



# January 5 - 11, 2025

## YOUR FOCUS :

## WEEK 2

JANUARY 5  
SUNDAY

JANUARY 6  
MONDAY

JANUARY 7  
TUESDAY

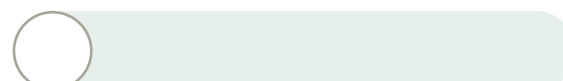
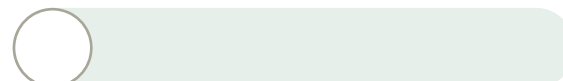
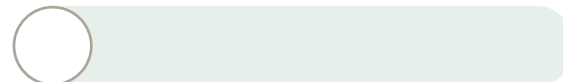
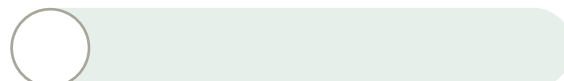
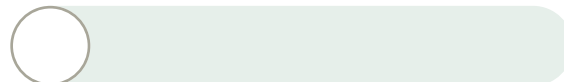
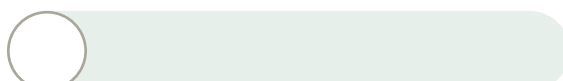
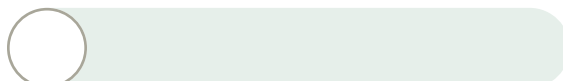
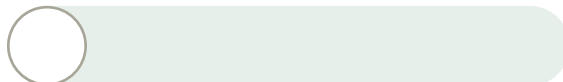
**JANUARY 8  
WEDNESDAY**

JANUARY 9  
THURSDAY

JANUARY 10  
FRIDAY

JANUARY 11  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# January 12 - 18, 2025

## YOUR FOCUS :

## WEEK 3

JANUARY 12  
SUNDAY

JANUARY 13  
MONDAY

JANUARY 14  
TUESDAY

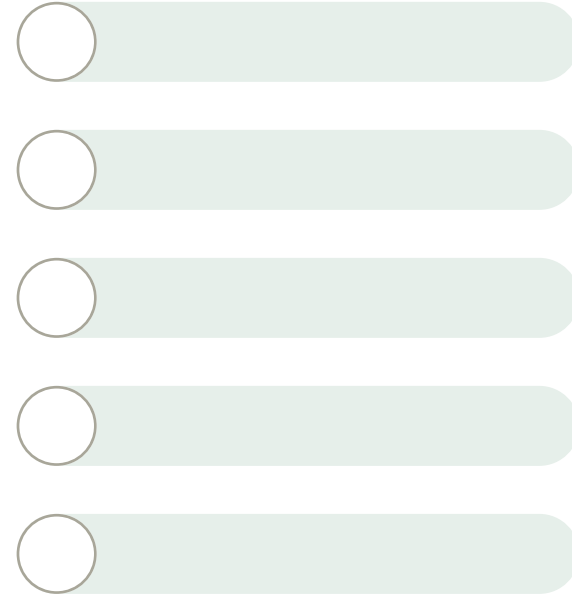
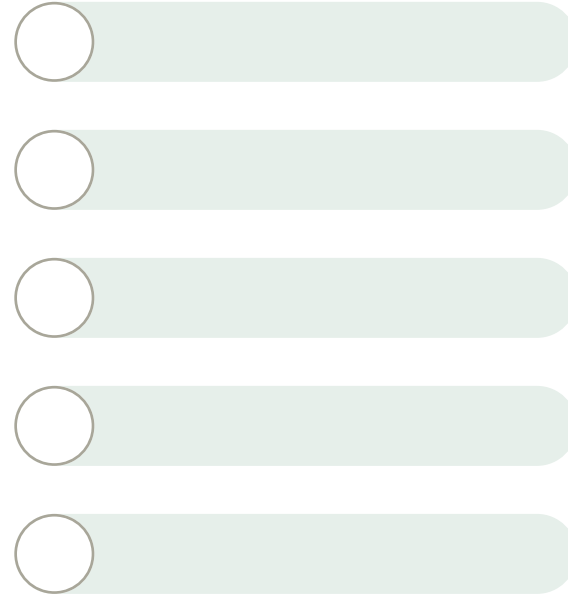
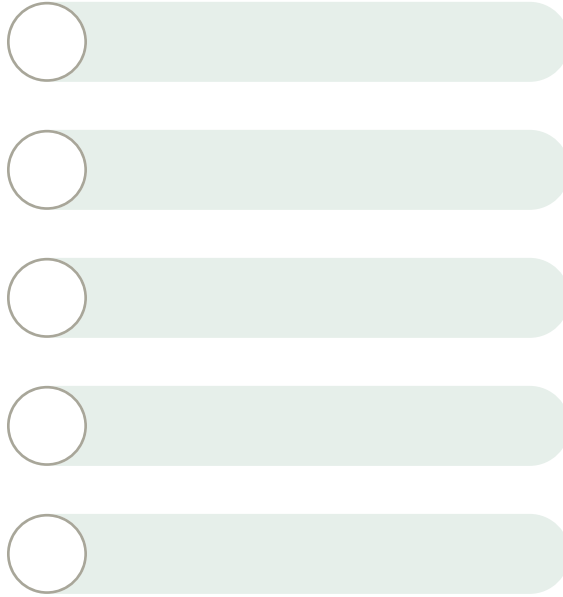
JANUARY 15  
WEDNESDAY

JANUARY 16  
THURSDAY

JANUARY 17  
FRIDAY

JANUARY 18  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# January 19 - 25, 2025

## YOUR FOCUS :

## WEEK 4

JANUARY 19  
SUNDAY

JANUARY 20  
MONDAY

JANUARY 21  
TUESDAY

JANUARY 22  
WEDNESDAY

JANUARY 23  
THURSDAY

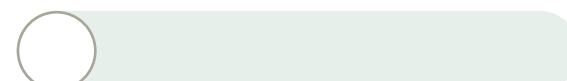
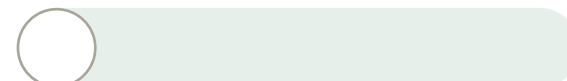
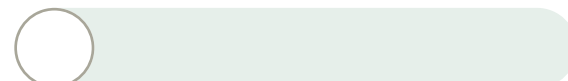
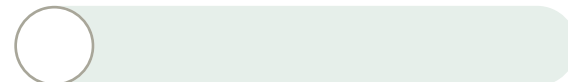
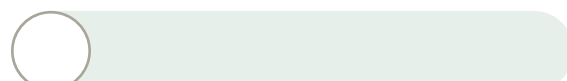
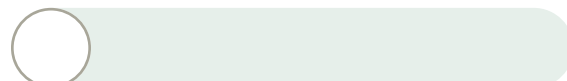
JANUARY 24  
FRIDAY

JANUARY 25  
SATURDAY

## Inauguration Day



## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_



JANUARY 26  
SUNDAY

JANUARY 27  
MONDAY

JANUARY 28  
TUESDAY

JANUARY 29  
WEDNESDAY

JANUARY 30  
THURSDAY

JANUARY 31  
FRIDAY

FEBRUARY 1  
SATURDAY

## TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The bars are light green and extend across the width of the page.

Five horizontal progress bars, each preceded by a circle, for self-assessment. The bars are currently empty.

## Your Goals



## Priorities



## Today's Focus

[illegible]

## Notes

♥ I am grateful for : \_\_\_\_\_

# February 2 - 8, 2025

## YOUR FOCUS :

## WEEK 6

FEBRUARY 2  
SUNDAY

FEBRUARY 3  
MONDAY

FEBRUARY 4  
TUESDAY

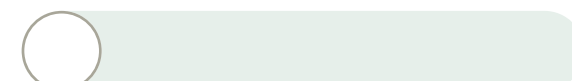
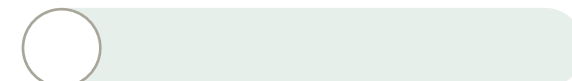
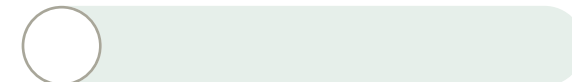
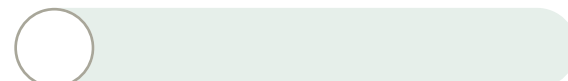
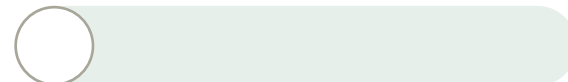
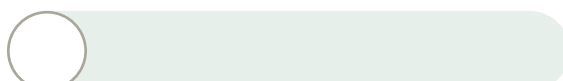
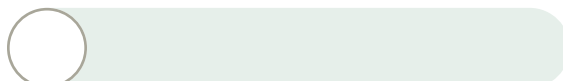
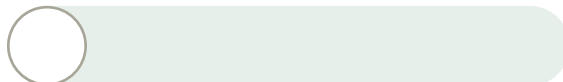
FEBRUARY 5  
WEDNESDAY

FEBRUARY 6  
THURSDAY

FEBRUARY 7  
FRIDAY

FEBRUARY 8  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# February 9 - 15, 2025

## YOUR FOCUS :

## WEEK 7

FEBRUARY 9  
SUNDAY

FEBRUARY 10  
MONDAY

FEBRUARY 11  
TUESDAY

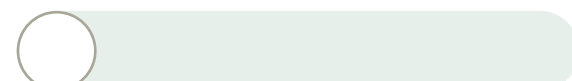
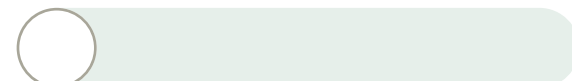
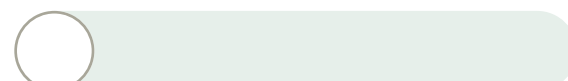
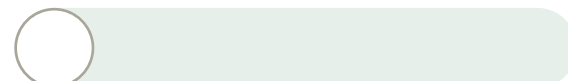
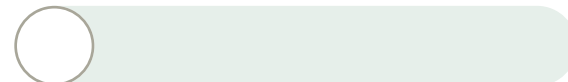
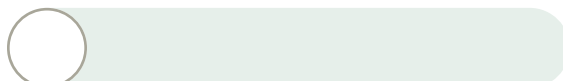
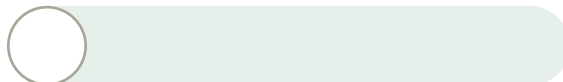
FEBRUARY 12  
WEDNESDAY

FEBRUARY 13  
THURSDAY

FEBRUARY 14  
FRIDAY

FEBRUARY 15  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# February 16 - 22, 2025

## YOUR FOCUS :

# WEEK 8

FEBRUARY 15

**SUNDAY**

FEBRUARY 17

## MONDAY

# Presidents Day

FEBRUARY 18

TUESDAY

FEBRUARY 19

WEDNESDAY

FEBRUARY 20

THURSDAY

FEBRUARY 23

FRIDAY

FEBRUARY 22

SATURDAY



## TO-DC



## Your Goals



## Today's Focus

## Notes



**I am grateful for :** \_\_\_\_\_

# February 23 - March 1, 2025

## YOUR FOCUS :

# WEEK 9

FEBRUARY 2.

FEBRUARY 2

## FEBRUARY

## FEBRUARY

FEBRUAR

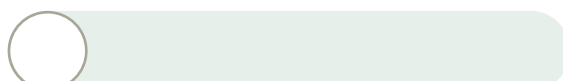
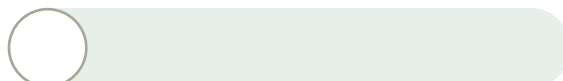
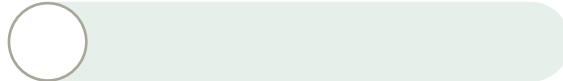
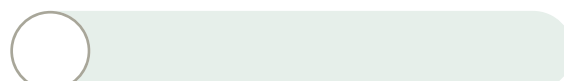
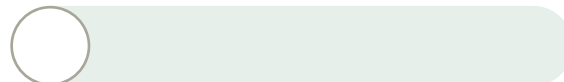
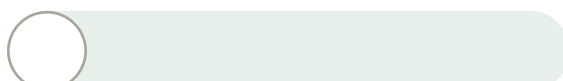
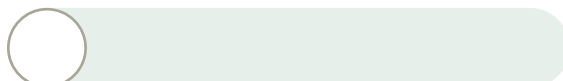
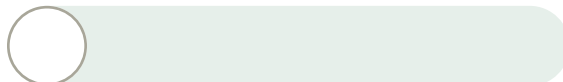
FEBRUARY

MARCH 1

# TO-DC

## Your Goals

## Priorities



## Today's Focus

## Notes



**March 2 - 8, 2025**

## YOUR FOCUS :

## WEEK 10

MARCH 2  
SUNDAY

MARCH 3  
MONDAY

MARCH 4  
TUESDAY

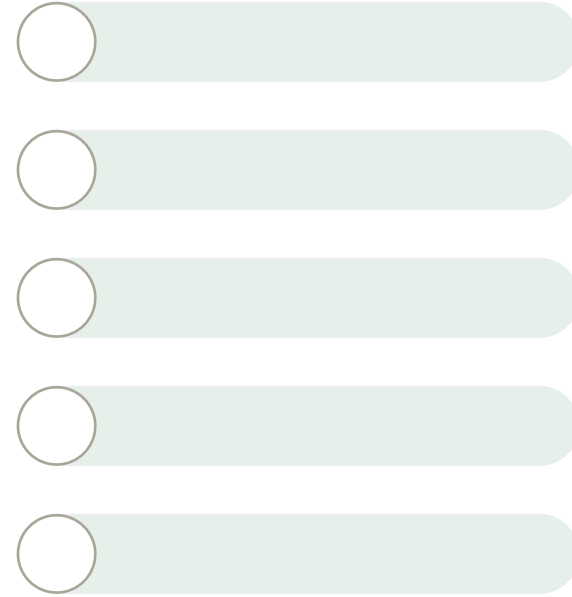
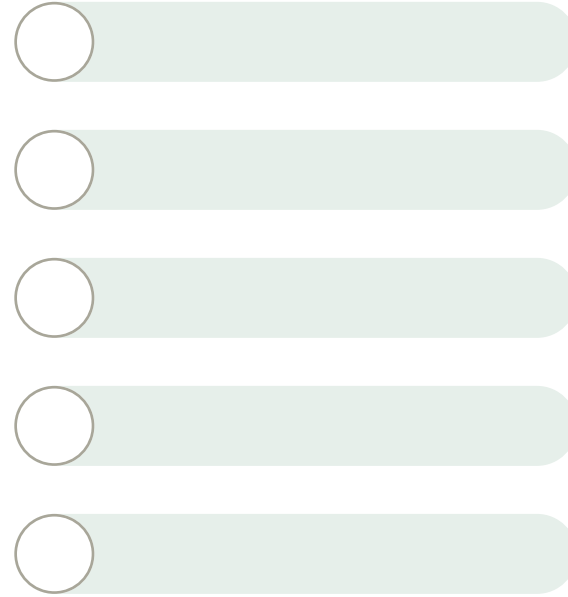
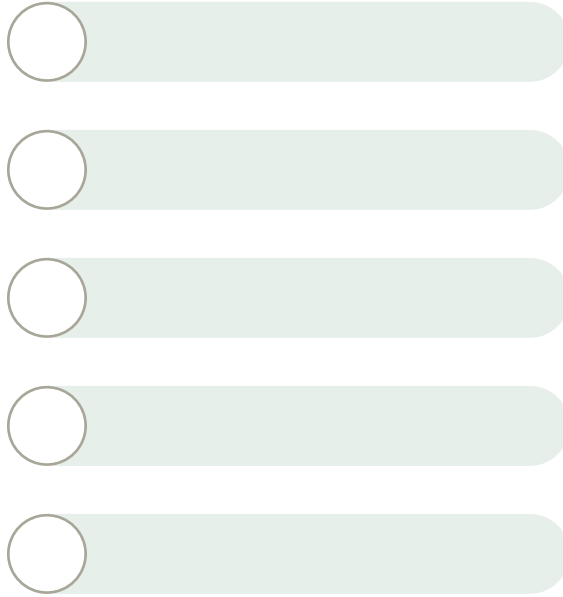
MARCH 5  
WEDNESDAY

MARCH 6  
THURSDAY

MARCH 7  
FRIDAY

MARCH 8  
SATURDAY

## TO-DO



## Your Goals

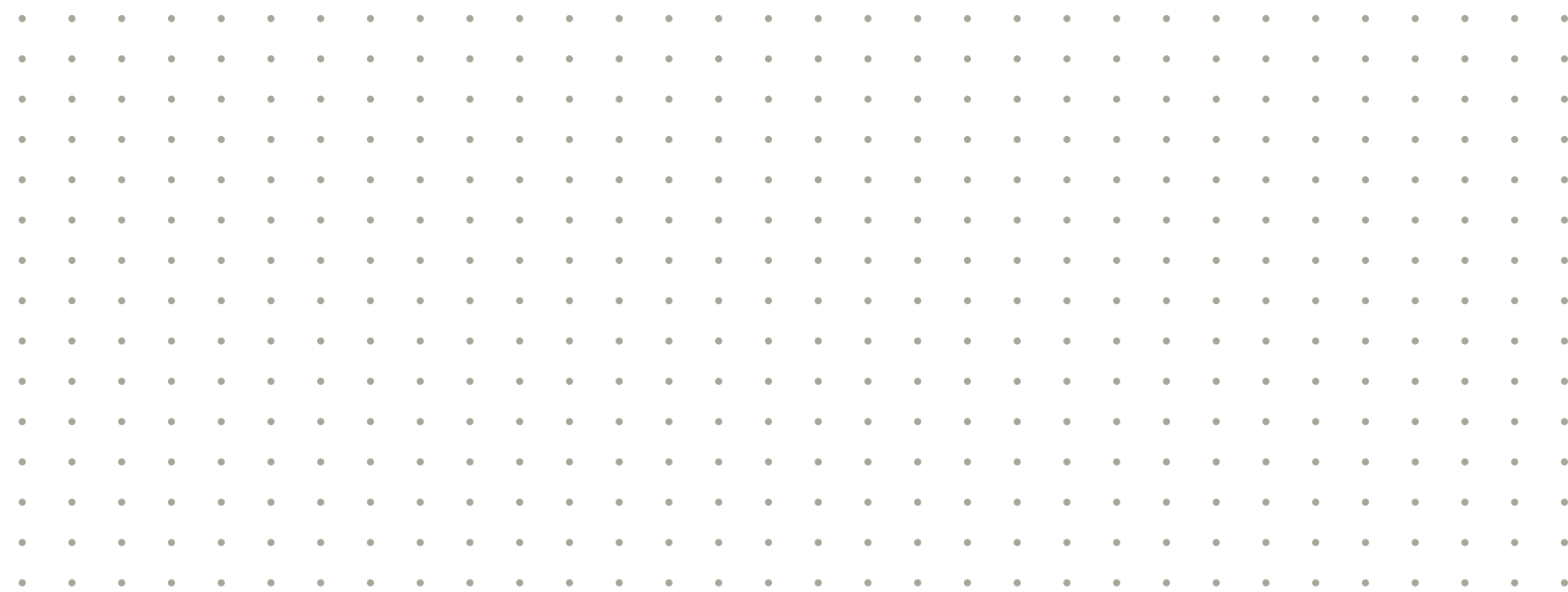


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

# March 9 - 15, 2025

## YOUR FOCUS :

## WEEK 11

MARCH 9  
SUNDAY

MARCH 10  
MONDAY

MARCH 11  
TUESDAY

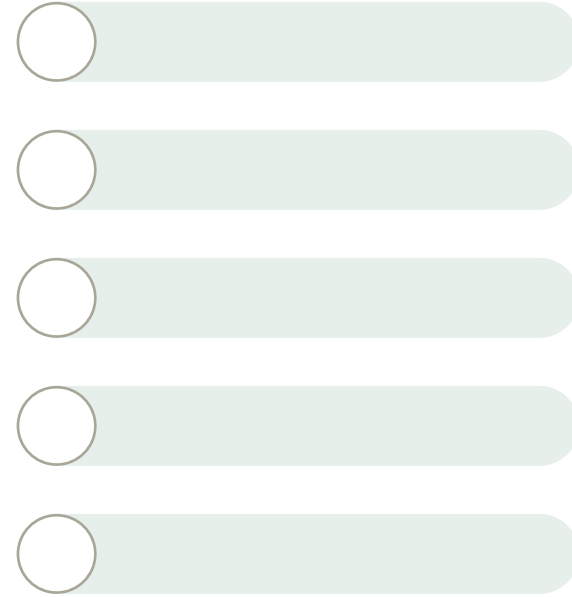
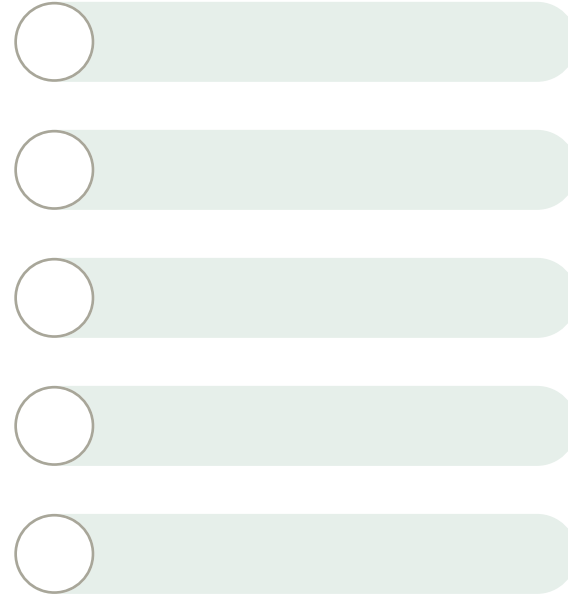
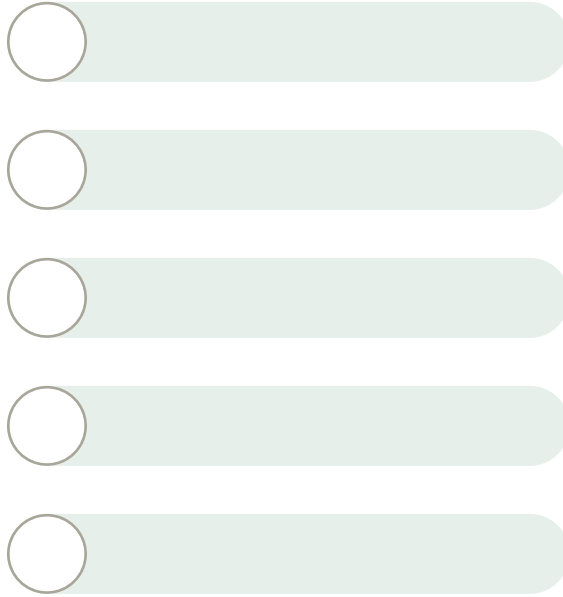
MARCH 12  
WEDNESDAY

MARCH 13  
THURSDAY

MARCH 14  
FRIDAY

MARCH 15  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# March 16 - 22, 2025

## YOUR FOCUS :

## WEEK 12

MARCH 16  
SUNDAY

MARCH 17  
MONDAY

MARCH 18  
TUESDAY

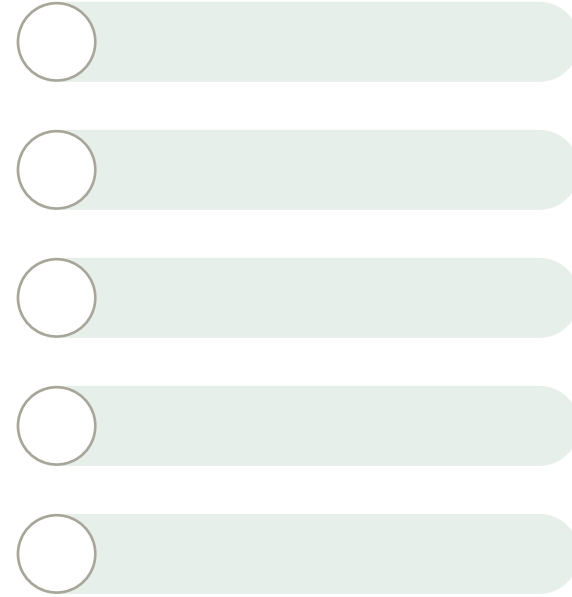
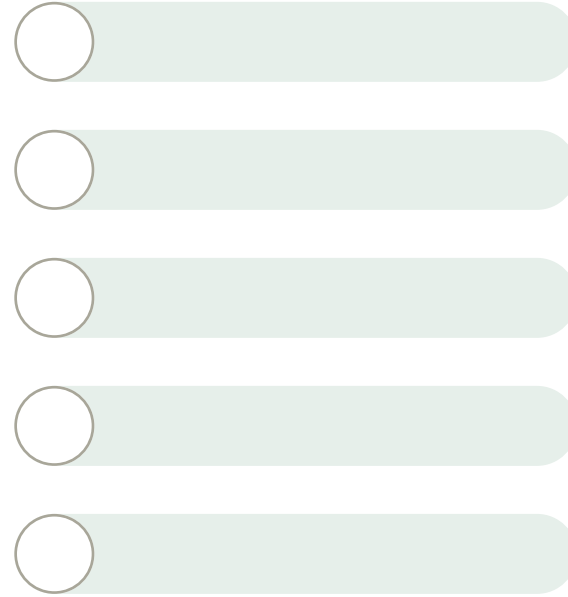
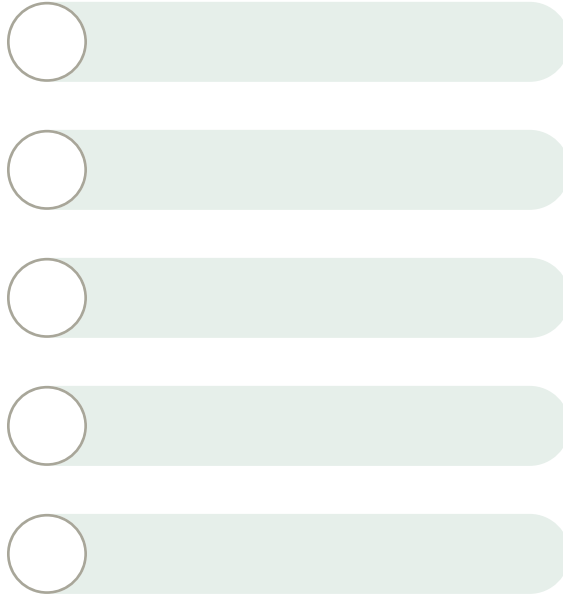
MARCH 19  
WEDNESDAY

MARCH 20  
THURSDAY

MARCH 21  
FRIDAY

MARCH 22  
SATURDAY

## TO-DO



## Your Goals

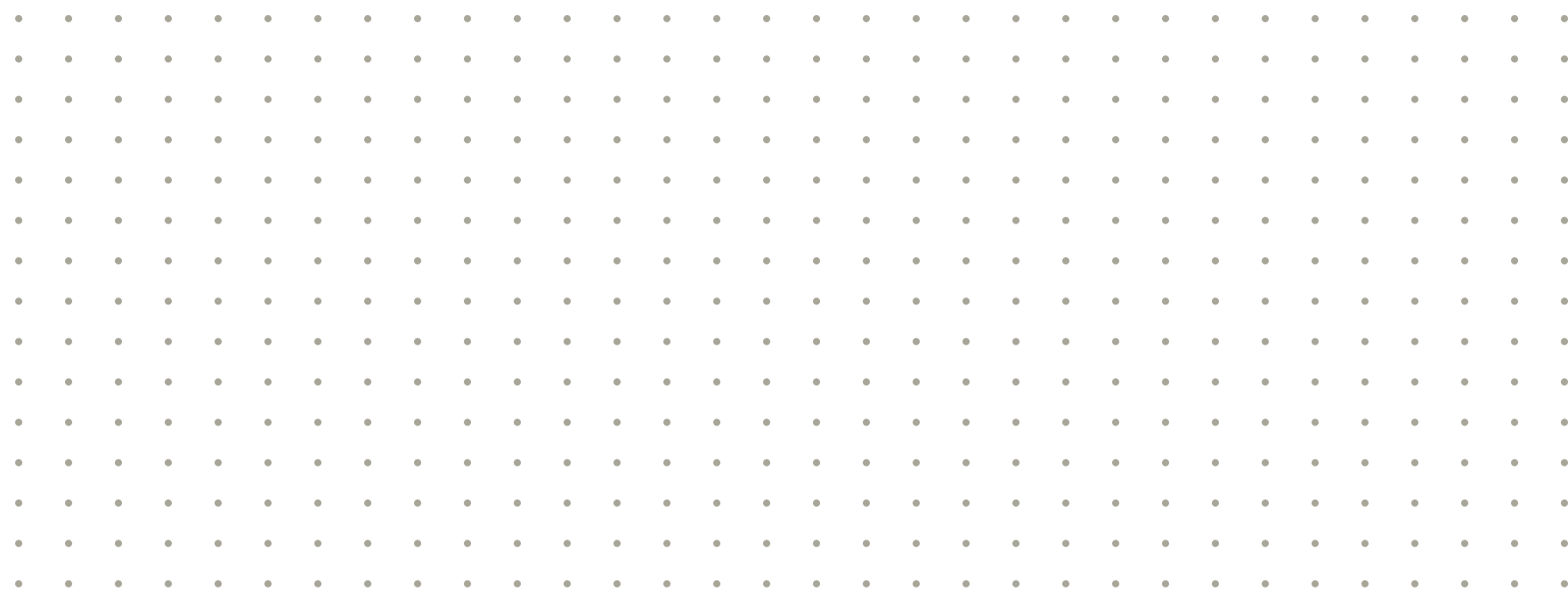


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_



## March 23 - 29, 2025

## YOUR FOCUS :

## WEEK 13

MARCH 23  
SUNDAY

MARCH 24  
MONDAY

MARCH 25  
TUESDAY

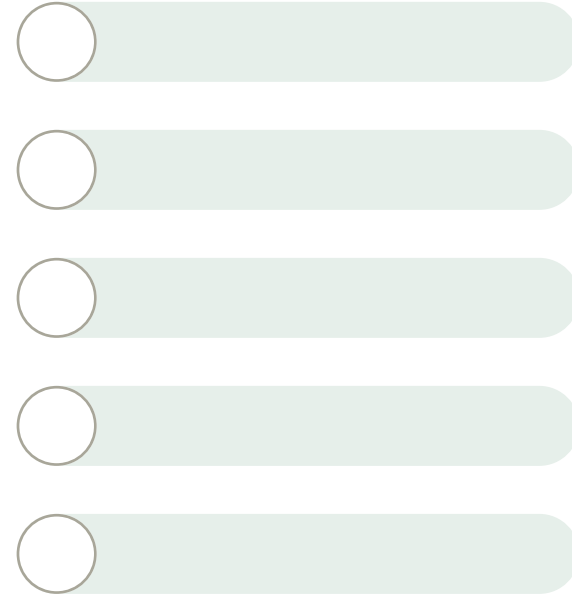
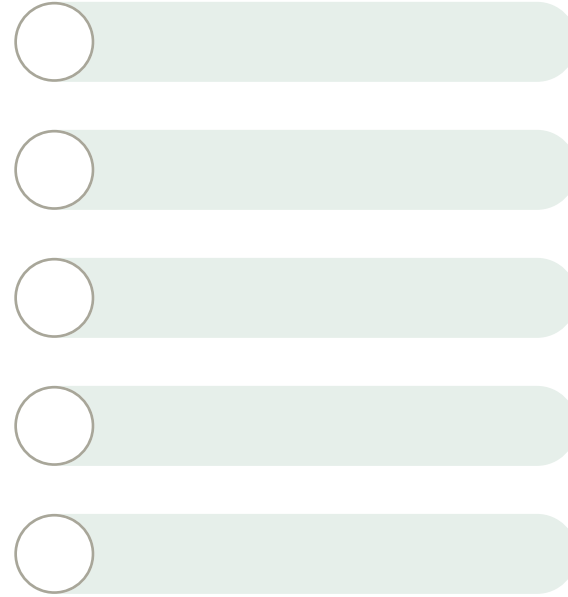
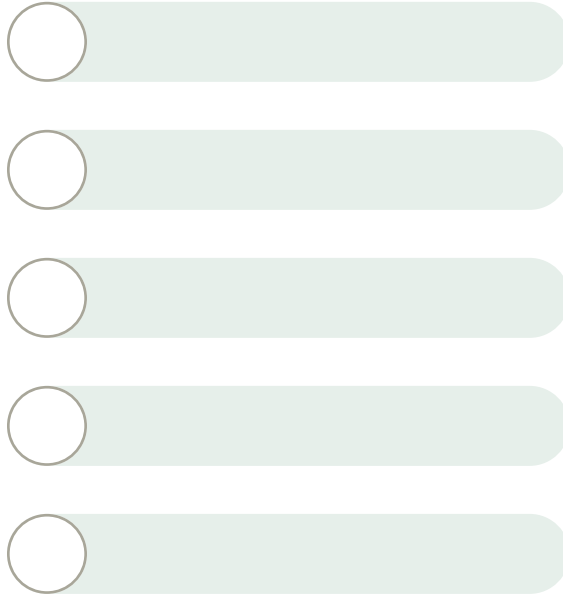
MARCH 26  
WEDNESDAY

MARCH 27  
THURSDAY

MARCH 28  
FRIDAY

MARCH 29  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

## March 30 - April 5, 2025

## YOUR FOCUS :

## WEEK 14

MARCH 30  
SUNDAY

MARCH 31  
MONDAY

APRIL 1  
TUESDAY

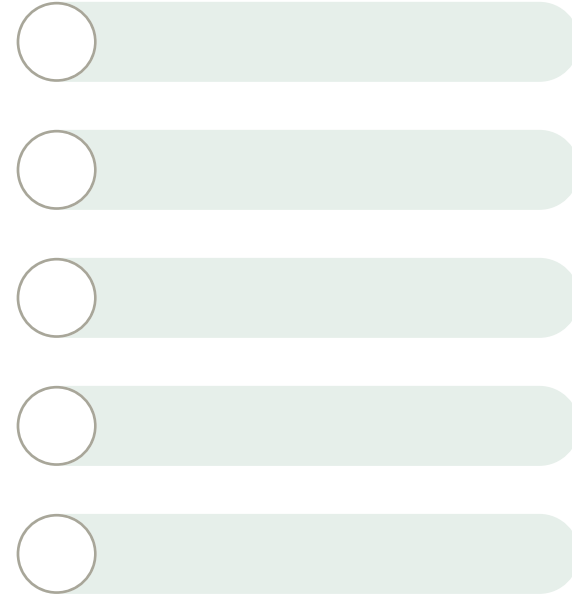
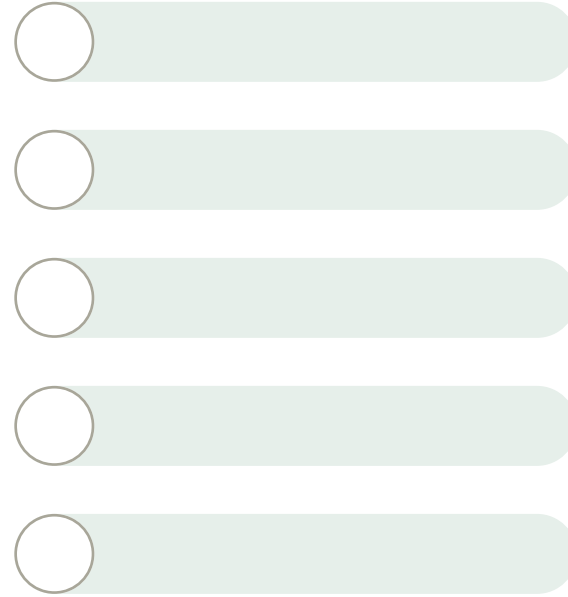
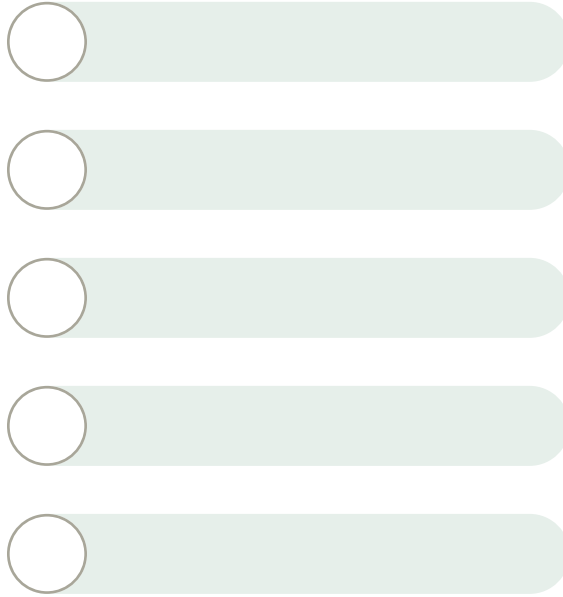
APRIL 2  
WEDNESDAY

APRIL 3  
THURSDAY

APRIL 4  
FRIDAY

APRIL 5  
SATURDAY

## TO-DO



## Your Goals

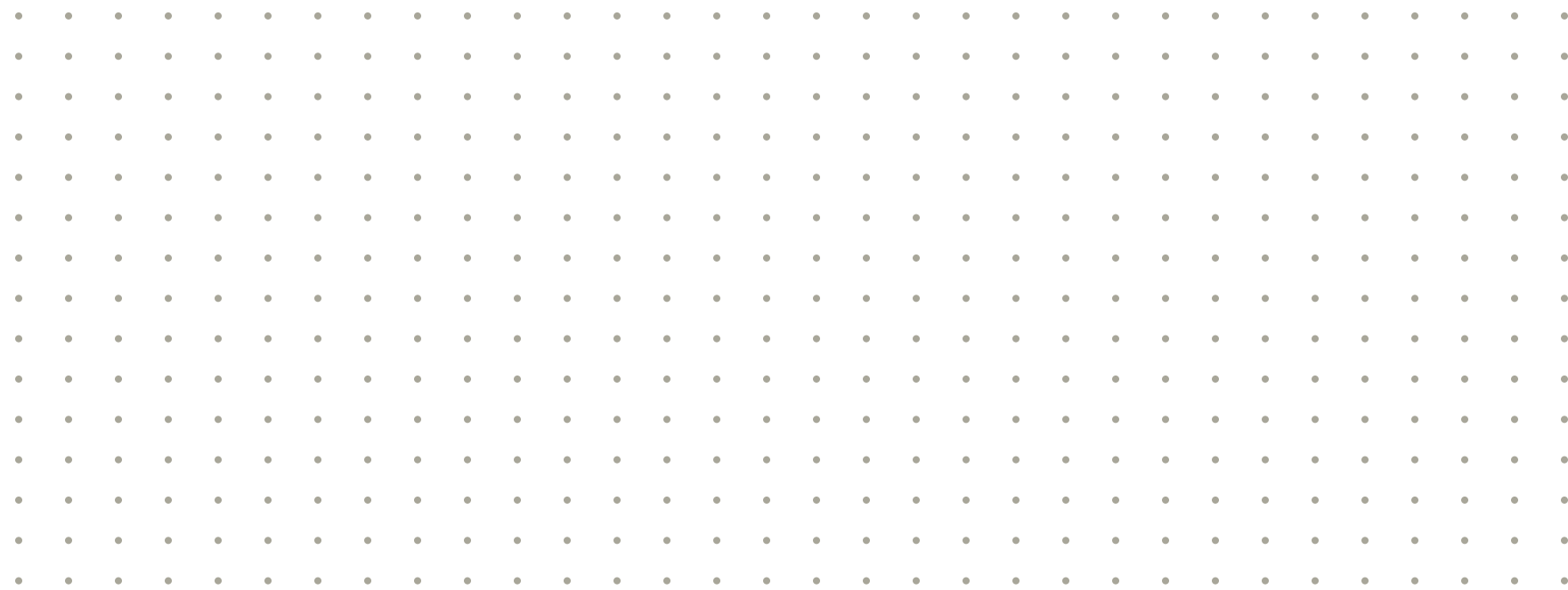


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

April 6 - 12, 2025

## YOUR FOCUS :

## WEEK 15

APRIL 6  
SUNDAY

APRIL 7  
MONDAY

APRIL 8  
TUESDAY

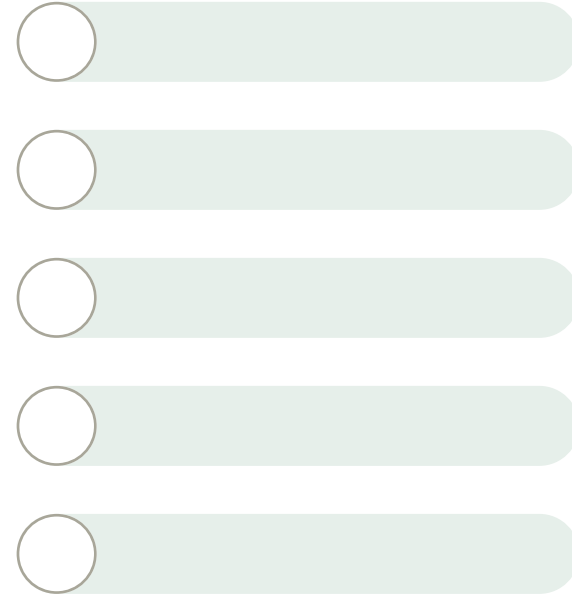
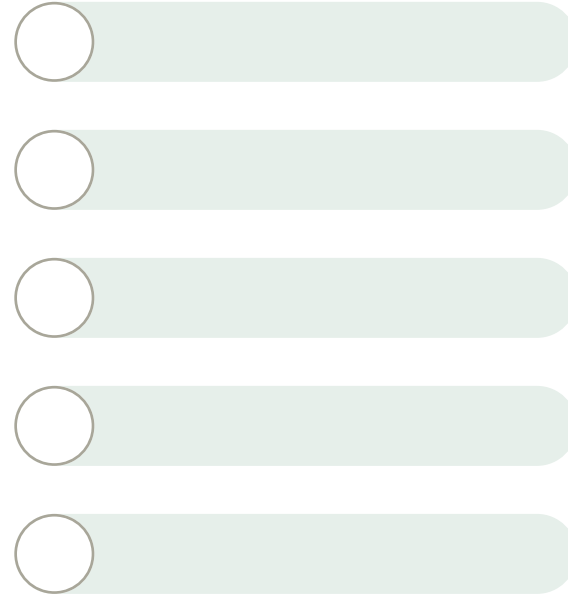
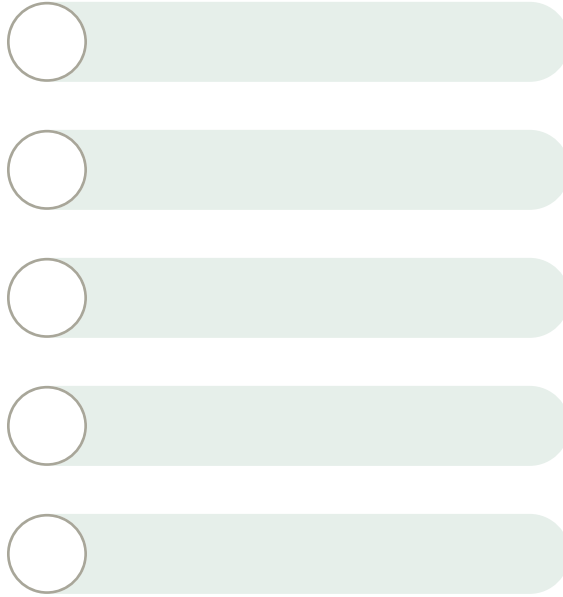
APRIL 9  
WEDNESDAY

APRIL 10  
THURSDAY

APRIL 11  
FRIDAY

APRIL 12  
SATURDAY

## TO-DO



## Your Goals

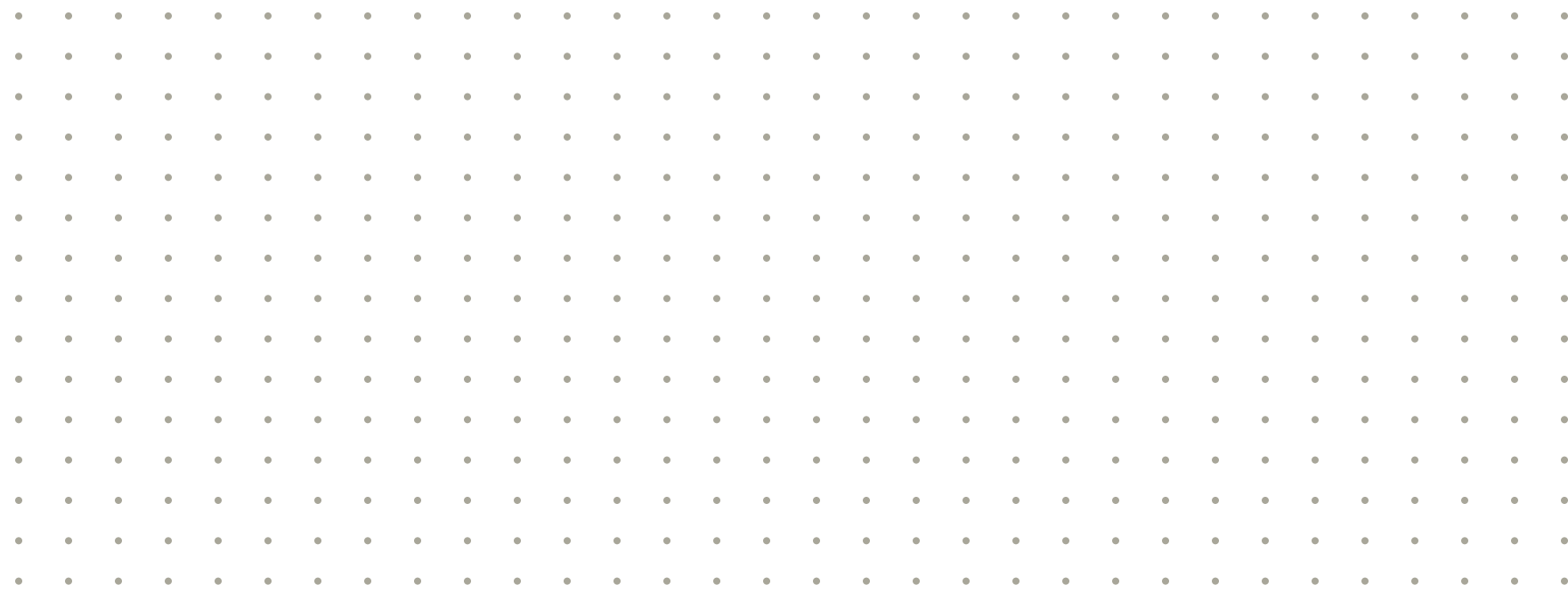


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

April 13 - 19, 2025

## YOUR FOCUS :

## WEEK 16

APRIL 13  
SUNDAY

APRIL 14  
MONDAY

APRIL 15  
TUESDAY


APRIL 16  
WEDNESDAY

APRIL 17  
THURSDAY

APRIL 18  
FRIDAY

APRIL 19  
SATURDAY

## TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The progress bars are currently empty.

Five horizontal progress bars, each preceded by a small circle, for self-assessment. The bars are light green and currently empty.

## Your Goals



## Priorities



## Today's Focus

[illegible]

## Notes

A large grid of small dots for writing, with a vertical line on the left side. The grid is composed of 20 columns and 20 rows of dots. The vertical line is positioned to the left of the first column of dots.

♥ I am grateful for : \_\_\_\_\_

**April 20 - 26, 2025**

## YOUR FOCUS :

## WEEK 17

APRIL 20  
SUNDAY

APRIL 21  
MONDAY

APRIL 22  
TUESDAY

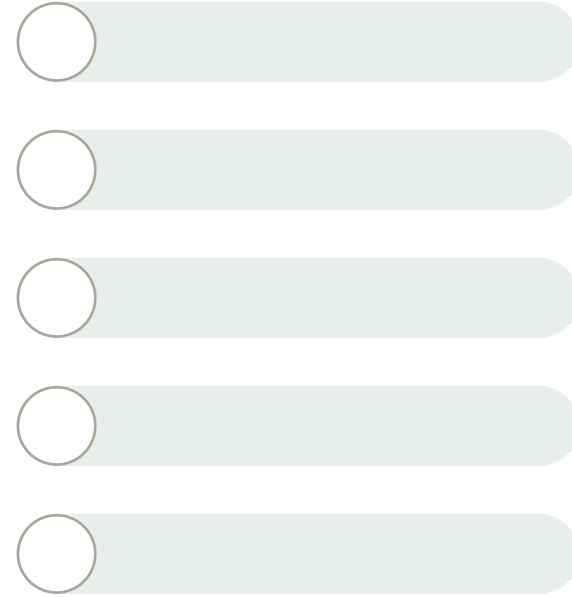
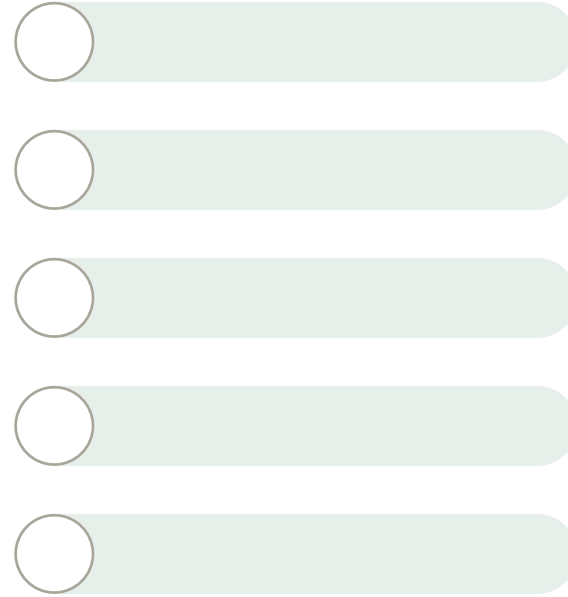
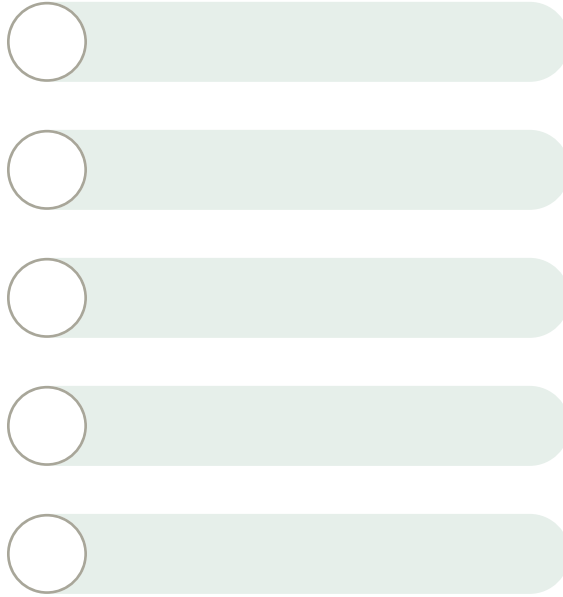
APRIL 23  
WEDNESDAY

APRIL 24  
THURSDAY

APRIL 25  
FRIDAY

APRIL 26  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

**April 27 - May 3, 2025**

## YOUR FOCUS :

## WEEK 18

APRIL 27  
SUNDAY

APRIL 28  
MONDAY

APRIL 29  
TUESDAY

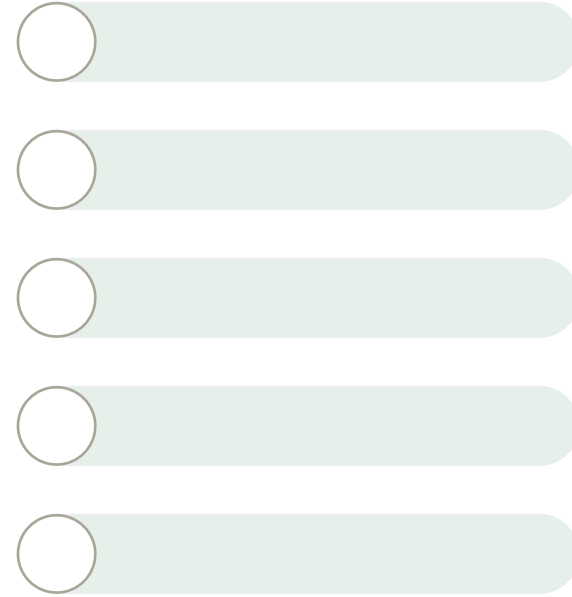
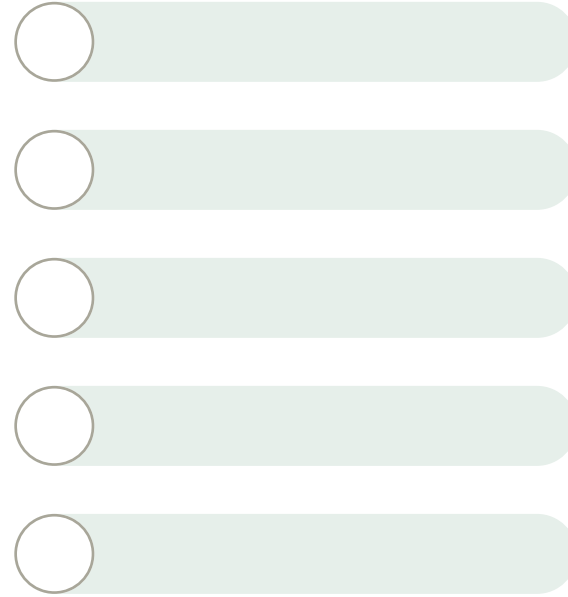
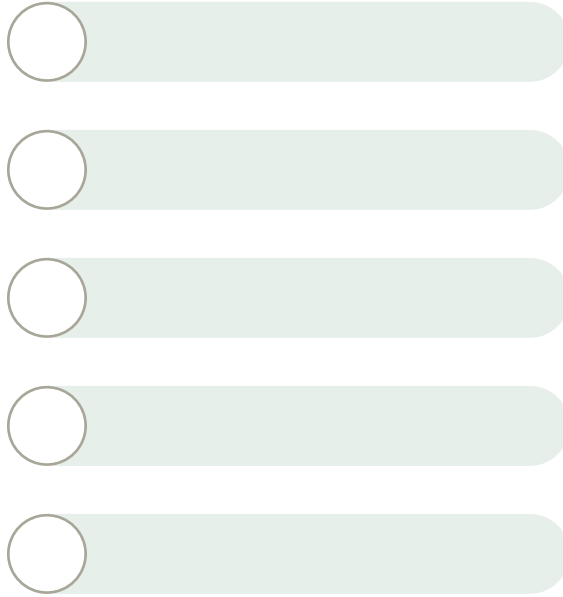
APRIL 30  
WEDNESDAY

MAY 1  
THURSDAY

MAY 2  
FRIDAY

MAY 3  
SATURDAY

## TO-DO



## Your Goals

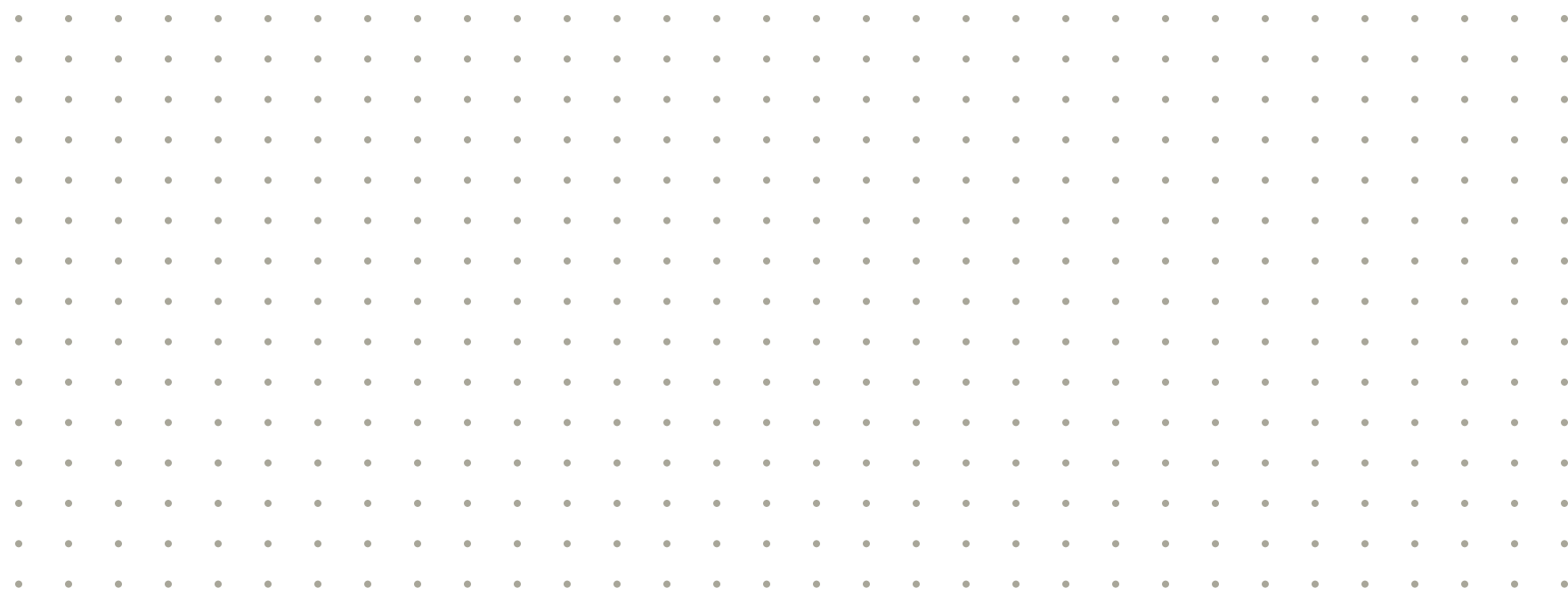


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

**May 4 - 10, 2025**

## YOUR FOCUS :

## WEEK 19

MAY 4  
SUNDAY

MAY 5  
MONDAY

MAY 6  
TUESDAY

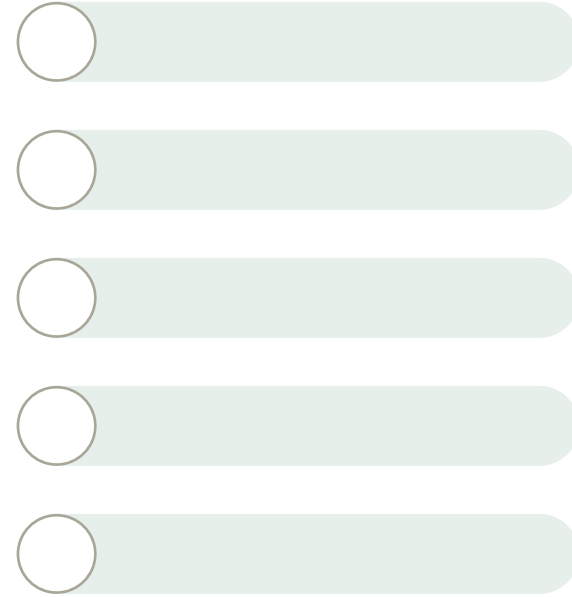
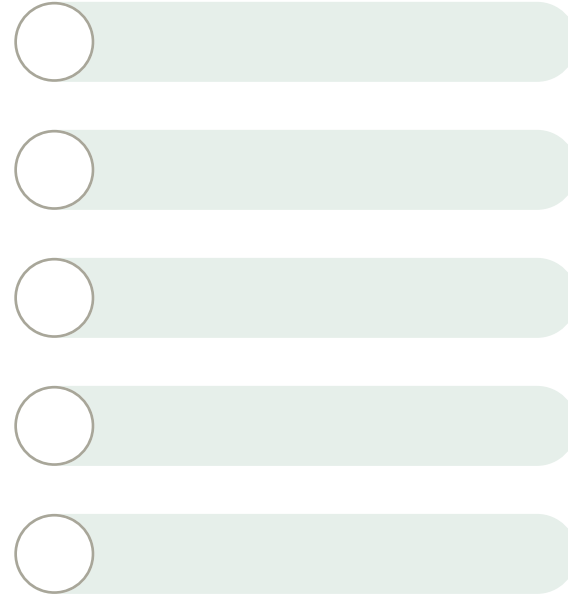
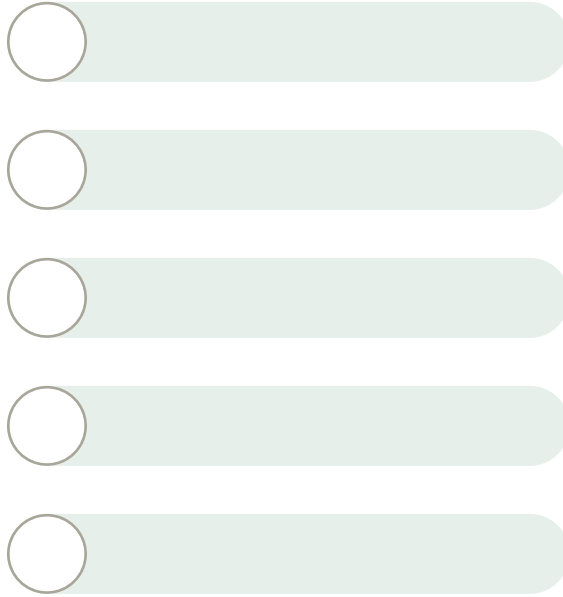
MAY 7  
WEDNESDAY

MAY 8  
THURSDAY

MAY 9  
FRIDAY

MAY 10  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

**May 11 - 17, 2025**

## YOUR FOCUS :

## WEEK 20

MAY 11  
SUNDAY

MAY 12  
MONDAY

MAY 13  
TUESDAY

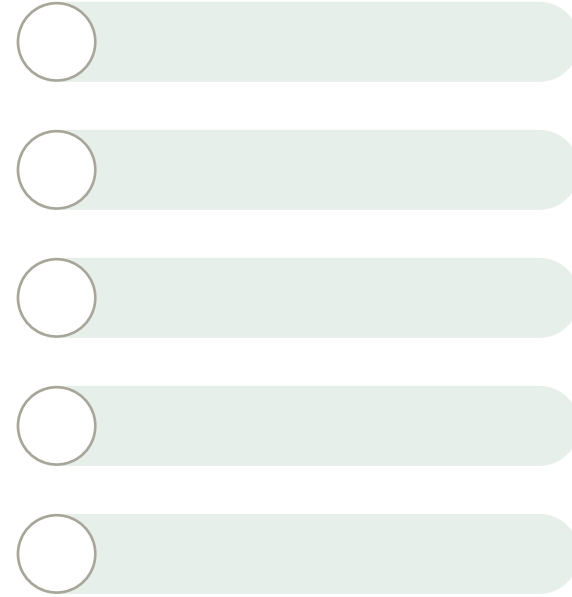
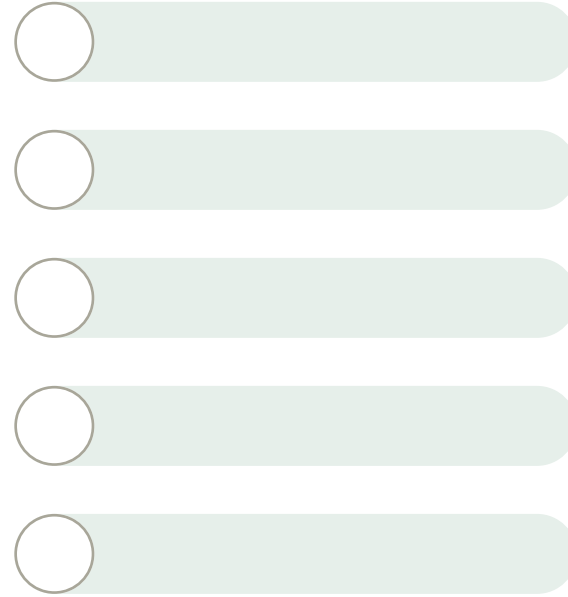
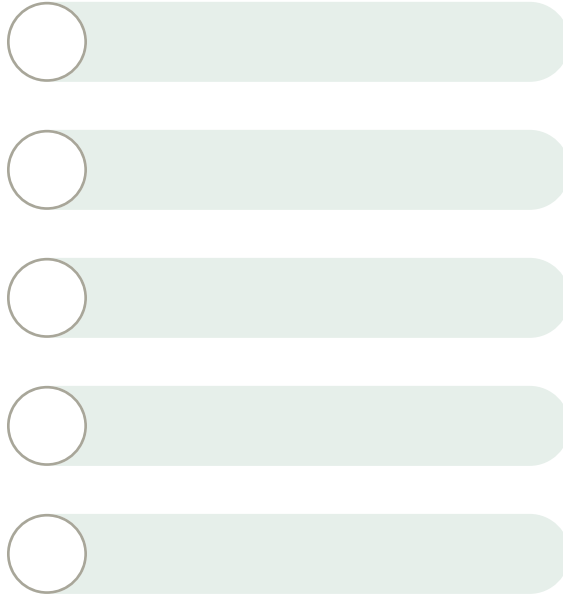
MAY 14  
WEDNESDAY

MAY 15  
THURSDAY

MAY 16  
FRIDAY

MAY 17  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_



**May 18 - 24, 2025**

## YOUR FOCUS :

## WEEK 21

MAY 18  
SUNDAY

MAY 19  
MONDAY

MAY 20  
TUESDAY

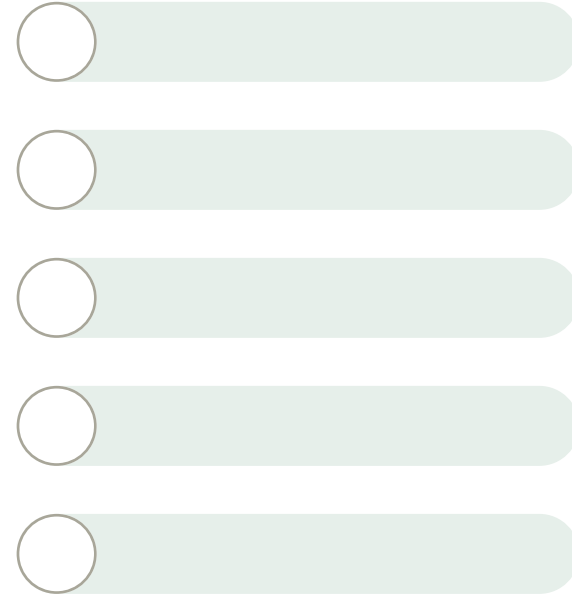
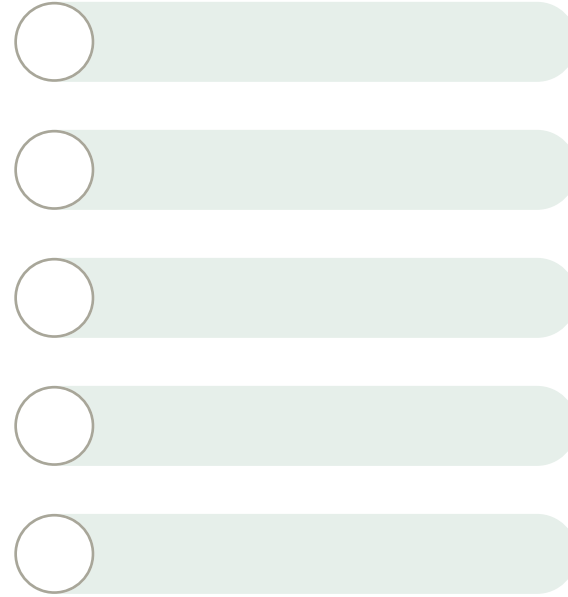
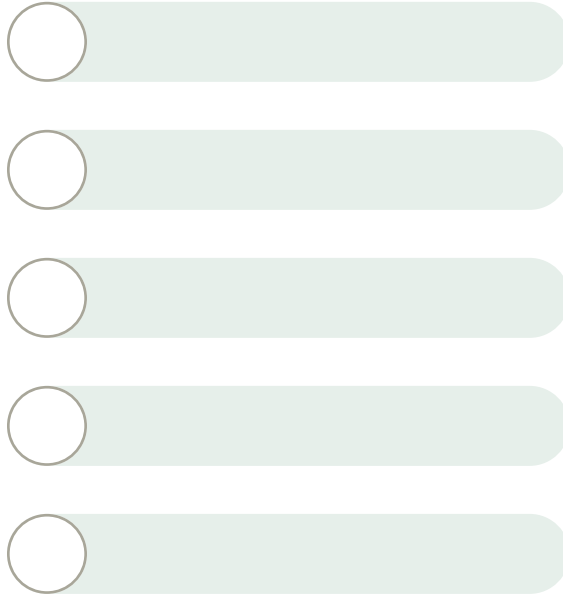
MAY 21  
WEDNESDAY

MAY 22  
THURSDAY

MAY 23  
FRIDAY

MAY 24  
SATURDAY

## TO-DO



## Your Goals

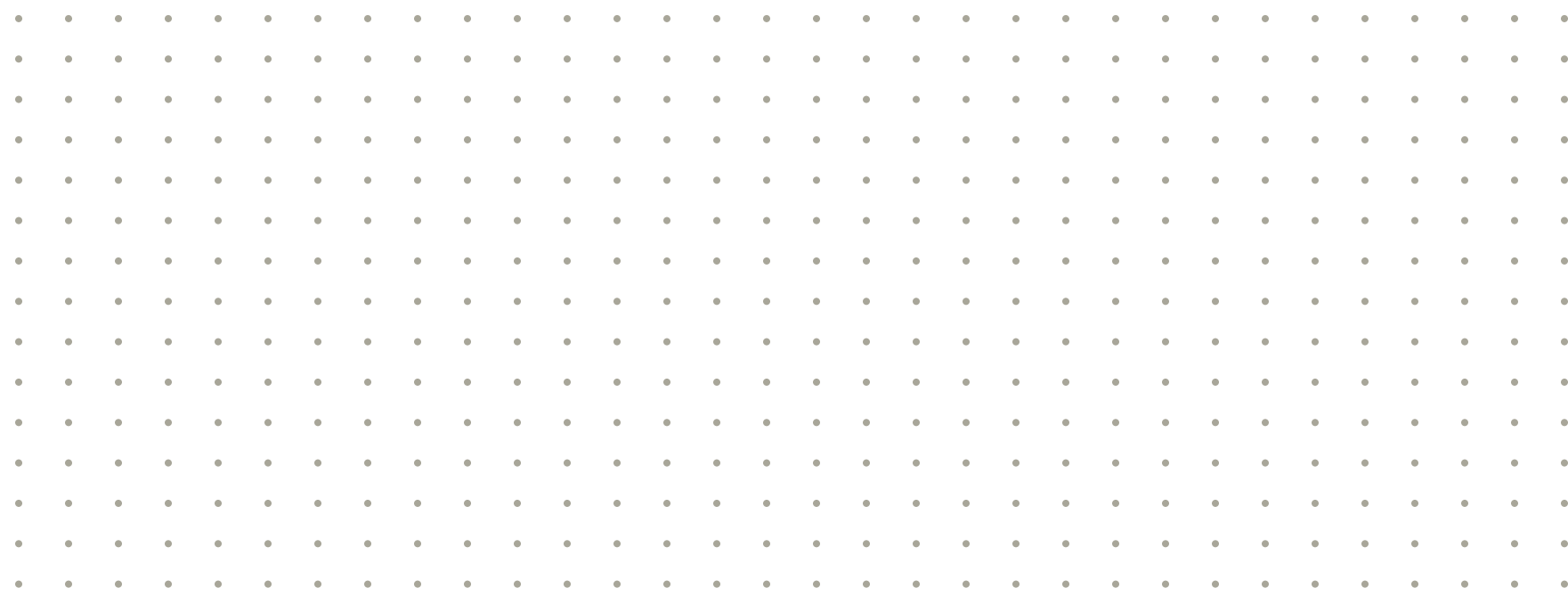


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

**May 25 - 31, 2025**

## YOUR FOCUS :

## WEEK 22

MAY 25  
SUNDAY

MAY 26  
MONDAY

MAY 27  
TUESDAY

MAY 28  
WEDNESDAY

MAY 29  
THURSDAY

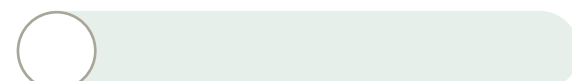
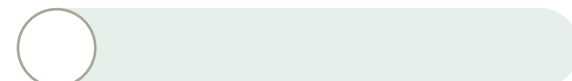
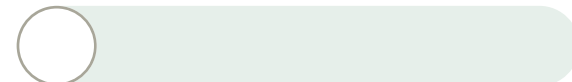
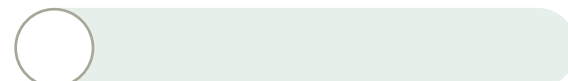
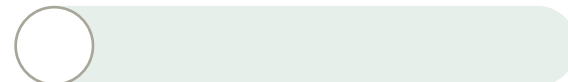
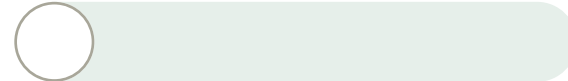
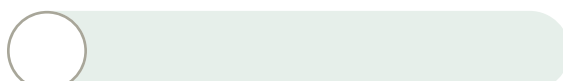
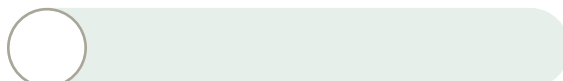
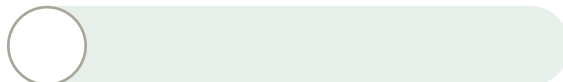
MAY 30  
FRIDAY

MAY 31  
SATURDAY

## Memorial Day



## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# June 1 - 7, 2025

## YOUR FOCUS :

## WEEK 23

JUNE 1  
SUNDAY

JUNE 2  
MONDAY

**JUNE 3  
TUESDAY**

**JUNE 4  
WEDNESDAY**

JUNE 5  
THURSDAY

JUNE 6  
FRIDAY

JUNE 7  
SATURDAY

## TO-DO



Five horizontal bars, each consisting of a white circle on the left and a light green bar extending to the right, representing 100% completion for each item.

## Your Goals



## Priorities



## Today's Focus

## Notes



♥ I am grateful for: \_\_\_\_\_

June 8 - 14, 2025

**YOUR FOCUS :** \_\_\_\_\_

## WEEK 24

**JUNE 8**  
**SUNDAY**

---

A blank calendar page for June 9, Monday. The page has a dashed border and a solid horizontal line below the date.

JUNE 10

TUESDAY

A large, empty rectangular area with a dashed border, intended for a drawing or illustration.

**JUNE 12**  
**THURSDAY**



---

## TO-DO



Five horizontal progress bars, each preceded by a circle, for self-assessment. The bars are currently empty.

# Your Goals





# Today's Focus

Notes

♥ I am grateful for : \_\_\_\_\_

**June 15 - 21, 2025**

## YOUR FOCUS :

## WEEK 25

**JUNE 15**  
**SUNDAY**

**JUNE 16  
MONDAY**

JUNE 17  
TUESDAY

**JUNE 18**  
**WEDNESDAY**

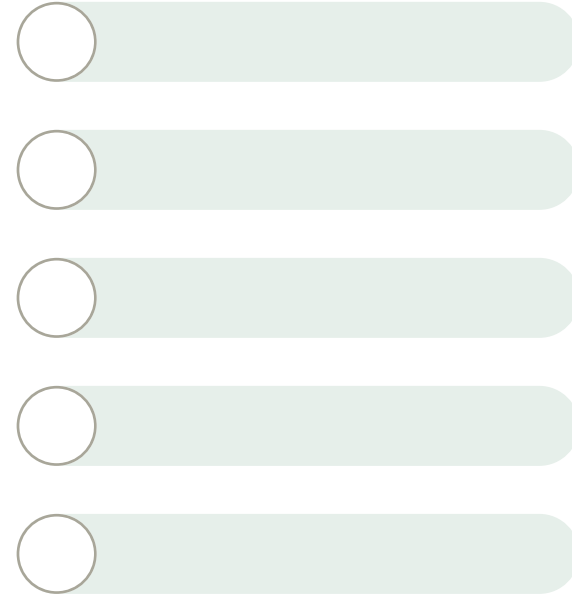
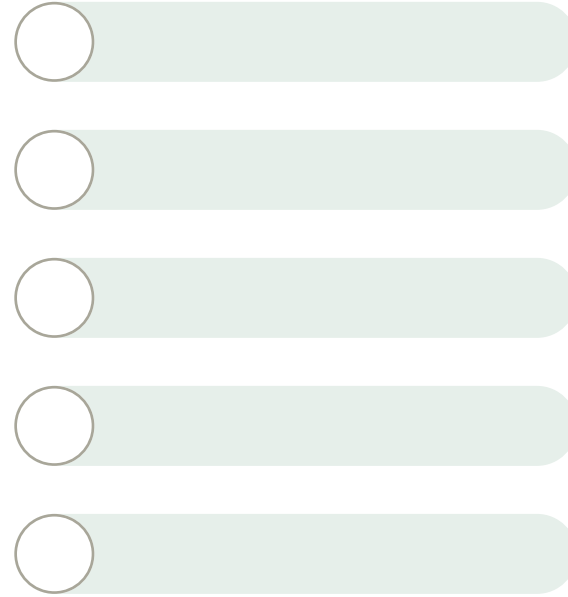
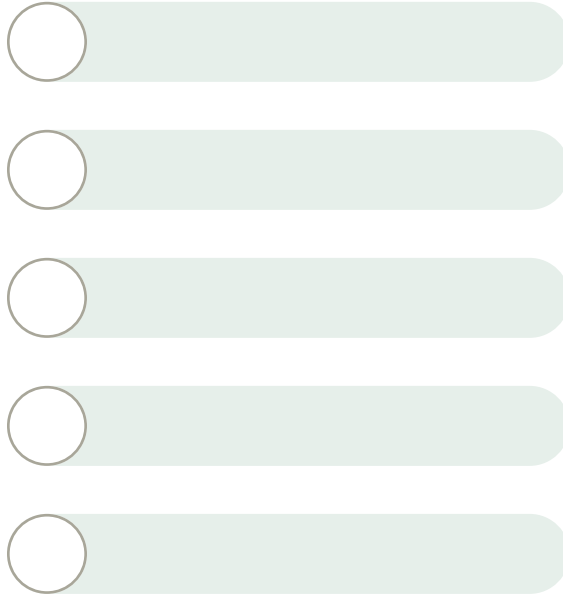
**JUNE 19  
THURSDAY**

JUNE 20  
FRIDAY

JUNE 21  
SATURDAY

## Juneteenth

## TO-DO



## Your Goals

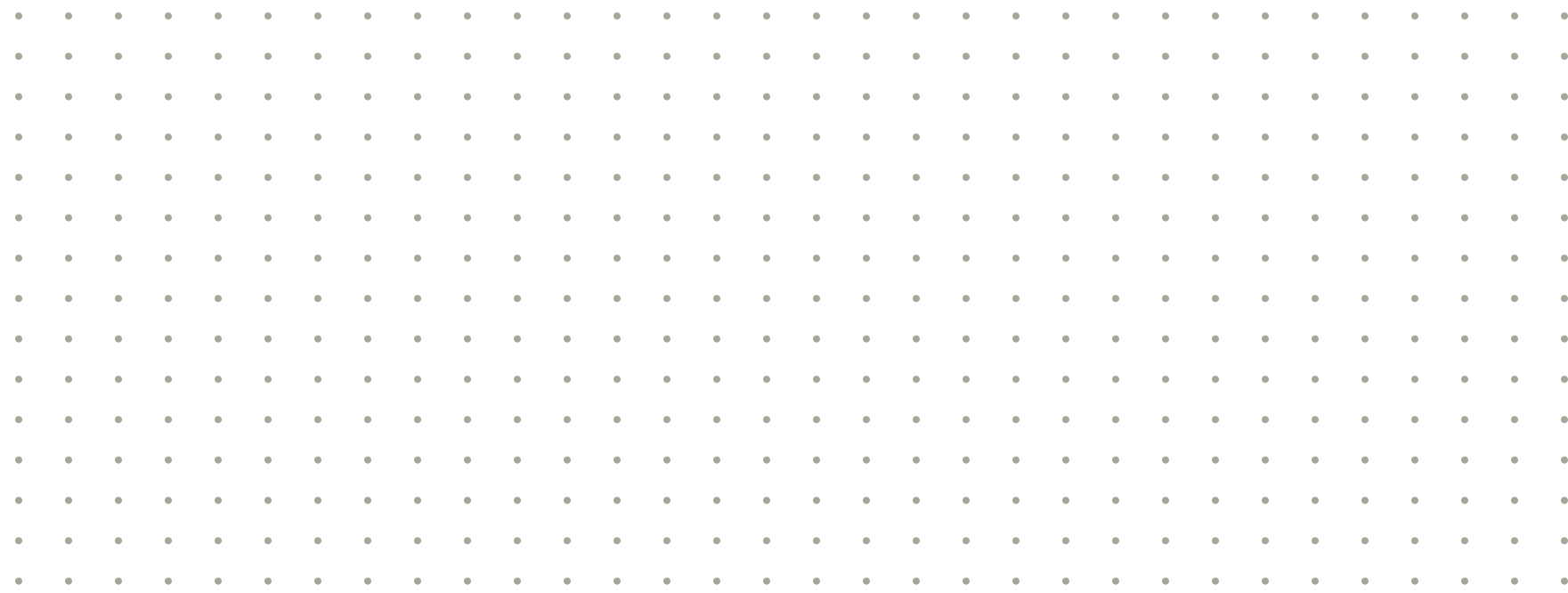


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

# June 22 - 28, 2025

## YOUR FOCUS :

## WEEK 26

JUNE 22  
SUNDAY

**JUNE 23  
MONDAY**

JUNE 24  
TUESDAY

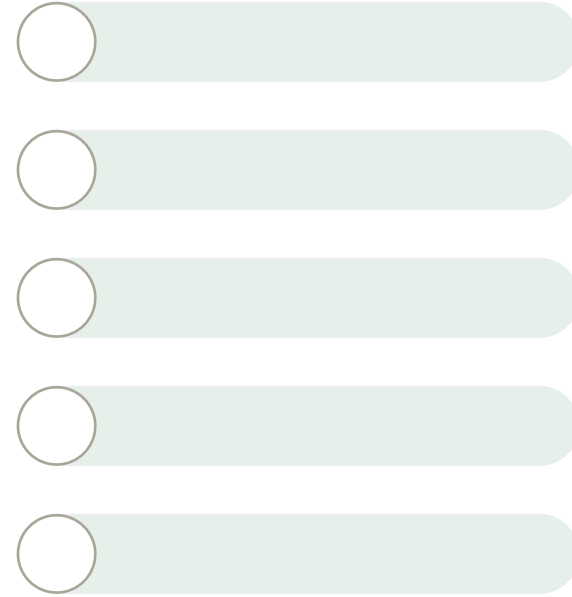
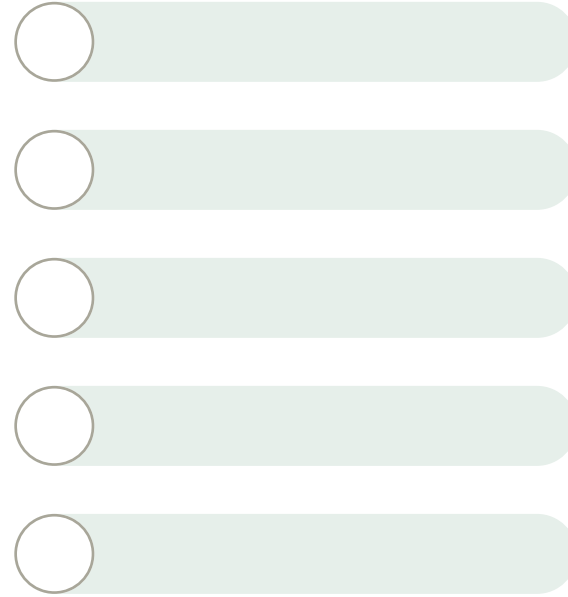
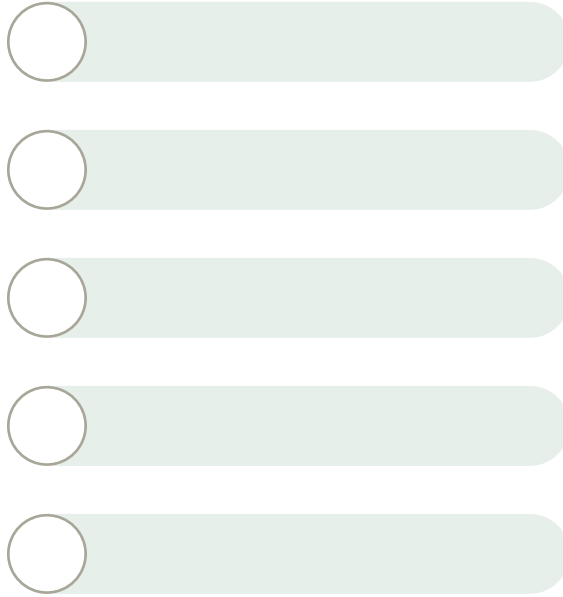
**JUNE 25  
WEDNESDAY**

JUNE 26  
THURSDAY

JUNE 27  
FRIDAY

JUNE 28  
SATURDAY

## TO-DO



## Your Goals

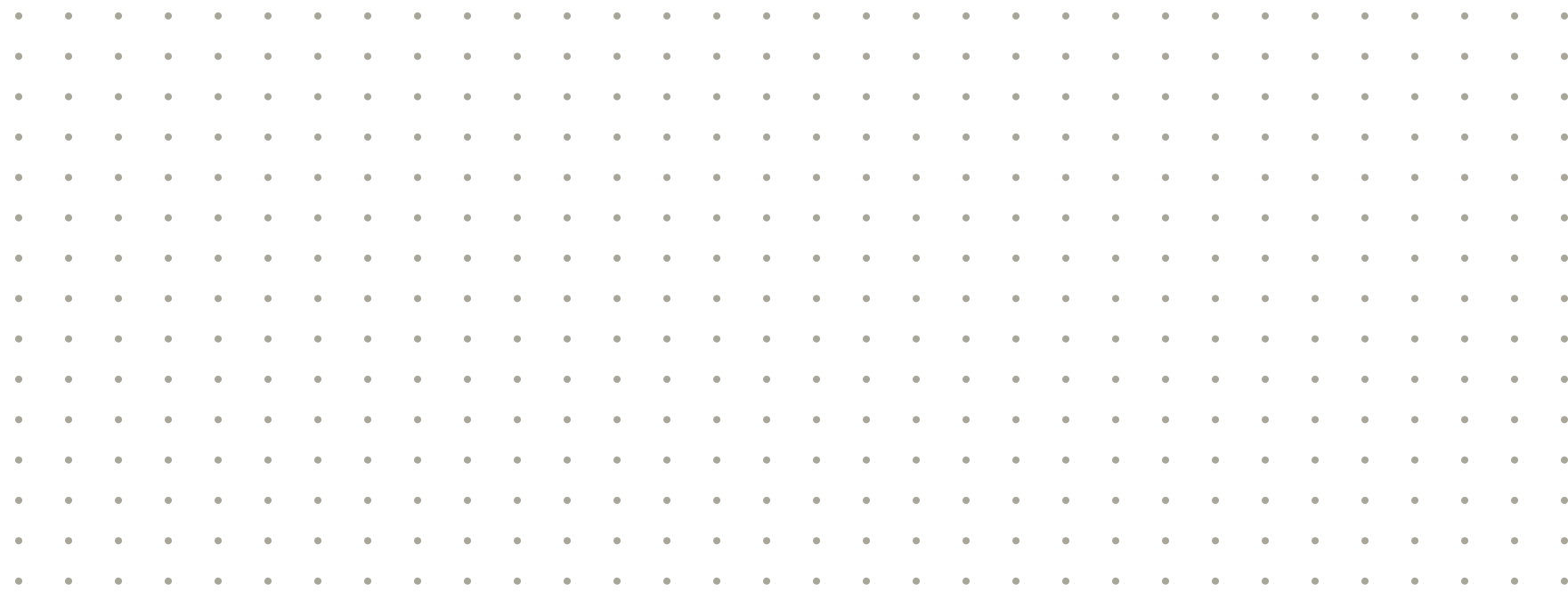


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

JUNE 29  
SUNDAY

JUNE 30  
MONDAY

JULY 1  
TUESDAY

JULY 2  
WEDNESDAY

JULY 3  
THURSDAY

JULY 4  
FRIDAY

JULY 5  
SATURDAY

Independence Day

👉

TO-DO

👈

Your Goals

Priorities 



Today's Focus

Notes

 I am grateful for :

**July 6 - 12, 2025**

## YOUR FOCUS :

## WEEK 28

**JULY 6  
SUNDAY**

JULY 7  
MONDAY

JULY 8  
TUESDAY

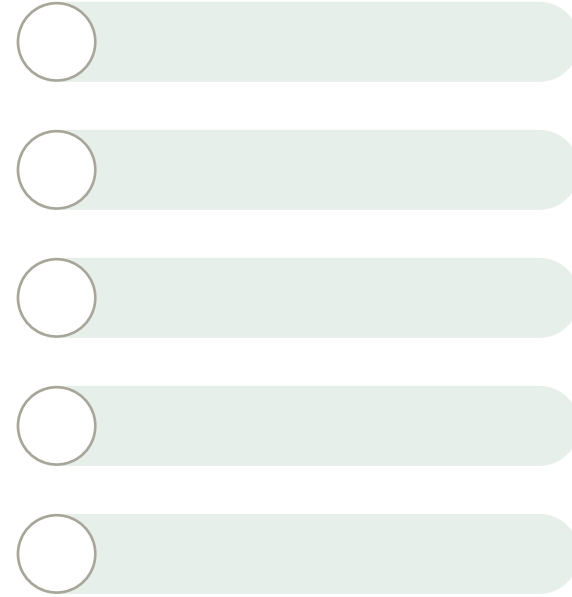
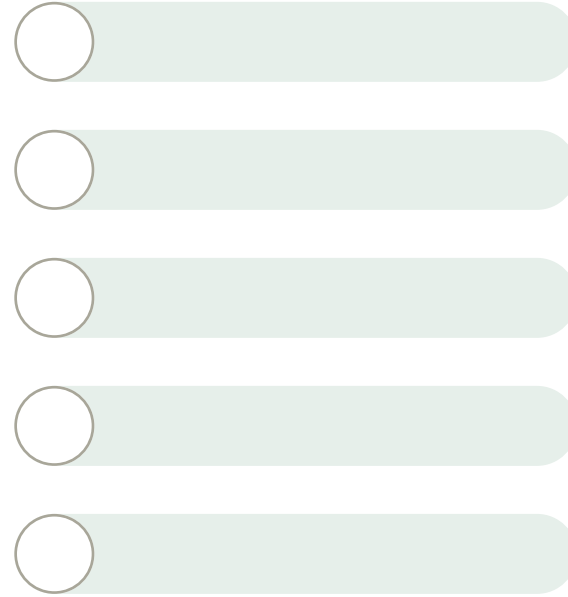
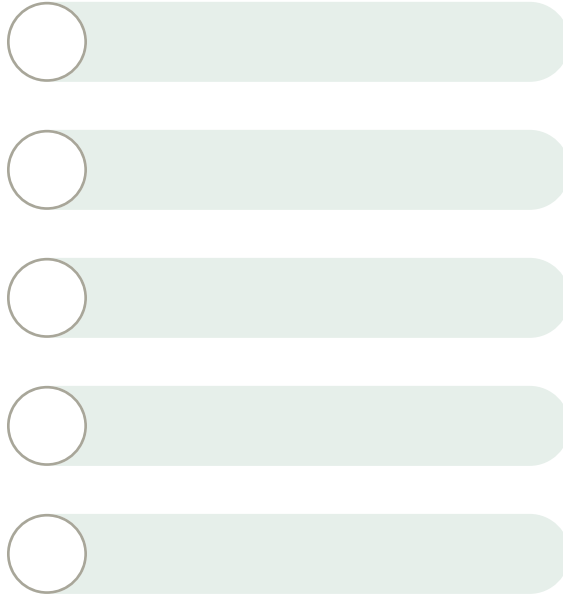
JULY 9  
WEDNESDAY

JULY 10  
THURSDAY

JULY 11  
FRIDAY

JULY 12  
SATURDAY

## TO-DO



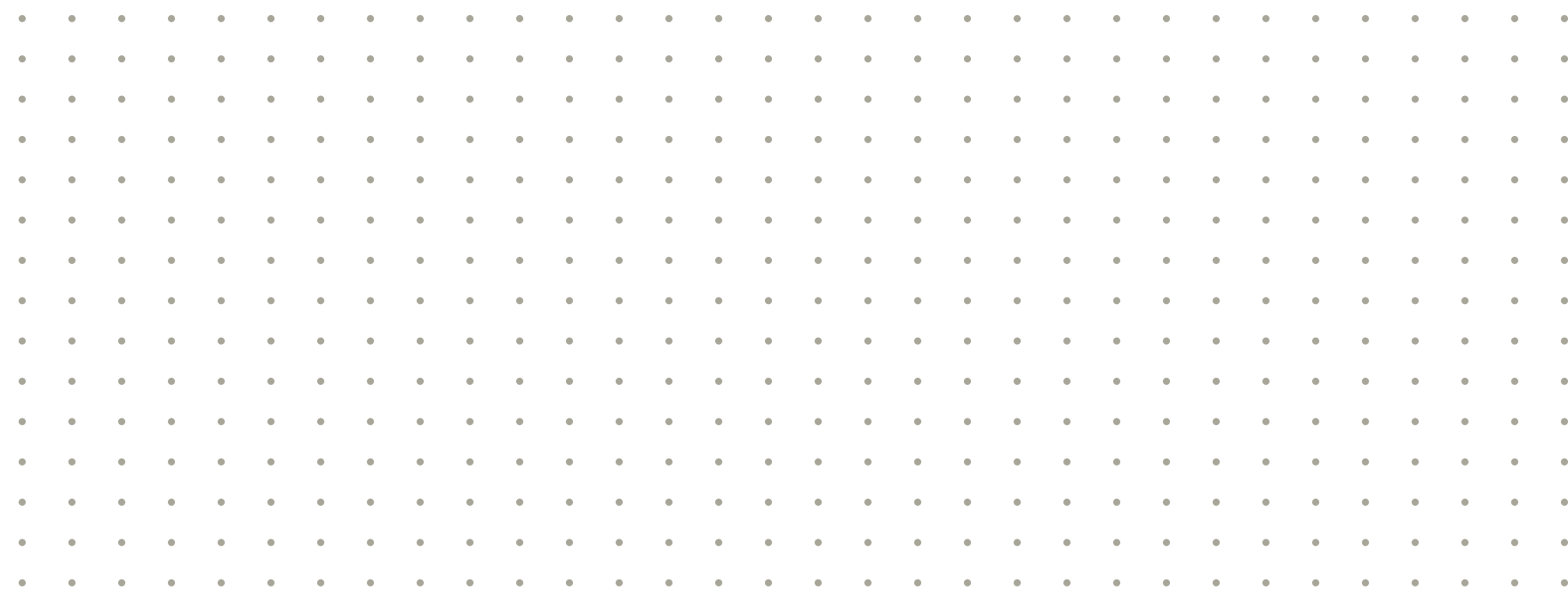
## Your Goals



## Priorities

## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_



JULY 13  
SUNDAY

JULY 14  
MONDAY

JULY 15  
TUESDAY

JULY 16  
WEDNESDAY

JULY 17  
THURSDAY

JULY 18  
FRIDAY

JULY 19  
SATURDAY

TO-DO

Your Goals

Priorities

Today's Focus

Notes

I am grateful for :

**July 20 - 26, 2025**

## YOUR FOCUS :

## WEEK 30

JULY 20  
SUNDAY

JULY 21  
MONDAY

JULY 22  
TUESDAY

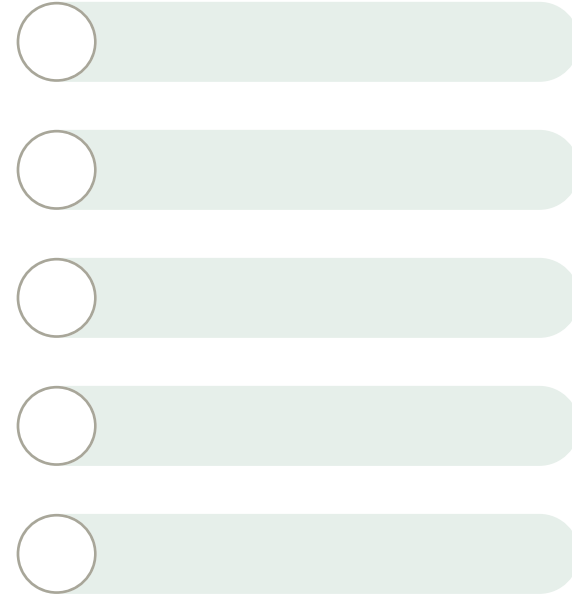
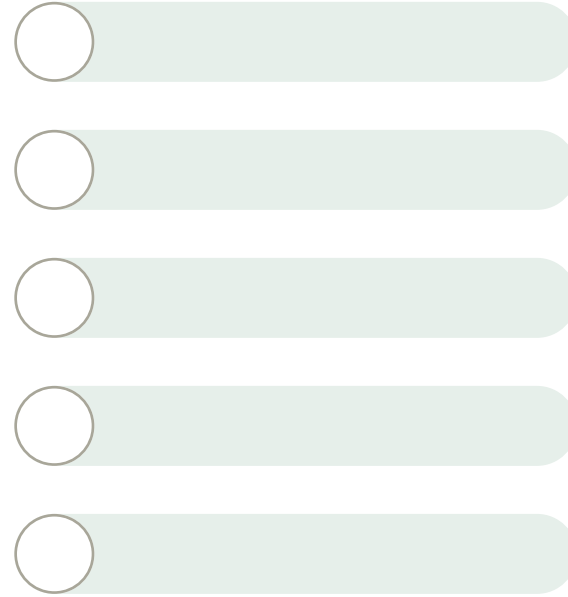
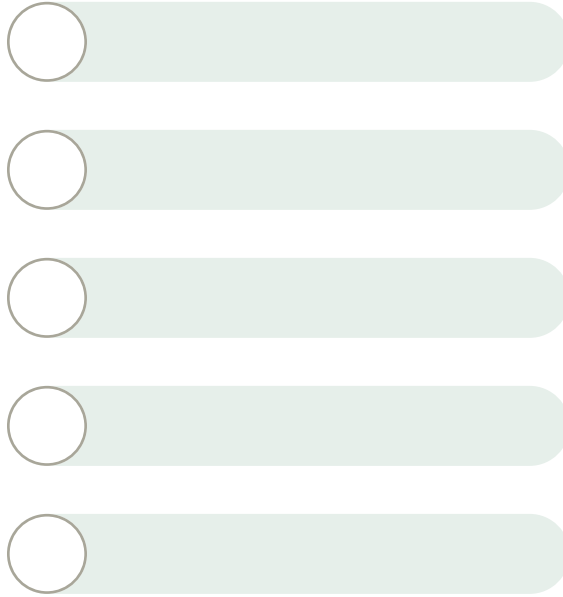
JULY 23  
WEDNESDAY

JULY 24  
THURSDAY

JULY 25  
FRIDAY

JULY 26  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

A 20x20 grid of dots forming a square shape. The dots are arranged in a regular pattern, with 20 dots in each row and 20 dots in each column, creating a total of 400 dots. The dots are small, dark gray circles.

♥ I am grateful for : \_\_\_\_\_

**July 27 - August 2, 2025**

## YOUR FOCUS :

## WEEK 31

**JULY 27  
SUNDAY**

**JULY 28**  
**MONDAY**

JULY 29  
TUESDAY

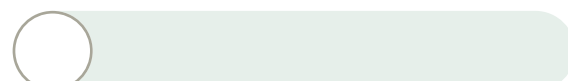
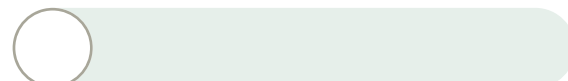
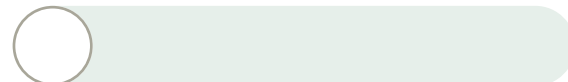
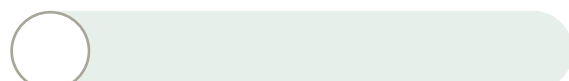
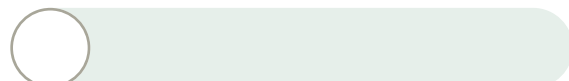
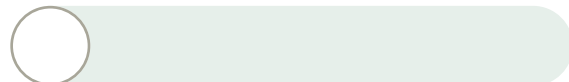
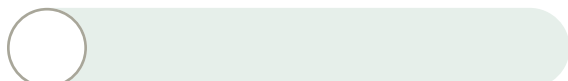
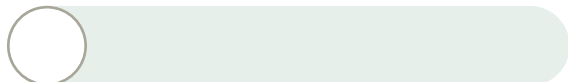
**JULY 30  
WEDNESDAY**

JULY 31  
THURSDAY

AUGUST 1  
FRIDAY

AUGUST 2  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# August 3 - 9, 2025

## YOUR FOCUS :

## WEEK 32

AUGUST 3  
SUNDAY

AUGUST 4  
MONDAY

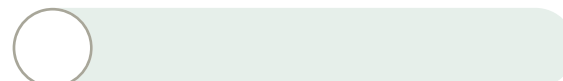
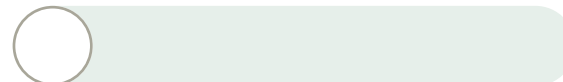
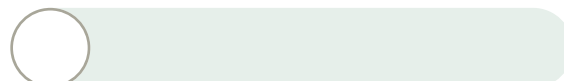
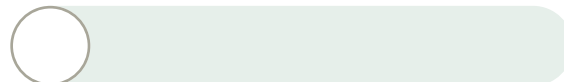
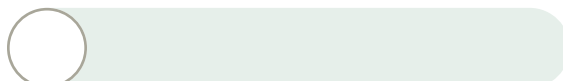
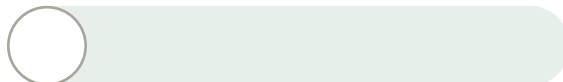
AUGUST 5  
TUESDAY

AUGUST 6  
WEDNESDAY

AUGUST 7  
THURSDAY

AUGUST 8  
FRIDAYAUGUST 9  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

**August 10 - 16, 2025**

## YOUR FOCUS :

## WEEK 33

AUGUST 10  
SUNDAY

**AUGUST 11  
MONDAY**

AUGUST 12  
TUESDAY

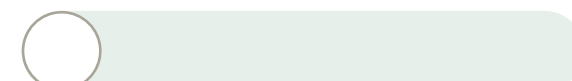
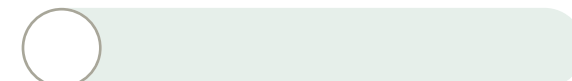
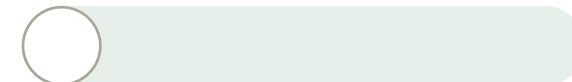
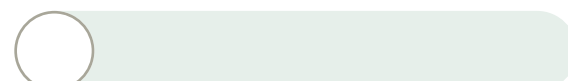
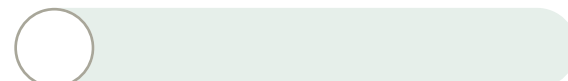
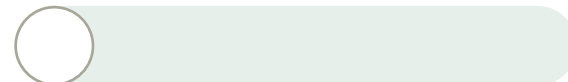
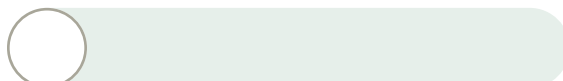
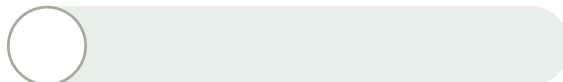
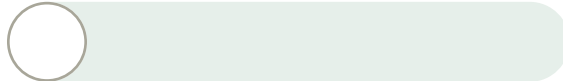
**AUGUST 13  
WEDNESDAY**

AUGUST 14  
THURSDAY

AUGUST 15  
FRIDAY

AUGUST 16  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

**August 17 - 23, 2025**

## YOUR FOCUS :

## WEEK 34

AUGUST 17  
SUNDAY

**AUGUST 18**  
**MONDAY**

AUGUST 19  
TUESDAY

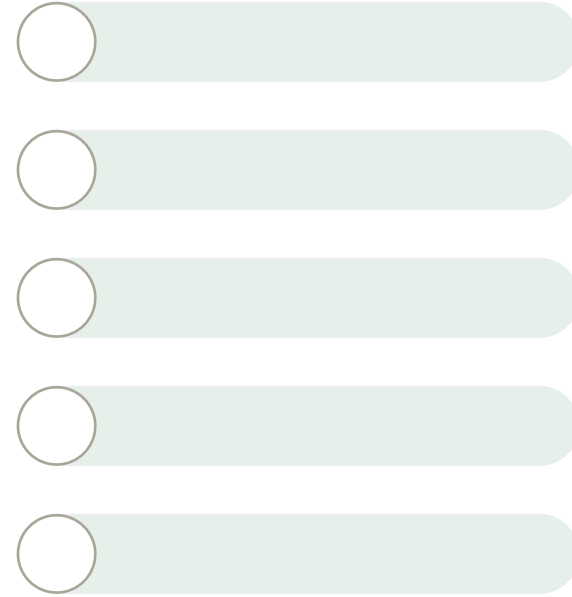
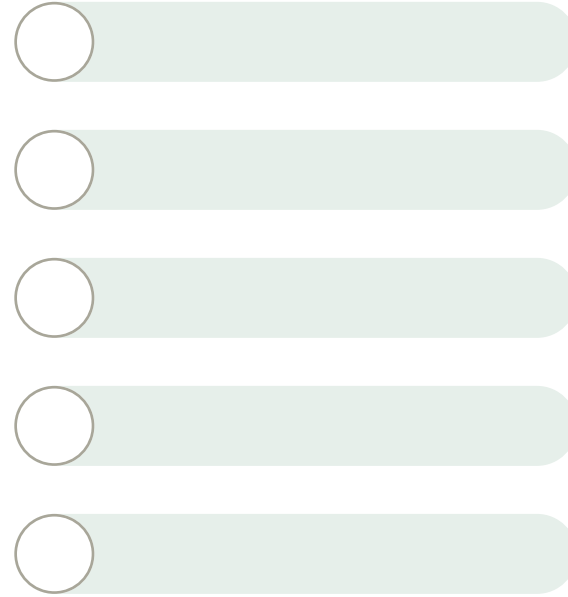
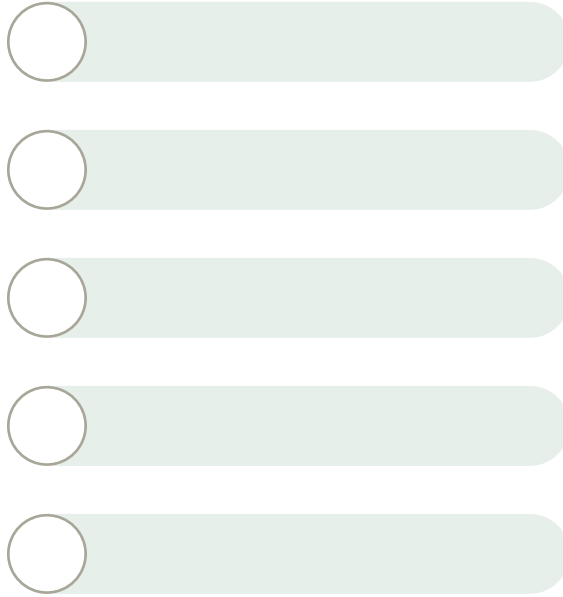
AUGUST 20  
WEDNESDAY

AUGUST 21  
THURSDAYAUGUST 22  
FRIDAY

AUGUST 23  
SATURDAY



## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

August 24 - 30, 2025

## YOUR FOCUS :

# WEEK 35

AUGUST 24  
SUNDAY

AUGUST 25  
MONDAY

**AUGUST 26  
TUESDAY**

AUGUST 27  
WEDNESDAY

AUGUST 28  
THURSDAY

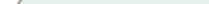
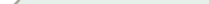
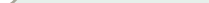
AUGUST 29  
FRIDAY

AUGUST 30  
SATURDAY

## TO-DO

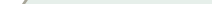
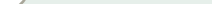


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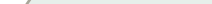
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## Your Goals



## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

# August 31 - September 6, 2025

## YOUR FOCUS :

# WEEK 36

**AUGUST 3  
SUNDAY**

SEPTEMBER  
MONDAY

SEPTEMBER  
TUESDAY

SEPTEMBER  
WEDNESDAY

SEPTEMBER  
THURSDAY

SEPTEMBER  
FRIDAY

SEPTEMBER  
SATURDAY

## Labor Day



# TO-DC



## Your Goals



## Today's Focus

## Note

## Priorities



## I am grateful for :



# September 7 - 13, 2025

## YOUR FOCUS :

## WEEK 37

SEPTEMBER  
SUNDAY

SEPTEMBER  
MONDAY

SEPTEMBER  
TUESDAY

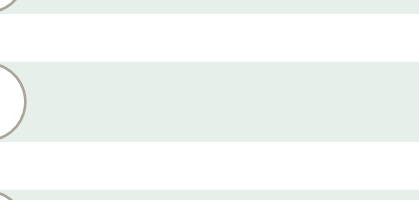
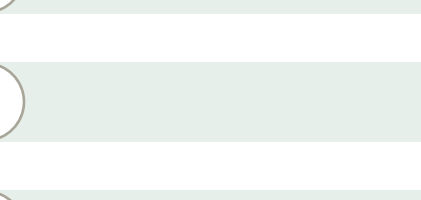
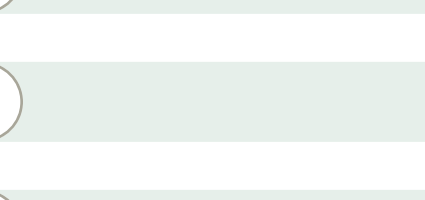
SEPTEMBER  
WEDNESDAY

SEPTEMBER  
THURSDAY

SEPTEMBER  
FRIDAY

SEPTEMBER 1  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes



**I am grateful for :** \_\_\_\_\_

# September 14 - 20, 2025

## YOUR FOCUS :

# WEEK 38

SEPTEMBER 14

SEPTMBER 15

SEPTEMBER 1

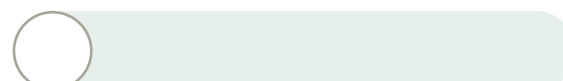
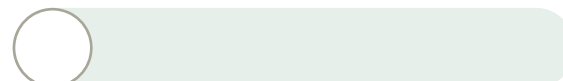
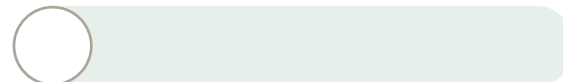
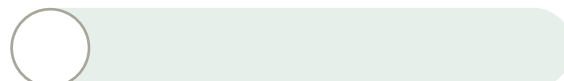
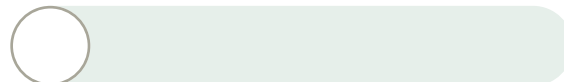
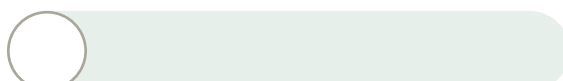
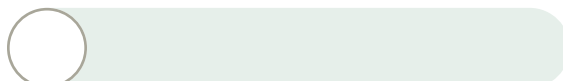
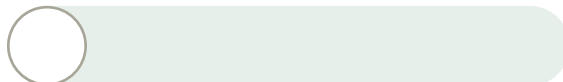
SEPTMBER 1

SEPTMBER 1

SEPTMBER 1

SEPTMBER 20

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

# September 21 - 27, 2025

## YOUR FOCUS :

# WEEK 39

SEPTMBER 21

SEPTMBER 22

SEPTEMBER 23

SEPTMBER 24

SEPTMBER 25

SEPTMBER 26

SEPTMBER 27

## TO-DO



## Your Goals



## Today's Focus

## Notes



**I am grateful for :** \_\_\_\_\_

# September 28 - October 4, 2025

## YOUR FOCUS :

## WEEK 40

## SEPTEMBER 2

## SEPTEMBER 2

**SEPTEMBER 3**

## OCTOBER 1

OCTOBER 2

OCTOBER 3

OCTOBER 4

## TO-DO

## Your Goals:

## Priorities

## Today's Focus

## Notes



**I am grateful for :** \_\_\_\_\_

OCTOBER 5  
SUNDAY

OCTOBER 6  
MONDAY



OCTOBER 7  
TUESDAY

OCTOBER 8  
WEDNESDAY


OCTOBER 9  
THURSDAY

OCTOBER 10  
FRIDAY

OCTOBER 11  
SATURDAY

 TO-DO 

Your Goals



Priorities 



Today's Focus

Notes

 I am grateful for :

# October 12 - 18, 2025

## YOUR FOCUS :

## WEEK 42

OCTOBER 12  
SUNDAY

OCTOBER 13  
MONDAY

OCTOBER 14  
TUESDAY

OCTOBER 15  
WEDNESDAY

OCTOBER 16  
THURSDAY

OCTOBER 17  
FRIDAY

OCTOBER 18  
SATURDAY

## Columbus Day

## TO-DO



## Your Goals



## Priorities

## Today's Focus

[illegible]

## Notes

A large grid of 100 small squares, each containing a single dot, arranged in 10 rows and 10 columns.

♥ I am grateful for : \_\_\_\_\_

**October 19 - 25, 2025**

## YOUR FOCUS :

## WEEK 43

OCTOBER 19  
SUNDAY

OCTOBER 20  
MONDAY

OCTOBER 21  
TUESDAY

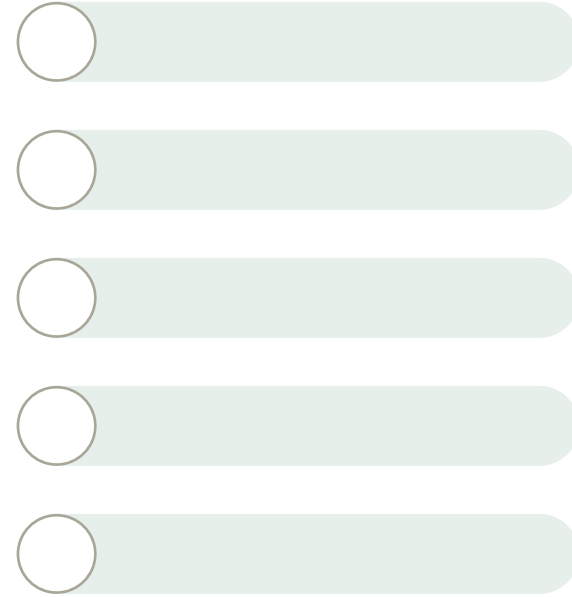
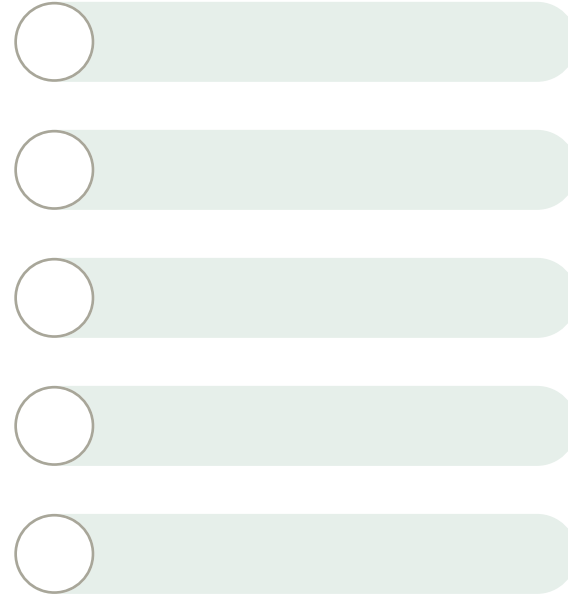
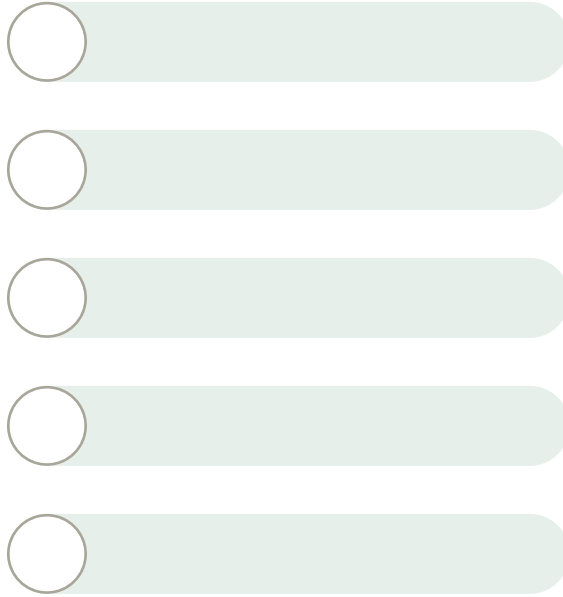
OCTOBER 22  
WEDNESDAY

OCTOBER 23  
THURSDAY

OCTOBER 24  
FRIDAY

OCTOBER 25  
SATURDAY

## TO-DO



## Your Goals

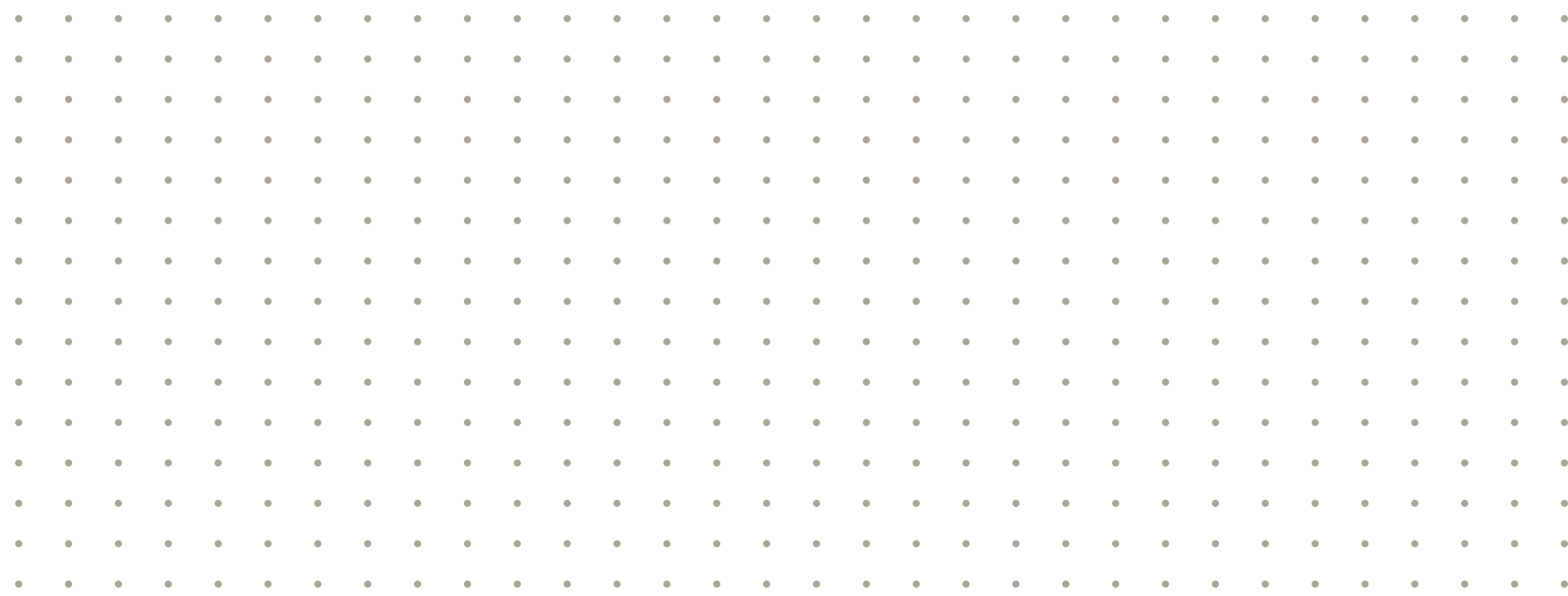


## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

# October 26 - November 1, 2025

## YOUR FOCUS :

## WEEK 44

OCTOBER 20  
SUNDAY

OCTOBER 27  
MONDAY

OCTOBER 28  
TUESDAY

OCTOBER 29  
WEDNESDAY

OCTOBER 30  
THURSDAY

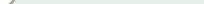
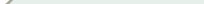
OCTOBER 31  
FRIDAY

NOVEMBER 1  
SATURDAY

## TO-DC

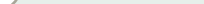


10



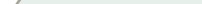
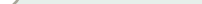
10

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## Your Goals



## Priorities



## Today's Focus

## Notes



**I am grateful for :** \_\_\_\_\_



# November 2 - 8, 2025

## YOUR FOCUS :

## WEEK 45

NOVEMBER 2  
SUNDAY

NOVEMBER 3  
MONDAY

NOVEMBER 4  
TUESDAY

NOVEMBER 5  
WEDNESDAY

NOVEMBER 6  
THURSDAY

NOVEMBER 7  
FRIDAY

NOVEMBER 8  
SATURDAY

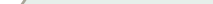
## TO-DO



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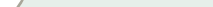
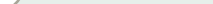
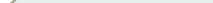
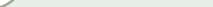
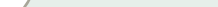
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## Your Goals



## Priorities



## Today's Focus

## Notes



♥ I am grateful for : \_\_\_\_\_

**November 9 - 15, 2025**

## YOUR FOCUS :

## WEEK 46

NOVEMBER 9  
SUNDAY

NOVEMBER 10  
MONDAY

NOVEMBER 11  
TUESDAY

NOVEMBER 12  
WEDNESDAY



NOVEMBER 13  
THURSDAY

NOVEMBER 14  
FRIDAY

NOVEMBER 15  
SATURDAY

## Veterans' Day

## TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The progress bars are currently empty.

## Your Goals



## Priorities

## Today's Focus

[illegible]

## Notes

A large grid of 20 columns and 20 rows of small dots, resembling a dot grid paper. The dots are arranged in a uniform pattern across the entire page.

♥ I am grateful for : \_\_\_\_\_

**November 16 - 22, 2025**

## YOUR FOCUS :

WEEK 47

NOVEMBER 16  
SUNDAY

NOVEMBER 17  
MONDAY

NOVEMBER 18  
TUESDAY

NOVEMBER 19  
WEDNESDAY

NOVEMBER 20  
THURSDAY

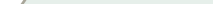
NOVEMBER 21  
FRIDAY

NOVEMBER 22  
SATURDAY

## TO-DO

[illegible][illegible]

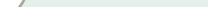
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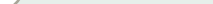
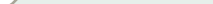
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## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

NOVEMBER 23  
SUNDAY

NOVEMBER 24  
MONDAY

NOVEMBER 25  
TUESDAY

NOVEMBER 26  
WEDNESDAY


NOVEMBER 27  
THURSDAY

---


**Thanksgiving**

## Thanksgiving

## TO-DO



Five horizontal progress bars, each preceded by a small circle, for self-assessment. The progress bars are currently empty.

[illegible]

## Priorities


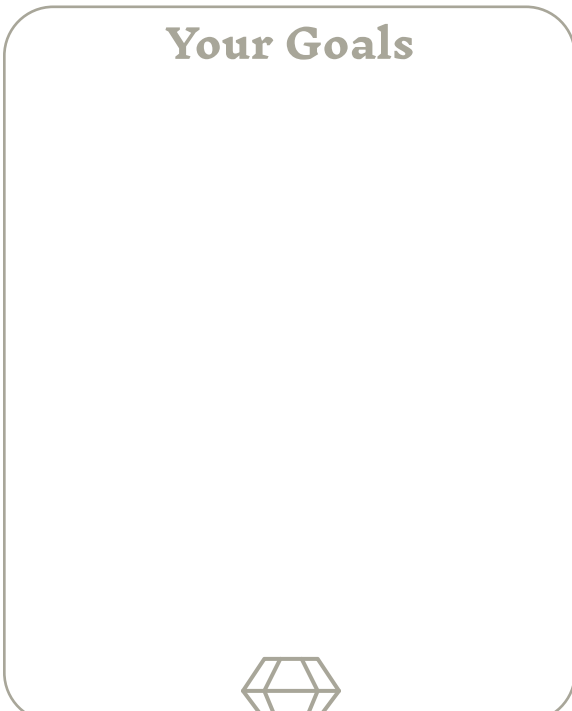
[illegible]

Notes

♥ I am grateful for : \_\_\_\_\_

DECEMBER 4  
THURSDAY

# Your Goals



Notes

# December 7 - 13, 2025

## YOUR FOCUS :

# WEEK 50

DECEMBER 7  
SUNDAY

DECEMBER 8  
MONDAY

DECEMBER 9  
TUESDAY

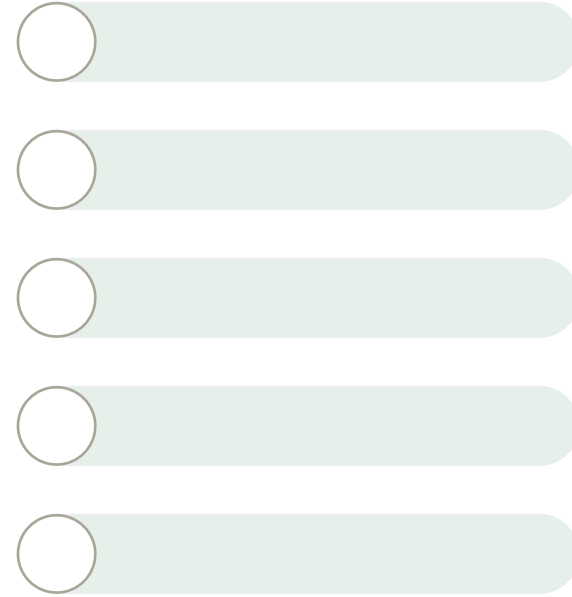
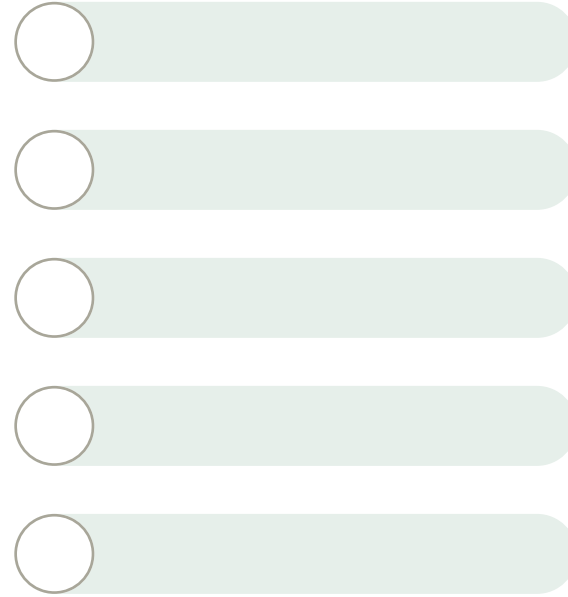
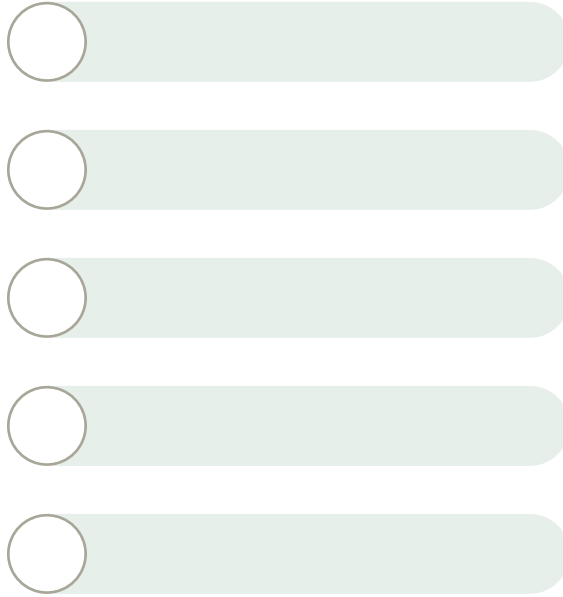
DECEMBER 10  
WEDNESDAY

DECEMBER 11  
THURSDAY

DECEMBER 12  
FRIDAY

DECEMBER 13  
SATURDAY

## TO-DO



## Your Goals



## Priorities



## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

**December 14 - 20, 2025**

## YOUR FOCUS :

# WEEK 51

DECEMBER 14  
SUNDAY

DECEMBER 15  
MONDAY

DECEMBER 16  
TUESDAY

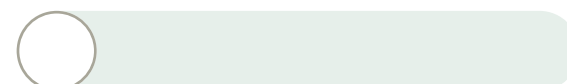
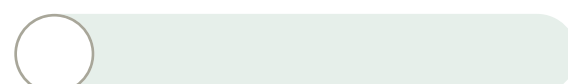
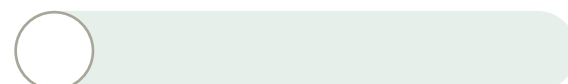
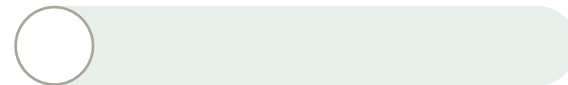
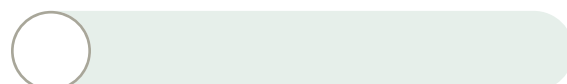
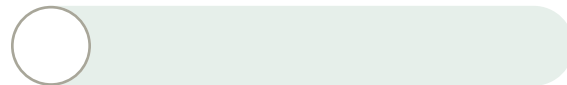
DECEMBER 17  
WEDNESDAY

DECEMBER 18  
THURSDAY

DECEMBER 19  
FRIDAY

DECEMBER 20  
SATURDAY

## TO-DO



## Your Goals



## Priorities

## Today's Focus

## Notes

♥ I am grateful for : \_\_\_\_\_

DECEMBER 21  
SUNDAY

DECEMBER 22  
MONDAY

DECEMBER 23  
TUESDAY

DECEMBER 24  
WEDNESDAY

DECEMBER 25  
THURSDAY  
  
Christmas Day

DECEMBER 26  
FRIDAY

DECEMBER 27  
SATURDAY

TO-DO

Your Goals

Priorities



Today's Focus

Notes

I am grateful for :