
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

June 14 - 20, 2026

YOUR FOCUS :

WEEK 25

**JUNE 14
SUNDAY**

**JUNE 15
MONDAY**

**JUNE 16
TUESDAY**

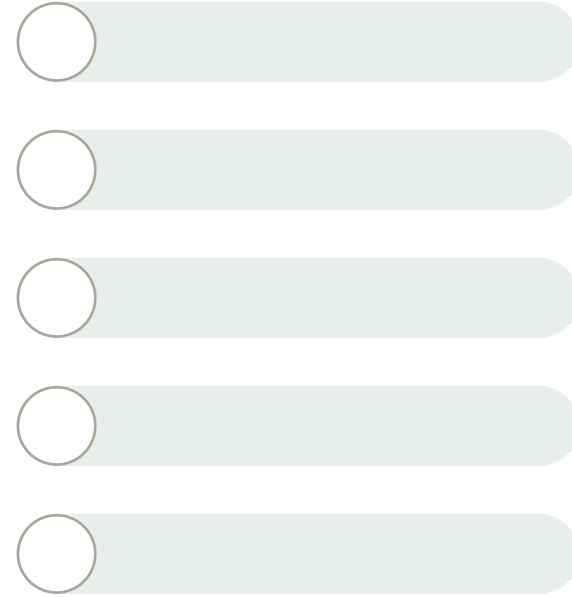
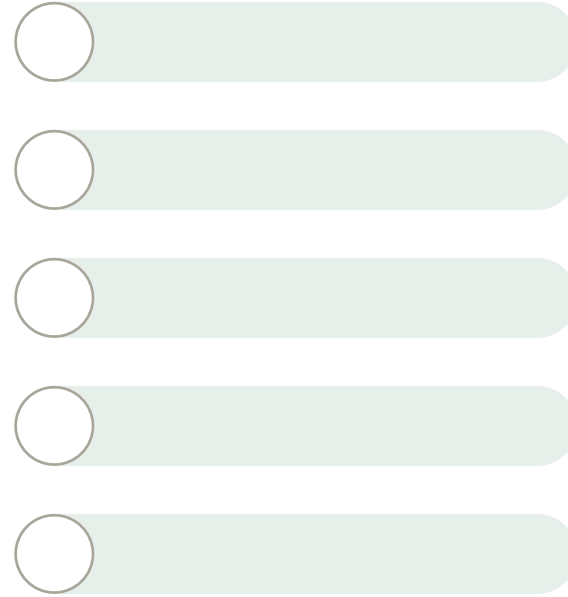
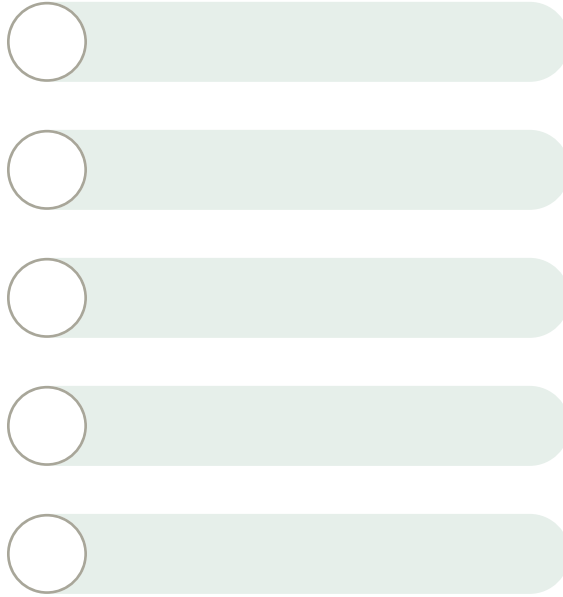
JUNE 17
WEDNESDAY

JUNE 18
THURSDAY

JUNE 19
FRIDAY

JUNE 20
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

June 21 - 27, 2026

YOUR FOCUS : _____

WEEK 26

JUNE 21

SUNDAY

A blank calendar page for June 22, Monday. The page has a dashed border and a solid horizontal line below the date.

JUNE 23
TUESDAY


A large, empty rectangular area with a dashed border, intended for a drawing or illustration. The border is composed of small, evenly spaced dashes. The interior of the rectangle is completely blank, providing a space for a child to draw.

JUNE 25
THURSDAY

TO-DO



Your Goals





Today's Focus

Notes

♥ I am grateful for : _____

June 28 - 04 July, 2026

YOUR FOCUS :

WEEK 27

**JUNE 28
SUNDAY**

**JUNE 29
MONDAY**

**JUNE 30
TUESDAY**

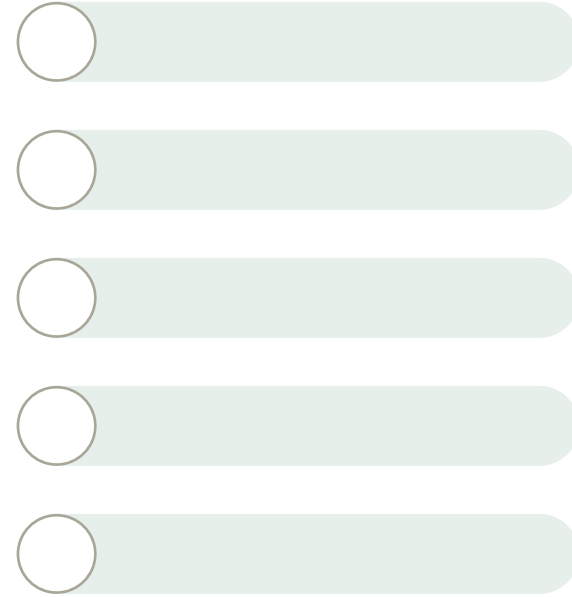
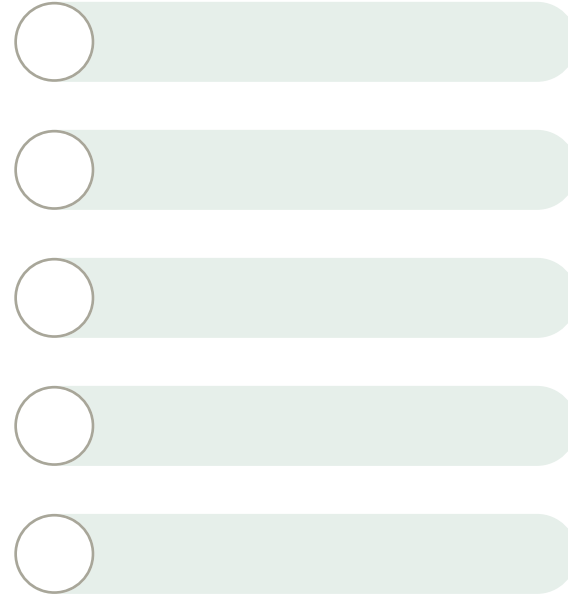
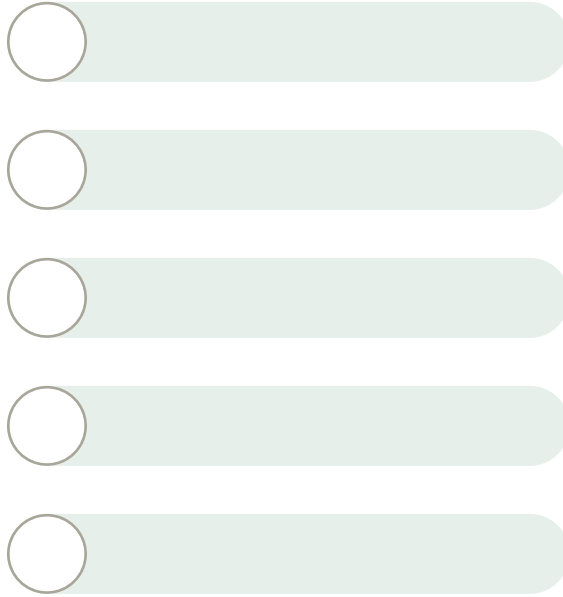
JULY 01
WEDNESDAY

JULY 02
THURSDAY

JULY 03
FRIDAY

JULY 04
SATURDAY

TO-DO



Your Goals

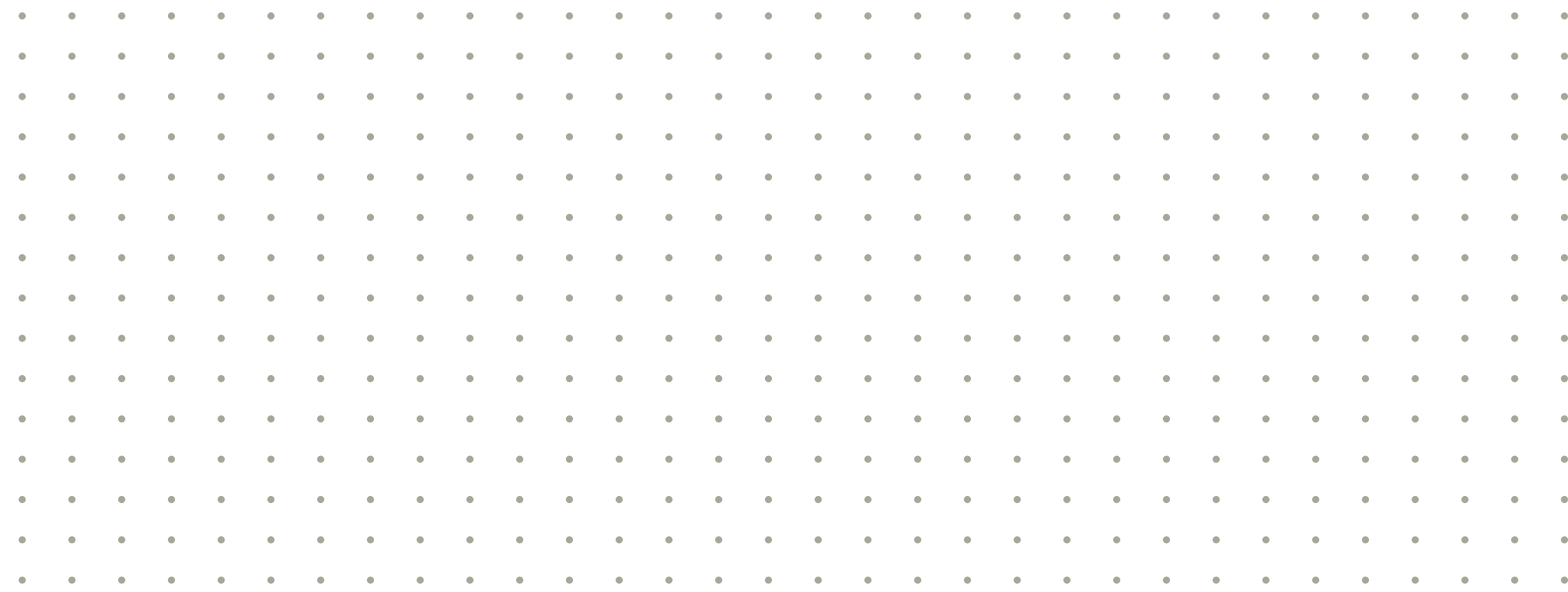


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

July 05 - 11, 2026

YOUR FOCUS :

WEEK 28

JULY 05
SUNDAY

JULY 06
MONDAY

JULY 07
TUESDAY

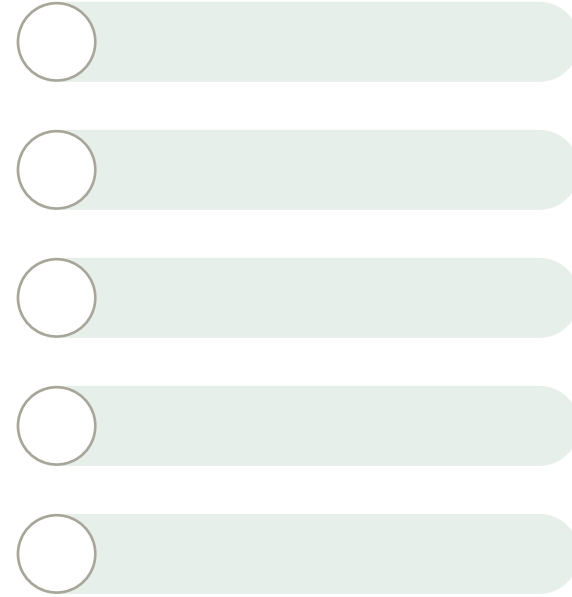
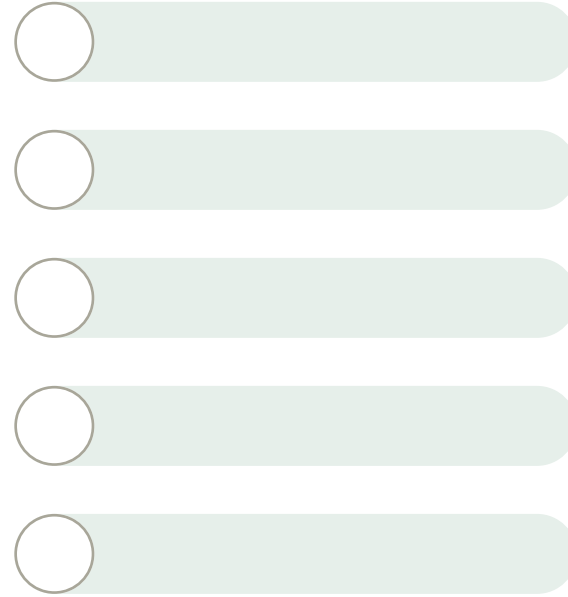
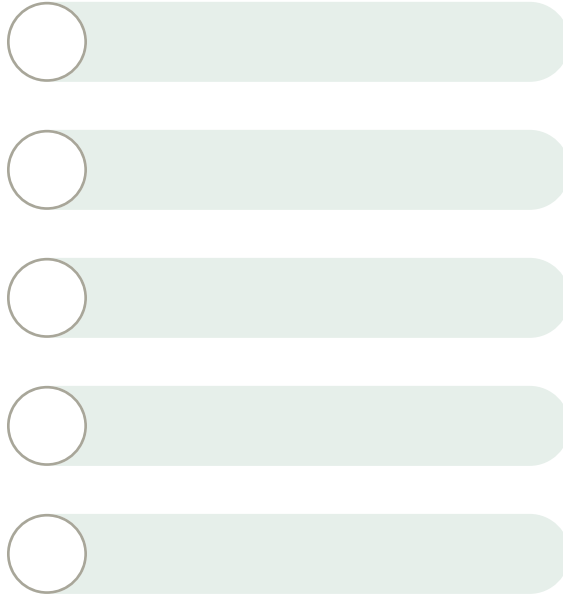
JULY 08
WEDNESDAY

JULY 09
THURSDAY

JULY 10
FRIDAY

JULY 11
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

A 20x20 grid of dots, consisting of 20 rows and 20 columns, totaling 400 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

July 12 - 18 , 2026

YOUR FOCUS :

WEEK 29

JULY 12
SUNDAY

JULY 13
MONDAY

JULY 14
TUESDAY

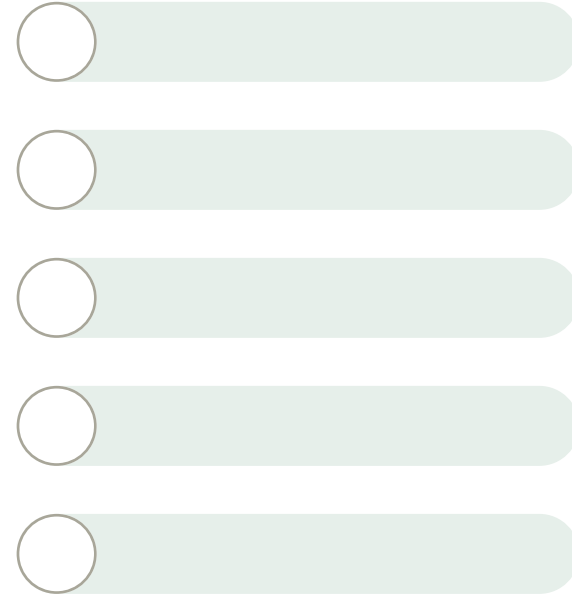
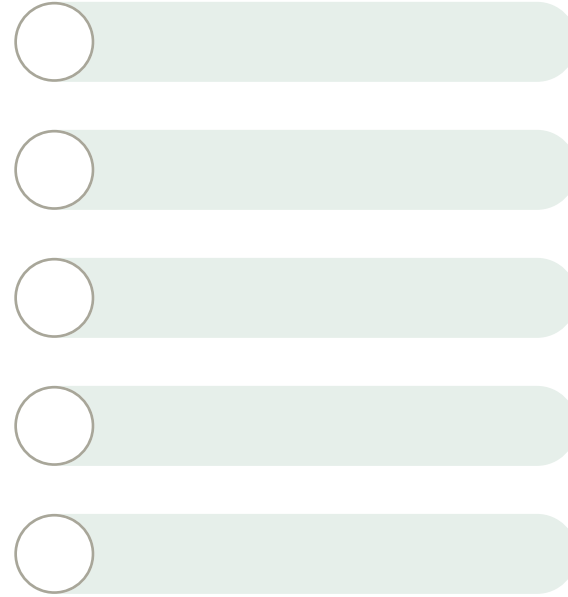
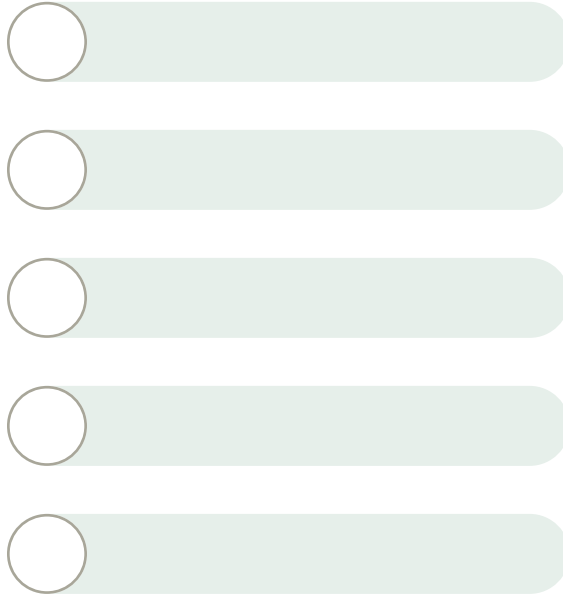
JULY 15
WEDNESDAY

JULY 16
THURSDAY

JULY 17
FRIDAY

JULY 18
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

July 19 - 25 , 2026

YOUR FOCUS :

WEEK 30

JULY 19
SUNDAY

JULY 20
MONDAY

JULY 21
TUESDAY

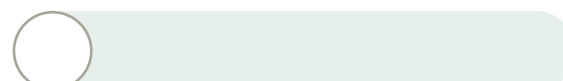
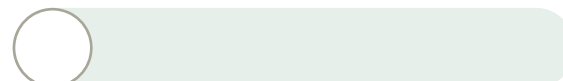
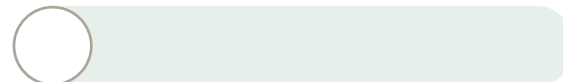
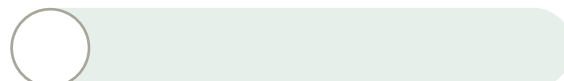
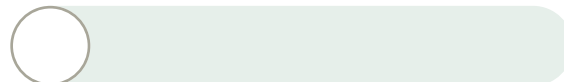
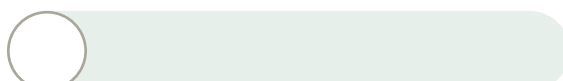
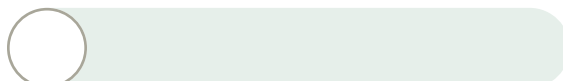
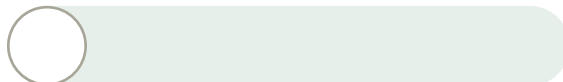
JULY 22
WEDNESDAY

JULY 23
THURSDAY

JULY 24
FRIDAY

JULY 25
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

July 26 - 01 August, 2026

YOUR FOCUS :

WEEK 31

JULY 26
SUNDAY

JULY 27
MONDAY

JULY 28
TUESDAY

JULY 2
WEDNESDAY

JULY 3
THURSDAY

JULY 31
FRIDAY

AUGUST
SATURDAY

TO-DO



Your G



Today's Focus

Notes

I am grateful for : _____

August 02 - 08, 2026

YOUR FOCUS :

WEEK 32

AUGUST 02
SUNDAY

AUGUST 03
MONDAY

AUGUST 04
TUESDAY

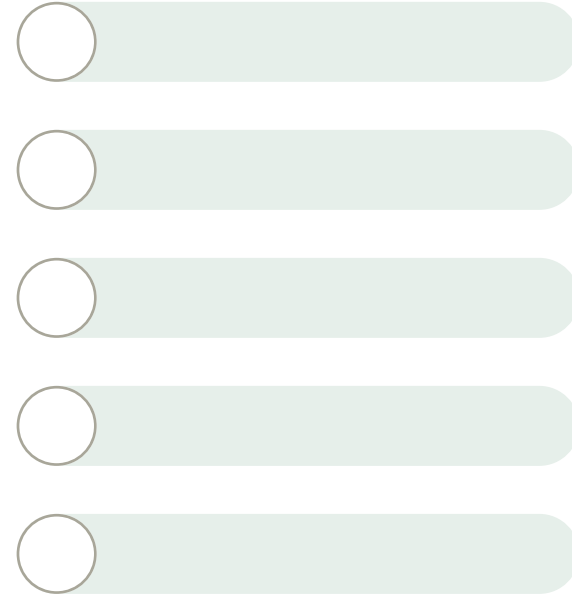
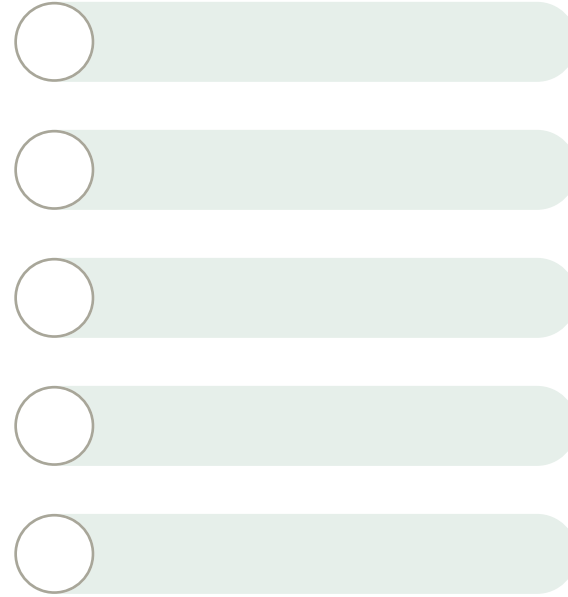
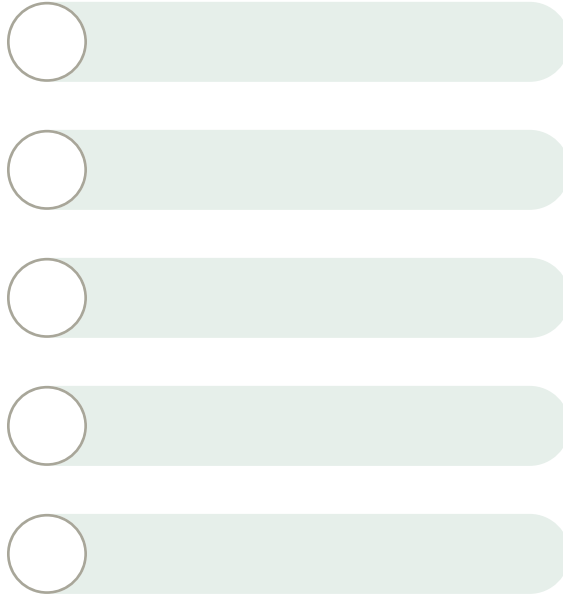
AUGUST 05
WEDNESDAY

AUGUST 06
THURSDAY

AUGUST 07
FRIDAY

AUGUST 08
SATURDAY

TO-DO



Your Goals

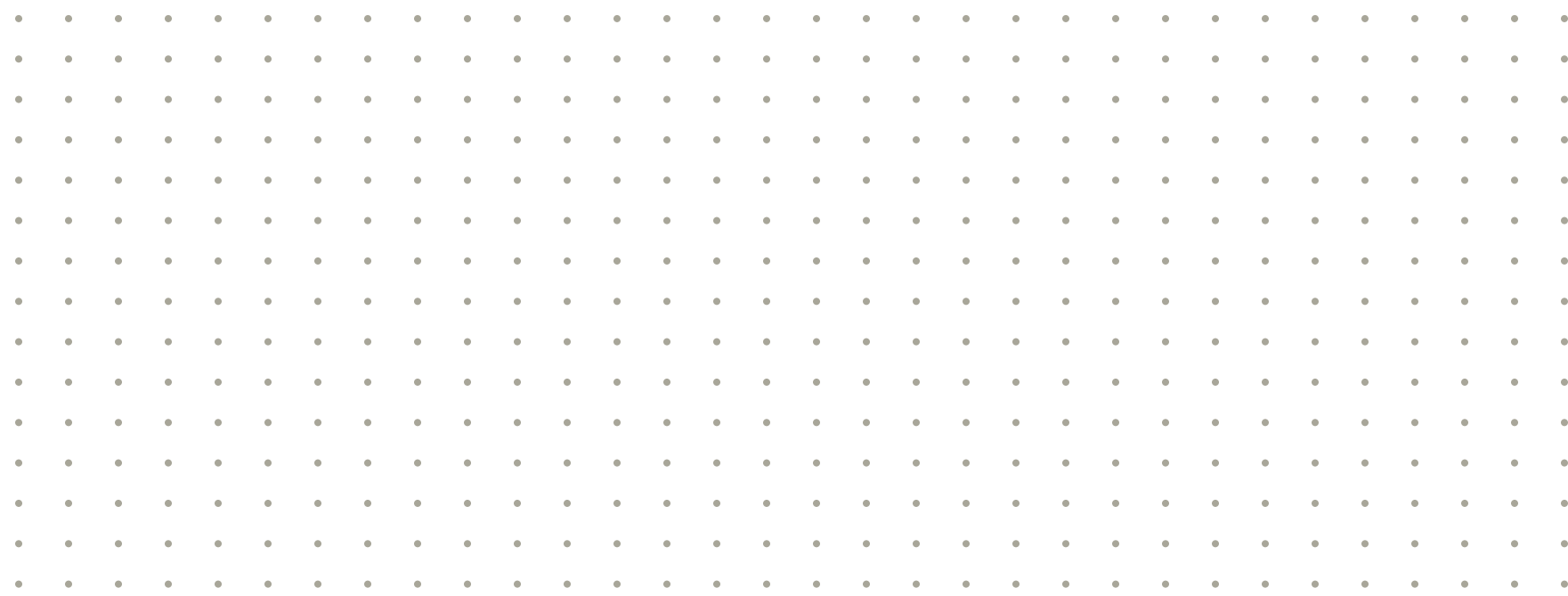


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

August 09 - 15, 2026

YOUR FOCUS :

WEEK 33

AUGUST 09
SUNDAY

**AUGUST 10
MONDAY**

**AUGUST 11
TUESDAY**

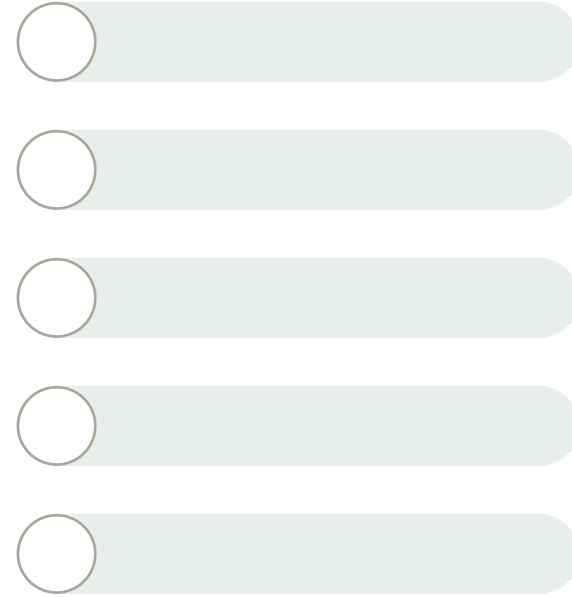
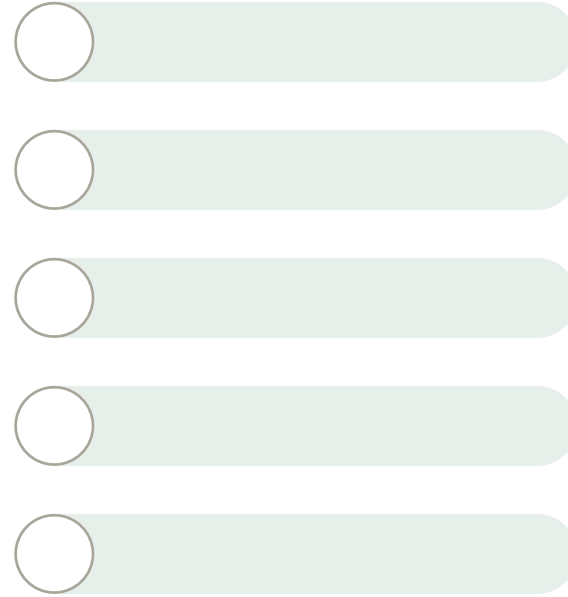
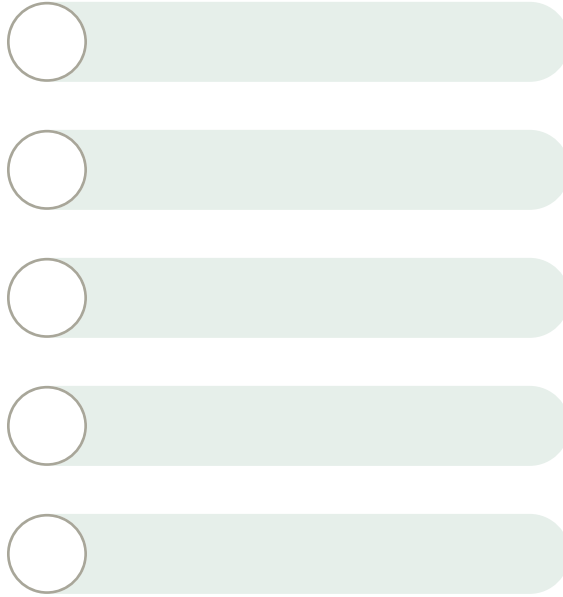
AUGUST 12
WEDNESDAY

AUGUST 13
THURSDAY

AUGUST 14
FRIDAY

AUGUST 15
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

A 15x15 grid of dots forming a square shape. The dots are arranged in 15 rows and 15 columns, with each row and column containing exactly 15 dots. The dots are small, dark gray circles.

♥ I am grateful for : _____

August 16 - 22, 2026

YOUR FOCUS :

WEEK 34

AUGUST 16
SUNDAY

AUGUST 17
MONDAY

**AUGUST 18
TUESDAY**

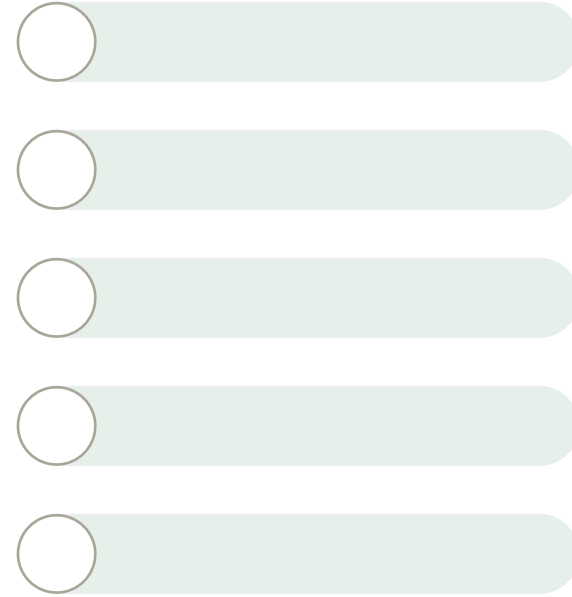
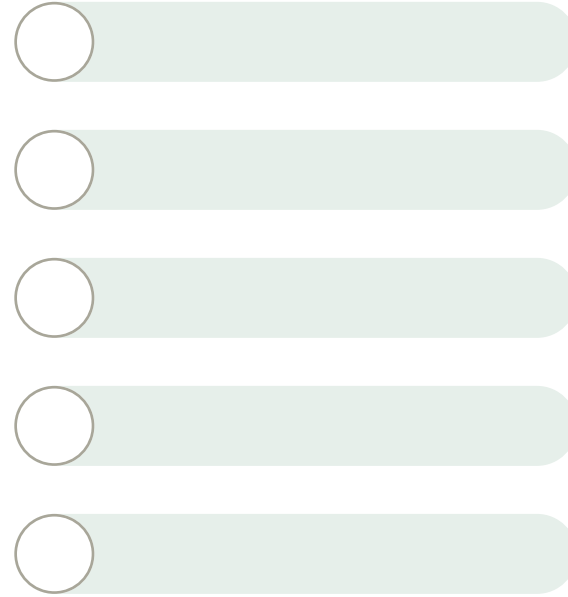
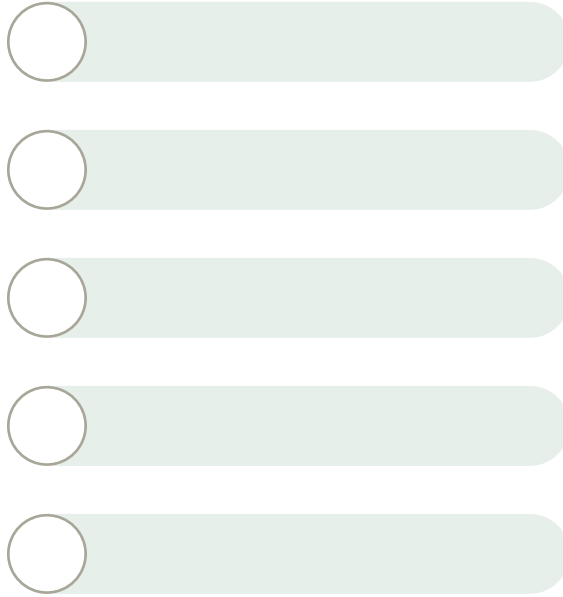
AUGUST 19
WEDNESDAY

AUGUST 20
THURSDAY

AUGUST 21
FRIDAY

AUGUST 22
SATURDAY

TO-DO



Your Goals

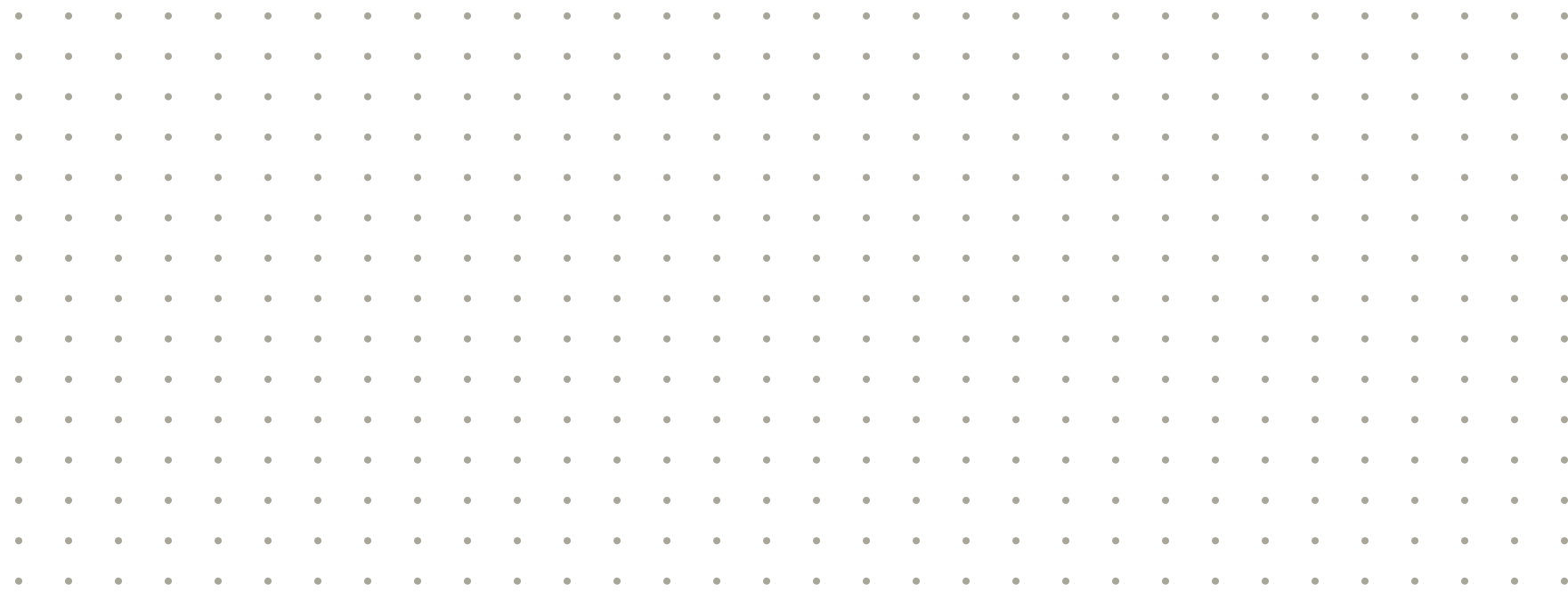


Priorities



Today's Focus

Notes



♥ I am grateful for : _____

August 23 - 29, 2026

YOUR FOCUS :

WEEK 35

AUGUST 23
SUNDAY

**AUGUST 24
MONDAY**

**AUGUST 25
TUESDAY**

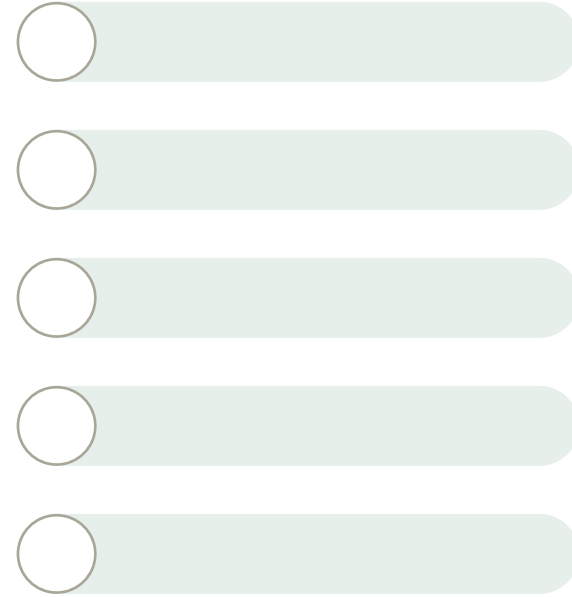
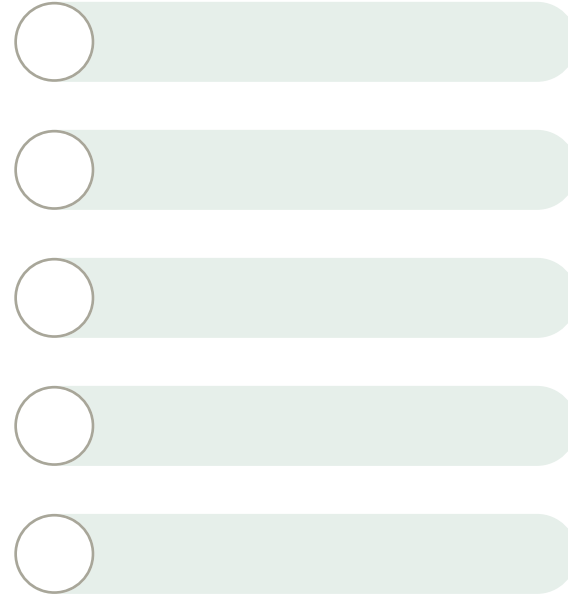
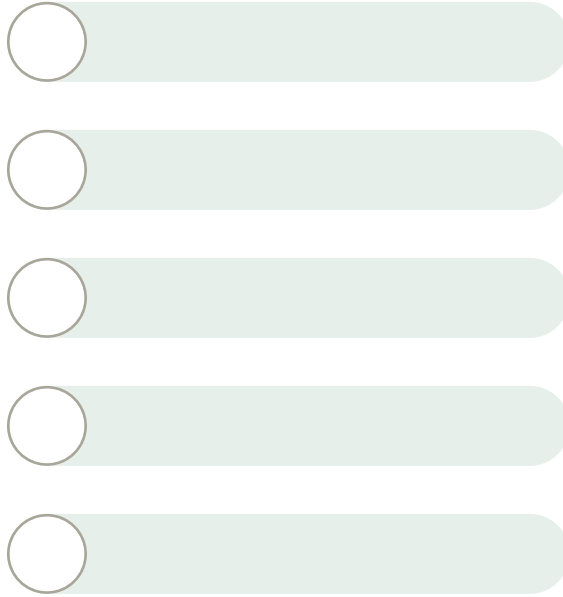
**AUGUST 26
WEDNESDAY**

AUGUST 27
THURSDAY

AUGUST 28
FRIDAY

AUGUST 29
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

A 10x10 grid of dots, consisting of 10 rows and 10 columns, totaling 100 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

AUGUST 30
SUNDAY

AUGUST 31
MONDAY

SEPTEMBER 01
TUESDAY


SEPTEMBER 02
WEDNESDAY

SEPTEMBER 03
THURSDAY

SEPTEMBER 04
FRIDAY

SEPTEMBER 05
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

[illegible]

Notes

A 20x20 grid of dots forming a square shape. The dots are arranged in a regular pattern, with 20 dots in each row and 20 dots in each column, creating a solid square.

♥ I am grateful for : _____

September 06 - 12, 2026

YOUR FOCUS :

WEEK 37

SEPTEMBER 06
SUNDAY

SEPTEMBER 07
MONDAY

SEPTEMBER 08
TUESDAY

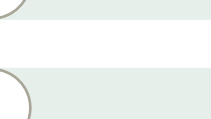
SEPTEMBER 09
WEDNESDAY

SEPTEMBER 10
THURSDAY

SEPTEMBER 11
FRIDAY

SEPTEMBER 12
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

SEPTEMBER 13
SUNDAY

SEPTEMBER 14
MONDAY

SEPTEMBER 15
TUESDAY



SEPTEMBER 16
WEDNESDAY

SEPTEMBER 17
THURSDAY

SEPTEMBER 18
FRIDAY

SEPTEMBER 19
SATURDAY

TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The progress bars are currently empty.

Your Goals



Priorities

Today's Focus

[illegible]

Notes

A large grid of small dots, resembling a dot grid paper, with a rounded top-left corner. The dots are arranged in a uniform pattern across the page.

♥ I am grateful for : _____

September 20 - 26, 2026

YOUR FOCUS :

WEEK 39

SEPTEMBER 20
SUNDAY

SEPTEMBER 21
MONDAY

SEPTEMBER 22
TUESDAY

SEPTEMBER 23
WEDNESDAY

SEPTEMBER 24
THURSDAY

SEPTEMBER 25
FRIDAY

SEPTEMBER 26
SATURDAY

TO-DO



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○

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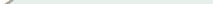
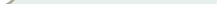
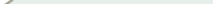
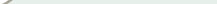
○

○

○

○

○



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

SEPTEMBER 27
SUNDAY

SEPTEMBER 28
MONDAY

SEPTEMBER 29
TUESDAY

SEPTEMBER 30
WEDNESDAY

OCTOBER 01
THURSDAY

OCTOBER 02
FRIDAY

OCTOBER 03
SATURDAY

TO-DO

Your Goals

Priorities 



Today's Focus

Notes

 I am grateful for :

October 04 - 10, 2026

YOUR FOCUS :

WEEK 41

OCTOBER 04
SUNDAY

OCTOBER 05
MONDAY

OCTOBER 06
TUESDAY



OCTOBER 07
WEDNESDAY

OCTOBER 08
THURSDAY

OCTOBER 09
FRIDAY

OCTOBER 10
SATURDAY

TO-DO



Five horizontal progress bars, each starting with a small circle and followed by a light green bar, intended for self-reflection on the five dimensions of emotional intelligence.

Your Goals



Priorities

Today's Focus

Notes

A large grid of dots for writing, with a rounded top-left corner. The grid consists of 20 rows and 30 columns of dots. The top-left corner of the grid is rounded.

♥ I am grateful for : _____

October 11 - 17, 2026

YOUR FOCUS :

WEEK 42

OCTOBER 11
SUNDAY

OCTOBER 12
MONDAY

OCTOBER 13
TUESDAY

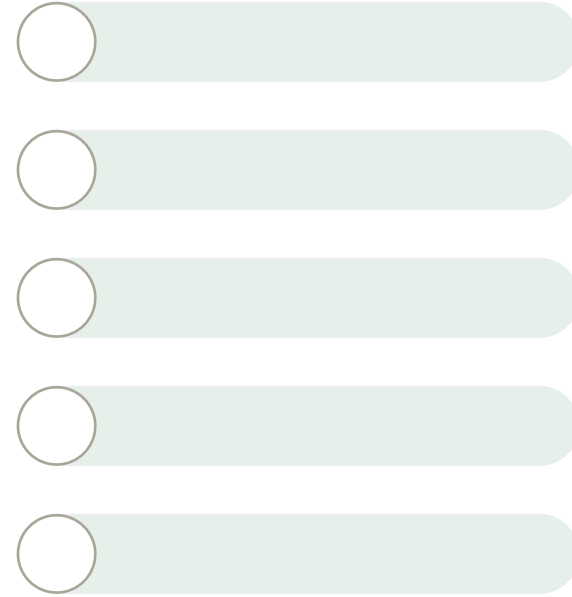
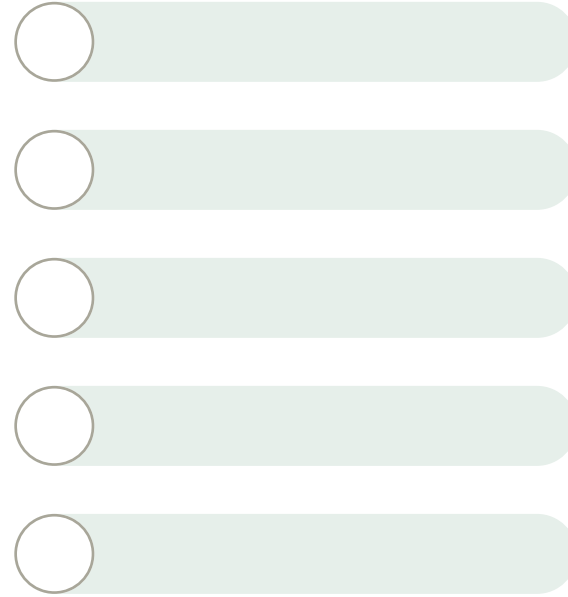
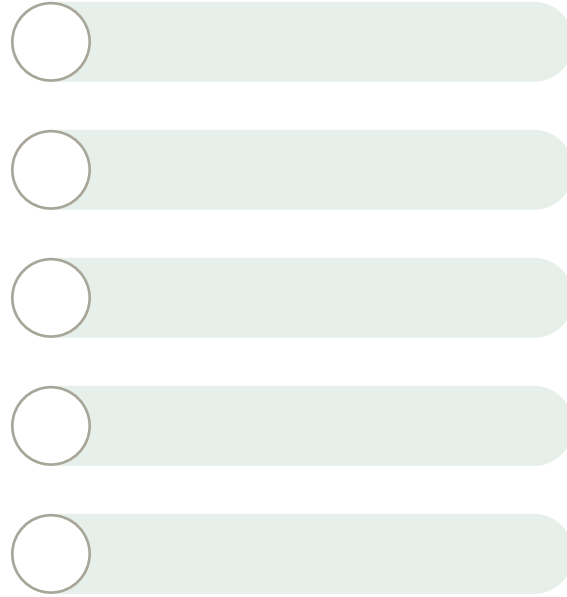
OCTOBER 14
WEDNESDAY

OCTOBER 15
THURSDAY

OCTOBER 16
FRIDAY

OCTOBER 17
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

A 15x15 grid of small gray dots, totaling 225 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

October 18 - 24, 2026

YOUR FOCUS :

WEEK 43

OCTOBER 18
SUNDAY

OCTOBER 19
MONDAY

OCTOBER 20
TUESDAY


OCTOBER 21
WEDNESDAY

OCTOBER 22
THURSDAY

OCTOBER 23
FRIDAY

OCTOBER 24
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

Notes

♥ I am grateful for : _____

October 25 - 31, 2026

YOUR FOCUS :

WEEK 44

OCTOBER 25
SUNDAY

OCTOBER 26
MONDAY

OCTOBER 27
TUESDAY

OCTOBER 28
WEDNESDAY

OCTOBER 29
THURSDAY

OCTOBER 30
FRIDAY

OCTOBER 31
SATURDAY

TO-DO



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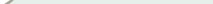
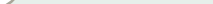
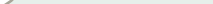
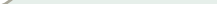
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○



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

NOVEMBER 01
SUNDAY

NOVEMBER 02
MONDAY

NOVEMBER 03
TUESDAY

NOVEMBER 04
WEDNESDAY

NOVEMBER 05
THURSDAY

NOVEMBER 06
FRIDAY

NOVEMBER 07
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

[illegible]

Notes

A 10x10 grid of dots, consisting of 10 rows and 10 columns, totaling 100 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

NOVEMBER 08
SUNDAY

NOVEMBER 09
MONDAY

NOVEMBER 10
TUESDAY

NOVEMBER 11
WEDNESDAY

NOVEMBER 12
THURSDAY

NOVEMBER 13
FRIDAY

NOVEMBER 14
SATURDAY

TO-DO



Your Goals



Priorities



Today's Focus

[illegible]

Notes

A 20x20 grid of dots forming a square shape. The dots are arranged in a regular pattern, with 20 dots in each row and 20 dots in each column, creating a solid square.

♥ I am grateful for : _____

November 15 - 21, 2026

YOUR FOCUS :

WEEK 47

NOVEMBER 15
SUNDAY

NOVEMBER 16
MONDAY

NOVEMBER 17
TUESDAY

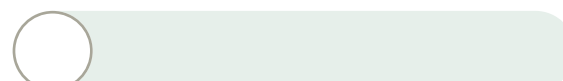
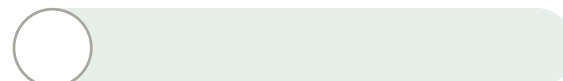
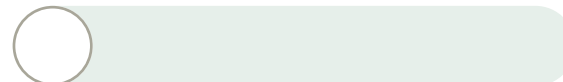
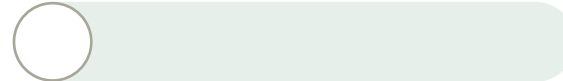
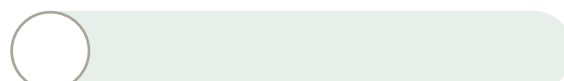
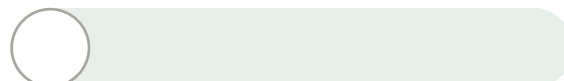
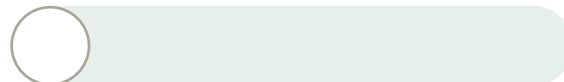
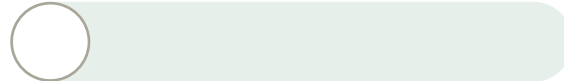
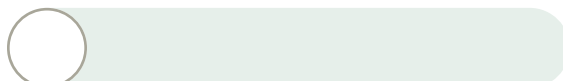
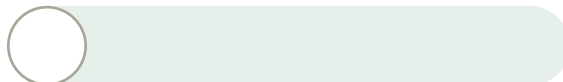
NOVEMBER 18
WEDNESDAY

NOVEMBER 19
THURSDAY

NOVEMBER 20
FRIDAY

NOVEMBER 21
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

Notes

♥ I am grateful for : _____

NOVEMBER 22
SUNDAY

NOVEMBER 23
MONDAY

NOVEMBER 24
TUESDAY

NOVEMBER 25
WEDNESDAY

NOVEMBER 26
THURSDAY

NOVEMBER 27
FRIDAY

NOVEMBER 28
SATURDAY

TO-DO



Your Goals



Priorities

Today's Focus

[illegible]

Notes

A 20x20 grid of dots forming a square shape. The dots are arranged in a regular pattern, with 20 dots in each row and 20 dots in each column, creating a solid square.

♥ I am grateful for : _____

DECEMBER 05
SATURDAY

Priorities

Notes

[illegible]

♥ I am grateful for : _____

DECEMBER 06
SUNDAY

A blank calendar page for December 07, Monday. The page features a dashed border and a horizontal line below the date.

A large, empty rectangular area with a dashed border, intended for a drawing or illustration.

DECEMBER 09
WEDNESDAY

DECEMBER 10

THURSDAY

TO-DO



Five horizontal progress bars, each preceded by a circle, for self-assessment. The bars are currently empty.

[illegible][illegible]

Notes

♥ I am grateful for : _____

DECEMBER 13
SUNDAY

DECEMBER 14
MONDAY

DECEMBER 15
TUESDAY

DECEMBER 16
WEDNESDAY

DECEMBER 17
THURSDAY

DECEMBER 18
FRIDAY

DECEMBER 19
SATURDAY

TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The bars are light green and extend across the width of the page.

Your Goals



Priorities



Today's Focus

[illegible]

Notes

A 10x10 grid of dots, consisting of 10 rows and 10 columns, totaling 100 dots. The dots are arranged in a regular, repeating pattern across the entire grid.

♥ I am grateful for : _____

DECEMBER 20

SUNDAY

DECEMBER 21
MONDAY

A blank calendar page for December 22, Tuesday. The page features a dashed border and a solid horizontal line below the date.

DECEMBER 23
WEDNESDAY

DECEMBER 24
THURSDAY

TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The bars are currently empty, indicating 0% completion for each item.

[illegible]

Today's Focus

Notes

♥ I am grateful for : _____